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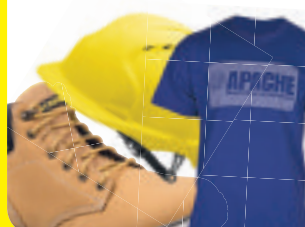
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CONTACTS



Editorial

Editor Alan Woods

Post Harlow Star, Kestrel House, Hedgerows Business Park, Chelmsford, Essex, CM2 5PF

Phone News 01245 602730
Sport 01992 663313

e-mail newsdesk@essexlive.news

Advertising

Telephone Sales 01992 526666
External Sales Emma Wood 07816 170274

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Hit-and-run victim warns against development of 200 new flats

Mum: 'I fear something bad will happen if plans go through'



Melanie suffered a broken leg after a hit and run back in 2012

By James Gregory

james.gregory@essexlive.news

A hit-and-run victim has urged developers not to build nearly 200 new flats on the road where she was injured due to fears safety could get worse.

Melanie Sloan was pregnant when she was hit by a car on Elizabeth Way in Harlow back in 2012 – right where developers are planning to build 172 flats.

The plan is for developers Hollybrook Ltd to knock down the existing motor dealership on Burnt Mill with an access road onto Elizabeth Way to make way for the flats and office space, as well as room for 159 cars.

If approved by councillors at a Development Management Committee meeting last Wednesday (April 18), the building will stand at 15 storeys high at its tallest point.

But Melanie, whose property overlooks the planned site, has issued a warning about the dangers of the busy road after she was knocked down by a hit and run driver.

"I was hit on this road by a car. "I was pregnant at the time as well, but luckily everything was okay."

"We heard the car at the roundabout. They did not stop accelerating, they just kept going."

Melanie suffered a broken leg, and

spent months recovering from her ordeal.

"It is really dangerous," Melanie added. "At night time, cars use it as a rally track."

"I fear something bad will happen if the plans go through – there are no speed cameras or bumps."

Soon after Melanie's incident, a cyclist was killed after he was hit by a car on the same stretch of road.

The incident happened on September 3, 2012 on Elizabeth Way close to the junction with Parndon Mill Road.

Development

And Melanie isn't the only one opposed to the development.

Russell Farmer, who also lives on Rivermill, said: "I am pretty damn opposed to this."

"If you stay and look at this road between 4.30pm and 6pm, this road does not move – it is crawling."

"Getting in and out of my home during that time is not happening."

"You write off three hours every day – you cannot keep building houses without building newer roads."

Russell builds roads for a living, and believes that the lack of infrastructure in the area means the plans should not go ahead.

"You cannot expect all of these fam-

ilies to keep coming here and not build infrastructure."

This is the third planning application of its kind submitted since 2013.

And for one local resident, who did not wish to be named, this is his third time of putting in an objection to the proposals.

He said: "If you have a successful application, you should not be allowed to make another bigger plan."

"I think they should change the law."

"I have put in an objection each time a plan has been submitted, but this time I have not been notified of the hearing."

"With more than 500 people living there, it will make congestion impossible."

Sian Bengie, 22, who also lives on Rivermill, added: "There are too many high-rise buildings."

"I am all for people getting houses, but it will destroy the view we have. There are nice fields and now we could see an old man in a shower."

"It will be claustrophobic if it keeps going on and it will put more pressure on the traffic especially in rush hour."

But for 47-year-old Michael McLaughlin, he feels that as long as the flats are nice to look at he will not have a problem with them.

"As long as they do not look horrible, that is fine by me."

"The road is a nightmare whatever you do."

The Harlow Civic Society has also publicly objected to the development.

Hollybrook Homes are already in the process of completing two other developments in Essex, with sites at Southend and Romford.

If the proposals are approved, Hollybrook Ltd will have to fork out £265,504 towards three schools plus an extra £43,516 to Nuffield House Surgery and Addison House Surgery.

Error

A spokesperson for Harlow Council said: "We are sorry to the three residents who have objected to the application that they were not notified of the meeting date."

"This was an administrative error by the council and we will be reviewing our procedures to ensure that this doesn't happen again."

"We take these matters seriously and the committee meeting will now be rearranged."

"We will be contacting the residents to apologise and to let them know about the new committee date."

Hollybrook Homes has been contacted for a comment.

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PENSIONER'S FEAR OVER HUGE DITCH

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HOMELESS HAMID GETS SEND-OFF

PAGE 12



'It came out of nowhere, like a tornado-type wind'



Summer Grant manslaughter trial ongoing



Summer Grant of Norwich died in 2016

- Accused speaks of sudden, strong wind lifting inflatable
- Air ambulance pilot tells jury craft had to divert due to bad weather conditions
- Court hears worker was 'inconsolable' after fair incident

The scene where Summer Grant died after strong winds blew a bouncy castle more than 150m

William Thurston, 28, and wife Shelby, 25, are both charged with manslaughter by gross negligence



SECOND WEEK: Couple describe how they Jury told how 'tornado' gust of wind swept inflatable away

By **Hannah Kane**
hannah.kane@essexlive.news

TWO fairground employees stand trial, accused with the manslaughter of a seven-year-old girl who died after a bouncy castle "flipped" down a hill.

On March 26, 2016, Summer Grant was playing on the inflatable when it was swept up in the air by "violent" winds, reaching "tree-top height" before tumbling down a hill in.

She suffered serious injuries as a result, and was rushed to Princess Alexandra Hospital, but died a few hours later.

Charged

William Thurston, 28, and wife Shelby, 25, are charged with manslaughter by gross negligence and accused of not ensuring the inflatable was correctly anchored to the ground in the weather conditions.

On Tuesday (April 24), the court heard how Mr Thurston had run after the inflatable and pulled the

little girl from inside.

DC Paul Kenney, of the Major Crime Office in Harlow, took to the stand to read out both defendants' police interviews the day after the incident.

Mr Thurston told police he heard a scream, before seeing the inflatable lift up from the ground.

He said: "I heard a scream. There were maybe ten people stood in the vicinity. I just heard people scream. I looked and saw what was happening."

"I just saw the front corner of the dome begin to lift by about a foot. I ran towards it. It went through the caravans and went out of sight for what felt like forever. It was probably seconds

"By this time, there were maybe 15 people running.

"I did not know that someone was inside until we were running and someone shouted there is someone inside. At that point it was going straight but the front corner was lifting a little bit."

The inflatable dome took off and landed around 300 metres down the bottom of the hill, crashing into the fence at nearby Pets Corner.

"It had come to a stop at the bottom of the park," said Mr Thurston. "It was the right way over and as I came up to it, it still looked intact and what it should look like."

"I opened the emergency exit and I shouted inside. I did not get a response and saw a girl lying six feet from me. My first instinct was to run in and grab her."

"I brought her out and put her in the recovery position. She was breathing and blinking. It seemed like a minute or 30 seconds later, the ambulance was there and then the paramedics."

The couple both told police how

they had planned to take down the inflatable dome after seeing the weather was due to get worse.

Shelby Thurston said she was letting Summer, from Norwich, play on the bouncy castle for a few more minutes.

As Mr Thurston had begun to deflate a larger inflatable slide, a "freak" gust of wind blew the dome, with the seven-year-old inside, away.

"William said, 'shall we take this one (the Dome) down too?'" said Mrs Thurston. "I said we should and it was better to be safe than sorry. I said 'get that one down (the slide), and let this girl finish her last couple of minutes'."

"There was no wind. That's why I'm so shocked. It just came out of nowhere, like a tornado type wind. It just came out of nowhere and carried it away. Just a major gust of wind came out of nowhere and I tried to grab hold of it, just instinct I suppose. Obviously, it was not going to hold and it just slid away from me. It slid back towards the caravans."

In the hours after the incident unfolded, the couple told of how they were in a state of shock.

"From then it was just a bit of chaos," said Mrs Thurston. "Once I was in the caravan I was in such a state of shock I just sobbed."

"I was inconsolable and all I remember people coming in and out, making teas and coffees. I was in such a state of shock I just sat with my head in my hands."

She added: "I have told you everything I know. I want to do everything I can to help with this investigation. If possible, I want to pass on my condolences to the family."

■ For all the latest updates on the trial, follow the live blog straight from the courtroom at essexlive.news

Plea for court interpreter

THE grandparents of a seven-year-old girl who died after a bouncy castle she was playing on blew away are fundraising to pay for an interpreter so they can hear what is happening in her manslaughter trial.

On March 26, 2016, Summer Grant was playing on the inflatable when it was swept up in the air by "violent" winds, reaching "tree-top height" before tumbling down a hill in Harlow Town Park.

William Thurston, 28, and wife Shelby, 25, are currently on trial at Chelmsford Crown Court for manslaughter by gross negligence.

But with the trial now in its second week, Summer's hard of hearing grandparents have still not had access to an interpreter and cannot follow what has happened in court.

Sharon Stephens, Summer's nan, said: "People usually go to court to see justice and get closure."

"After two awful years of grieving

and waiting for closure the time has come. But now, I still can't get it. Everyone is listening to what is being said in the court room. We have no interpreter to translate.

"We can't afford an interpreter so because we are deaf we miss out on everything. In this day and age where so-called equality is second to none, why can't we have access to things?"

"Why have we got to fight our way through it all?"

"She was our granddaughter - we have suffered terribly and yet we are finding ourselves being rejected from information enabling us to process our grief and provide closure. It's unfair and unjustified."

Tamara Hudson, a family friend, has set up the Go Fund Me page to try and raise enough to pay for the interpreter.

They are also appealing for an interpreter to donate their time if the £2,000 target cannot be reached.

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were in a 'state of shock' after incident



Summer Grant, 7, from Norwich, was on an inflatable when it was lifted by a gust of wind

TIMELINE OF EVENTS, MARCH 26, 2016

■ WET AND WINDY DAY

March 26, 2016, has been described as a "dismal" day. Families were arriving at Harlow Town Park funfair, hoping to go on the attractions. Ben Mansfield was there that day: "It was quite cold and windy and looked like it was about to rain." Aaron Cartwright said: "It was wet and windy, just a bit of a dismal day really."

■ WEATHER WARNING

The Met Office had issued a yellow weather warning, in place from March 24 to March 26.

"Strong winds" Karen Hughes and colleague Tommy King, from Pets Corner in the town park, went to the town centre with livestock for an Easter celebration. The animals were under a gazebo.

He said: "The roof of the gazebo (in the town centre) was flapping violently. It was quite strong winds. We packed up early because the weather was getting worse."

■ GRAND FATHER'S CONCERN

Richard Stewart and his wife took their grandson to the funfair that day but he became concerned as to the safety of the attractions.

His grandson was on the boat lake.

"I was concerned at the height of the water versus the weather conditions, and because of the boat being pushed back to the other side of the lake."

■ "METAL BARRIER FELL TOWARDS ME. I WAS QUITE SHOCKED."

Catherine Jackson was also at the funfair that day.

She said: "My son was on the large slide bouncy castle and

my daughter was opposite on the trampolines. My husband and friend's son was on the tea cup ride.

"While I was stood watching them on that ride and there was a large metal barrier that fell down with quite a bang. It was about a foot away from me. I was stood looking at the attraction and it was behind me. It fell towards me. I was quite shocked."

■ BOUNCY CASTLE WAS "FLIPPING AND SPINNING" DOWN THE HILL

Karen Hughes said: "I saw a bouncy castle slightly tipping onto its side before it rolled and then took off."

"It was tree top height. It was rolling and flying at the same time, bouncing occasionally."

Kyle Ramm said: "Suddenly, Karen said, 'Oh my god' and pointed in the direction of the fair."

"When I looked I saw a yellow dome type bouncy castle. It was flipping and spinning as it bounced. It was going towards the bottom part of the field towards the sheep."

■ GIRL PULLED FROM INFLATABLE

Mr Ramm said: "We began walking along the path and as we were walking the castle hit into the fence and trees."

"I could see there were people from the fair chasing after it and they reached it before us."

"Someone unzipped it and came out quickly with a young girl."

"They placed her in the recovery position and someone shouted 'someone call an ambulance'."

■ AMBULANCE ARRIVES

Mr Ramm added: "I could see the castle had hit it with some force as it had snapped a branch."

"I could see the girl was getting some help. The ambulance arrived within a few minutes and I saw people from

the fair had started to load the castle onto a trailer."

■ HELICOPTER PILOT FLIES IN "STRONG WINDS"

David Kerr-Sheppard, a former RAF pilot for 31 years, was at the Essex Air Ambulance base in Earls Colne when he was called to the scene at 4.22pm.

He described the weather that day: "It was wet, windy and there was total cloud cover and there had been some quite strong gusts through the air base."

While flying towards the scene, he said: "We could see ahead of us a particular area where there was a heavy shower and low cloud base."

"It was clearly raining and visibility was reducing as well. We are restricted by certain weather limits and I could see I was not going to be able to fly through that."

■ POLICE AT THE SCENE

PC Sam Saville, of Harlow police station, was on duty in the area on March 26.

He attended the scene to find the bouncy castle had already been packed away and loaded onto a trailer.

He spoke to William Thurston at the scene.

PC Saville told the court: "He said the wind picked up and the bouncy castle took off with the girl inside."

"I asked where the bouncy castle was now as it was not in the area."

"William informed me that it had been recovered by people passing by and had been deflated and taken back up to the fun fair area."

■ ARRESTS

Sergeant David Nicholls, was called to the scene that day and later gave the order for officers to arrest Mr and Mrs Thurston on suspicion of manslaughter by gross negligence.

Once he walked up to the funfair and where the Dome was previously anchored, he was "concerned" as to how well the attraction was anchored to the ground as there were pins lying on the floor.

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Trial of two fairground workers accused of manslaughter of seven-year-old told Bouncy castle that killed Summer should 'never have been used in strong winds'

By Hannah Kane
hannah.kane@essexlive.news

THE bouncy castle that took off with seven-year-old Summer Grant inside should 'never' be used during periods of strong winds, a court heard.

On Friday (April 20), the trial of two fairground employees, William and Shelby Thurston entered its fifth day at Chelmsford Crown Court.

The pair are charged with manslaughter by gross negligence, after the little girl from Norwich suffered serious injuries when the bouncy castle she was playing on in Harlow Town Park took off down a hill.

She later died in hospital on March 26, 2016.

Inspector

On Friday, the prosecution called Melvin Sandell to the witness box.

He was an Inspector with the UK Health and Safety Executive (HSE) for 16 years, including at the time of the incident.

Mr Sandell most recently worked in the regulatory body's Entertainment and Leisure Sector.

He told the court safety guidelines state that those operating and in charge of devices, including fairground rides, should take into account bad weather, including "strong and gusting winds".

He said: "If you are using the inflatable outside, be aware of the weather."

"The maximum wind speed is 38km per hour (23.6mph), which is force 5 on the Beaufort scale."

Pipa - an official inspection scheme for the inflatable play industry - safety guidelines state: "Never allow users onto the inflatable in high winds."

Mr Sandell also told the court that inflatables can become "unpredictable" when swept away in the wind.

"If the unit leaves its moorings, it is then entirely at the mercy of the wind," he said.

"What speed it gets to and where it goes; it is very unpredictable and anything could happen."

At the time of the tragic incident, the Circus SuperDome inflatable owned by Shelby and William Thurston had been marked as safe in the most recent inspection one month before.

The trial continues



Summer Grant, 7, who died when the bouncy castle she was playing on blew away

The scene where Summer Grant died after strong winds blew a bouncy castle more than 150m across Harlow Town Park



Air ambulance pilot forced

An air ambulance pilot was forced to make a detour whilst trying to land at the scene of a serious incident in Harlow that left a seven-year-old dead.

On March 26, 2016, Summer Grant was playing on an inflatable when it was swept up in the air by "violent" 40 mph winds, reaching "tree-top height" before tumbling down a hill in Harlow Town Park.

She suffered serious injuries as a result, and was rushed to Princess Alexandra Hospital, but sadly died a few hours later.

On Thursday last week Chief pilot for the Essex and Herts Air Ambulance Service, David Kerr-Sheppard, told the court how on the day of the incident, he had to divert the aircraft due to the adverse weather conditions.

Mr Kerr-Sheppard, who had a career as an RAF pilot spanning 31 years, said: "It was wet, windy and there was total cloud cover."

"There had been some quite strong gusts through the air base."

"At 4.22pm, we got the call. I would describe the weather as 'squally'."

"Sudden, sometimes violent bursts of wind which could easily change direction."

"It's generally affected by strong, very active cloud activity."

Upon approaching the landing spot, he was faced with a large grey patch in the sky.

"We could see ahead of us a particular area where there was a heavy shower and low cloud base," he said. "It was clearly raining and the visibility was reducing as well."

"We are restricted by certain weather limits and I could see I was not going to be able to fly through that."

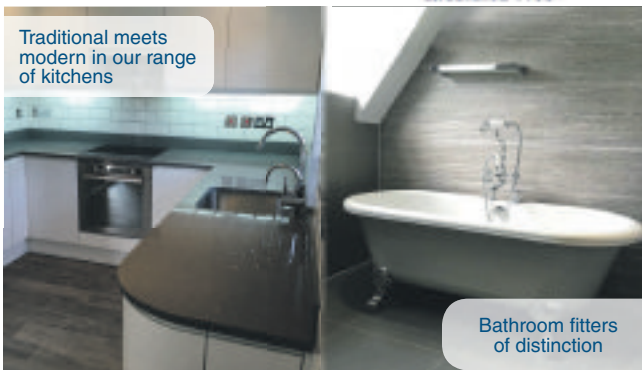
Mr Kerr-Sheppard detoured the helicopter, which also had a doctor and paramedic on board, over Stansted Airport.

Once at the scene, he contacted the Royal London Hospital's flight team to see if conditions were suitable to take Summer to the

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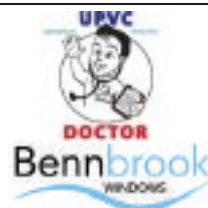
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winds approached gale force



to make detour due to weather



Air Ambulance pilot gave evidence at the trial last week

hospital. He said: "I spoke to the flight crew at the Royal London Hospital and they informed me the weather was not suitable for us to fly into London. I looked at another option of flying to Addenbrookes."

"In the end, the doctor and paramedics decided they would take the casualty to Princess Alexandra Hospital in Harlow by land."

Siobhan Graham, defending Shelby Thurston, said: "You say that you cannot comment on the existing weather conditions at the time and location of the incident but you can say that during the flight you experienced some strong and squally winds, correct?"

Mr Kerr-Sheppard replied: "Yes" The pilot had used Stansted weather reports from that day.

The defence barrister continued: "Is it not correct that there are other weather stations closer to Harlow than Stansted?"

"I am aware of North Weald as I was chief pilot there at the time," the witness said.

"It provides some weather data but it is not always accurate because it is not a manned system."

The prosecution's expert witness, Doctor Richard Wild, is an esteemed weather advisor and fellow of the Royal Meteorological Society.

He told the jury how the gusts of wind in the area within the hour of the incident reached as high as 40mph.

"At the time of the incident, gusts of wind were in the region of 35-40mph," said Dr Wild.

"Gale force winds officially start at 39mph."

"The windiest time of the day was at the time of the incident or slightly after, during that evening."

Dr Wild told the court he took into account readings from several centres as much as 25 miles away from the incident.

He also used photographic evidence, Google Maps and ordnance surveys but has not visited the scene itself.

He said: "I have never had to go to the site."

"It has never been a question."

Nicola Peckham, digital manager for the Met Office weather app, told the court via video link how a weather warning on the app would be displayed by the user.

Shelby Thurston previously stated to police she was "addicted" to the Met Office app as their business depended on it.

On the app, it would show the average wind speed and direction for the current day and four days to follow.

Weather warnings would also display on the screen and push notifications could be set up to display on the home screen when an update was issued.

The hourly wind speed and direction would also be available.

Ms Peckham said: "It would be displayed with a symbol that was a circle and an arrow."

"The arrow shows the direction and inside the circle was a numerical value to show the speed of the wind or speed of the gust."

"On the front screen set of icons, the wind one would have turned from green to yellow and then when they click on that they would have a map as to where it was covering and text detailing the information of the warning."

The trial continues



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Neighbours fear huge ditch is accident waiting to happen

'We're waiting for when we have to call an ambulance' says worried pensioner

By **Lottie O'Neill**

lottie.oneill@essexlive.news

A PENSIONER who is worried about a four-foot ditch outside his home is "waiting for someone to have to have the first accident".

The large hole has been "left" by the council and according to residents of Little Cattins in Harlow, looks "absolutely ghastly".

Ken Garbutt, 78, feels the area has been destroyed after the council conducted works on pipes and water systems in the area.

He said: "Our area has been decimated. We now have a 100-yard by four-foot ditch which is going to stay."

"When I am telling people about it, they don't believe it is staying when it looks absolutely ghastly."

Ken, who has lived in his home with his wife Jan since 1978, was not concerned over the ditch when works first began.

He believed once the project had been completed, the whole would be filled for safety reasons but has been told it will remain open.

Disgusting

Ken said: "It's absolutely disgusting what has been done."

"We are just waiting for somebody to have the first accident and we will call an ambulance."

"You might think with health and safety in this day and age, I couldn't believe they left it the way they have."

The ditch was funded by Essex County Council as part of essential prevention works that Harlow Council are carrying out to "protect local homes and areas from flooding".

The ditch, which stretches along the road, was present in the 1970s prior to the homes being built, however, it was filled in and hasn't been there since Mr Garbutt and his wife bought the property.

Little Cattins is close to Water Lane Primary



School and the Harlow Gymnastics Club, and Ken is concerned that a child could get hurt.

He added: "The ditch has pipes showing for drainage which children are using as bridges."

"We had our councillor round and he has taken

pictures of it, he couldn't believe it that the ditch will stay open."

Ken is also concerned if he and Jan ever wanted to sell the property.

He continued: "I have been here since 1978. We don't intend to downsize, but if we did sell the property the starting price will change quite a bit."

An official Harlow Council statement, said: "The ditch is to protect the surrounding homes and area from surface water flooding."

Reinstating

"It is essential flooding prevention works that is being funded by Essex County Council. The boundaries of nearby homes will not change, it is simply reinstating a ditch which was in the area before the homes were built in the 1970s."

"The ditch connects to a local pond and will store water during heavy rainfall helping to prevent local homes from flooding. At the same time we are also carrying out other improvements to the local environment to encourage and benefit the local wildlife."

"This includes cutting the trees and hedgerow which will regrow thicker and bushier."

"New fencing has also been put up near the pond and more fencing will be put up around the pond in the next couple of weeks."

"Local residents have been informed of the work taking place."

"Unfortunately there has been some delays to the project's progress and disruption to the area while work has been carried out."

"However, the appearance of the area will improve as we move into spring and the summer."

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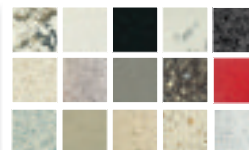
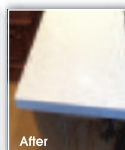
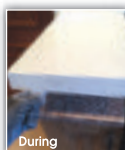
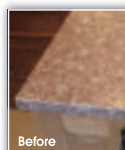
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The Chequers pub

Police seek suspects in pub fight

A MAN was stabbed in the abdomen following a fight in a Harlow pub.

The brawl happened at around 9.30pm, on Friday, April 20, in The Chequers on Market Street before it spilled onto the street.

The victim, who is aged in his 30s, was taken to hospital following the incident and required 15 stitches.

A female relative of the man called the police a short time afterwards to report the stabbing at around 12.30am.

The victim later told officers about the three men in the fight.

But when officers searched the area, they were unable to find the suspects.

Police are urging for anyone with information, CCTV or dashcam footage of around the time of the incident to contact Ds Leo Fordham at Harlow CID on 101 quoting crime reference 42/54071/18.

Alternatively you can also contact Crimestoppers anonymously on 0800 555 111.

Funeral is arranged for popular homeless man

Physicist fell on hard times after involvement in Iran-Iraq conflict

By Richard Duggan
richard.duggan@essexlive.news

FUNERAL arrangements have been announced for a "much-loved" homeless man who had lived in the car park of a Tesco.

Hamid Farahi Alamdari, a quantum physicist who fought in Iraq, was a friendly face to those who shopped at the superstore in Church Langley.

Having fallen on hard times, he used to sleep inside his car which was parked at the supermarket.

Sadly, Hamid died in February while he was staying in nearby hotel accommodation.

Passing

On March 8, 40-year-old Clive Turner received the shocking news of his friend's passing.

"He was living in his car at the back of the car park," said Clive.

"I saw him there one night in November and started chatting to him. I came back with a bag of food and clothes for him and it went from there.

"I started to go and talk to him every day and he became my friend, buying him food and helping where I could."

Clive discovered his friend had



Hamid Farahi Alamdari in his car in Tesco car park

died while staying in the Oasis Hotel after he received a call from homeless charity Streets to Homes.

As the weather had turned

colder, Hamid had been moved there by the charity.

Having attained a degree in quantum physics, he was once shortlisted to work with Stephen

Hawking.

"I have seen all his paperwork," added Clive.

"He was a very intelligent man, before he fell on hard times."

"He almost worked with Stephen Hawking once, so they'll be up there together now."

Sadly, Hamid's PTSD from fighting in the Iran-Iraq war meant his life spiralled and he went on to suffer from alcohol abuse.

But despite the difficulties he faced, the veteran was fighting to get himself back on track and began to attend support meetings.

Arrangements

On Tuesday afternoon (April 24), a spokesman for Harlow Council confirmed arrangements had been made to give Hamid a proper send off.

The funeral is set to take place at Parndon Wood Crematorium, in Parndon Wood Road, Harlow, at 9am on Friday, May 4.

"He was much-loved by the local community who took him into their hearts and supported him when he was homeless," the council's spokesman added.

"It is suggested that anyone who wishes to make a donation could give to local charities who work to support the homeless and tackle issues around homelessness."

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James will be cooking some of his favourite dishes and afterwards signing his latest book. James Martin's American Adventure. The book showcases 80 recipes from the series and sees him travel from the West of America, over to the East - starting from Napa and finishing in the Hamptons.

And of course, along the way he discovered all the hottest food and recipes from some of America's most iconic locations. He picked up great tips and created his own versions of his favourite dishes too, so we can all make his American Adventure recipes at home. James will be on stage at 11am, 1pm and 3pm on Saturday 12th May.

John Torode is a hugely popular and influential figure on the UK culinary circuit, TV presenter John Torode is the masterchef of Australia and the far east - his knowledge and passion for food is inspired by his upbringing in Australia and

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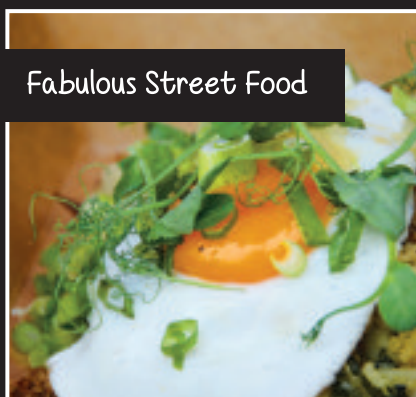
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Birthday Greetings

Happy Birthday

DE CLEENE Paul

Wishing you a very happy 70th Birthday. With all our love
Helen, Donna, Dominic, Jon, and Jess

70th

Bereavements

James ASHFORD
Sadly passed away on 19th April 2018 Aged 62 Years. Beloved father to Maria, Kim and Jade. Brilliant granddad to all his grandchildren. We love you to the moon and back. Funeral service to be held at Parndon Wood Crematorium on Tuesday 1st May at 4.00pm. Flowers may be sent c/o Daniel Robinson & Sons, Wych Elm, Harlow CM20 1QP. Tel: 01279 426990

Birthday Greetings

Happy 40th Birthday

DINNEL Samantha

27th April 1978.

Happy 40th Birthday.

Love from Mum, Dad and all the family

xxx

40th

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Kenneth Bernard BAUDAINS

Ken Baudains of Kilfinnan, Co Cork, formerly of Hatfield Broad Oak, Essex. Passed away 17th April aged 83 after a long, brave and fierce battle with Parkinson's disease. Much loved husband of Gill, father to Katy, Chris and Tim, Father-in-law to Gary, Cath and Deirdre. Grandfather to Rory, Sophie, Evie, Sebastian, Martha, Polly, Alice and Jack, Great grandfather to Mason, Amelia and Mia. He will be greatly missed by us and his extended families. Private cremation to be held at The Island Crematorium, Ringaskiddy for family and close friends. Family flowers only, donations if desired to Parkinson's UK or Parkinson's Association of Ireland via their websites or to Funeral Directors Pat O'Sullivan & Sons, Western Road, Clonakilty, Co Cork.

NIGEL CLUTTERBUCK

(80)

Died peacefully in care at Moorlands Lodge, Hindhead on April 5th. He is survived by his son, Neil and grandchildren, Eleanor, Georgina, Ava and Aidan. Funeral service will be held at Parndon Wood Crematorium at 12:15 on 9th May. Memorial donations may be made to Cancer Research UK via D C Poulton and Sons Funeral Directors 50 Hockerill Street, Bishops Stortford, Herts.

Search any announcement online or place a notice 24/7

family-announcements.co.uk/essex

Bereavements

VALERIE CREEK

Sadly passed away on 31st March 2018. She was much loved and will be sadly missed by all her family and friends.

Funeral service to be held at Chelmsford Crematorium (South Chapel) on Thursday 3rd May at 1.30pm.

All welcome. Family flowers only please but donations made payable to Cancer Research UK may be sent c/o

Daniel Robinson & Sons, Haslers Lane, Gt Dunmow CM6 1XS. Tel No. 01371 874518

John R. DAVIES

Aged 74 years died peacefully on the 12th April 2018 after a long and courageous battle with cancer. Beloved husband of Angela, a loving father to Richard and Helen and a caring Grandpa to Thomas, Ella, Harry and Olly.

Memorial service to be held Thursday 3rd May 2018 at 12pm in St James The Great Church, Thorley.

Formerly a long standing and committed clerk to Thorley Parish Council and a great ambassador for Thorley Cricket Club, John will be hugely missed by all his family, friends and those that knew him.

Family flowers only please. Donations, if desired, to Isabel Hospice or Thorley Cricket Club c/o Daniel Robinson Funeral Directors, Bishop's Stortford or visit the In Memory Pages via www.drobinson.co.uk Please no wearing of black to the memorial service.

Cynthia FISHER

Passed away peacefully on 17th April 2018 aged 83, after a short illness.

She will be greatly missed by her husband Stanley and family, Kathryn, David, Claire, Laura, Daniel and Gemma.

Funeral service at Cam Valley Crematorium on Wednesday 9th May 2018 at 1pm. Family flowers only please. Donations to "Isabel Hospice" may be sent c/o Daniel Robinson and Sons 79/81 South Street, Bishop's Stortford, CM23 3AL or via In Memory Page www.drobinson.co.uk

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family-announcements.co.uk/essex

Bereavements



LEONARD FRASER (LEN)

Passed away suddenly on 3rd April 2018, aged 92.

Reunited with his loving wife Monica. Former caretaker of Passmore School. A fantastic dad, brother, brother-in-law, father-in-law, uncle, nephew, granddad, great granddad, and friend to so many people. He will be sadly missed.

Len's funeral service is to be held on Thursday 3rd May, setting off from his flat at 10.20 am, then on to a funeral mass, to be held at Our Lady of Fatima Church at 11 am, followed by burial at Parndon Wood Cemetery at 12.45 pm.

Flowers are welcome, donations if desired to The British Heart Foundation and Alzheimer's Society, may be made online using the in memory page at www.drobinson.co.uk or cheques made payable to the charities may be sent care of Daniel Robinson & Sons, Robinson House, Wych Elm, Harlow, Essex, CM20 1QP. Tel. 01279 426990.

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Bereavements

Richard GRIFFITHS

Passed away on 22nd April 2018 aged 73 years. Beloved husband of Joy and brother to Pam.

Everyone is welcome to attend the funeral which will take place at St James Church, Thorley on Friday 4th May at 12.30pm.

Family flowers only please. Donations, if desired, payable to the British Heart Foundation may be sent c/o Daniel Robinson & Sons, 79/81 South St, Bishop's Stortford or via the In Memory Page at www.drobinson.co.uk

To make a donation for a loved one resting with Daniel Robinson & Sons you can make a donation by visiting the In Memory pages at: www.drobinson.co.uk

David LEWIS

Passed away after a long illness on 8th April 2018 aged 79 years. He will be sadly missed by all his family and friends. The funeral service will take place at Parndon Wood Crematorium on Monday 30th April at 10.45am.

Family flowers only, donations to "Cancer Research UK" may be sent c/o Daniel Robinson & Sons, 79/81 South Street, Bishops Stortford, CM23 3AL or via Web In Memory Page www.drobinson.co.uk



Bereavements

Pat RIVERS

2nd December 1941 - 13th April 2018

Died peacefully at home after a long illness.
Funeral to be held on Tuesday 1st May, 1pm
at Cam Valley Crematorium, Great Chesterford.

No flowers. Donations can be
made to Parkinsons UK, via
DC Poulton & Sons.

John SNELL

Passed away on Monday 9th April 2018 aged 84 years

He will be sadly missed by close family and friends.

Funeral service at Pardon Wood Crematorium on
Monday 30th April at 4:00pm

Family flowers only. Donations to St Clare Hospice
c/o Daniel Robinson Bishops Stortford Tel: 01279
655477 or via the In Memory Page
www.drobinson.co.uk


family-announcements.co.uk/essex
Doreen May THAKE

Sadly passed on 24/03/18. Aged 70.

Gone but not forgotten.

For further enquiries please contact

D C Poulton and Sons
2 Chapel Hill, Stansted,
Essex. CM24 8AG
Telephone: 01279 813219

Kenneth Albert WHIFFEN

Passed away peacefully after a long illness on 9th
April 2018 aged 92 years.
Much loved Dad to Christine.

He will be sadly missed by family and friends.
Reunited with his beloved wife Molly.
The funeral service will take place at
Parndon Wood Crematorium
on Wednesday 2nd May at 4pm.
Family flowers only but donations for
British Heart Foundation may be sent
c/o Daniel Robinson & Sons,
79/81 South Street, Bishop's Stortford.
Tel: 01279 655477
or via the In Memory Page at
www.drobinson.co.uk

Acknowledgements

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SELL James 'Jimbo' — Gladys, Julia, Barbara, Marion and families would like to offer their sincere thanks to the great many people who attended Jimbo's funeral on the 12th April, for their love, help and support, during and after, this very difficult time. Your generous donations have been gratefully received and passed on to Peasgood and Skeates, who also did a wonderful, professional job on the day. He certainly had the send off he deserved. It would be impossible to thank everyone individually; please accept this acknowledgement as a token of our appreciation.

In Memoriam

Richard EVANS

29th April 2008

10 years since you
suddenly left us, Rich.

Always in our hearts
and minds.

Mum, Dad, Rob, Will and
Eva
xx


family-announcements.co.uk
CROUCH SALLY (Sals)

27th April 1962 - 21st April 2012

It has been 6 long years
since you fell a sleep,
but you are always in
my thoughts.

Love always
Husband Mick
xxx



From Paula, Jackie,
Gary, Gemma, Jade
and Mike xxxxx

Funeral Directors

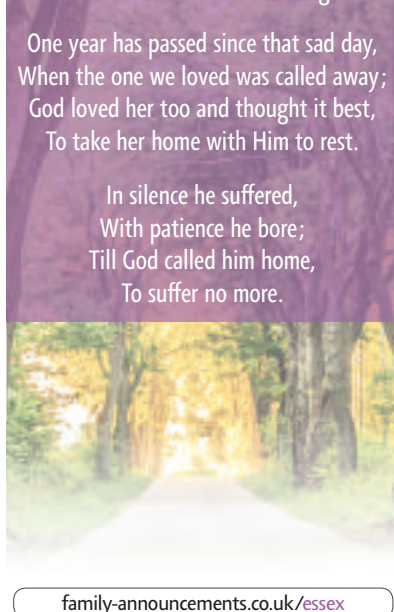
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Remembering your loved one

Beautiful memories treasured forever,
Of the happy years we spent together.
Life is eternal, love will remain,
In God's own time we'll meet again.

One year has passed since that sad day,
When the one we loved was called away;
God loved her too and thought it best,
To take her home with Him to rest.

In silence he suffered,
With patience he bore;
Till God called him home,
To suffer no more.


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Edward Clifford BARKER

1924-2015. The happy times we enjoyed, how
sweet the memory still, but death has left a vacant
place, this world can never fill. Though your smile
has gone forever and your hand we cannot touch,
we shall never lose sweet memories of you we
loved so much.

Love from Kath & Family 3 yrs on

YOUR VIEWS

LETTERS

Get in touch - tell us what you think

Email: community@hertsessexnews.co.uk

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Racism is across most of society

ANTI Semitism exists in society and in all political parties in Britain - so why then is Jeremy Corbyn being singled out by the Board of Deputies of British Jews with the help and misinformation from the right wing media and spurious Facebook comments.

Might it be that Jeremy Corbyn who has always been against Anti Semitism has also been a critic of consecutive Israeli Government policies that have led to the repression of the Palestinian people.

The recent killing of Palestinians who were protesting against the loss of their land with the establishment of even more illegal Israeli settlements, has not had the same level of condemnation in the media as that levelled against Jeremy Corby and the Labour Party as a whole.

The State of Israel and the Israeli people have a complete right to exist but so do the Palestinians who have lived in that part of the world for many centuries and have the same Semitic roots.

“
Why is Jeremy Corbyn being singled out by Board of Deputies?

John & Mary Solomon

John and Mary Solomon
Churchfield, Harlow

Verbal abuse from neighbour

NEW laws regarding anti social behaviour are affecting those of us, who have to live in blocks of flats.

I've had my fair few nightmare neighbours, from living in the lawn to the stow, but this one takes the biscuit where Harlow council have housed me now. I was warned about the bloke next door, when I moved in by other neighbours but I ignored it, because I was grateful to get out of The

Stow. This man who is housed amongst us, gets drunk on Saturday night and shouts racial abuse at the black families who live here. After I wished him a merry Christmas (as you do) back in December 2016, he decided to verbally attack me through the walls with sexist foul abuse. My tip for women in flats is to never say hello to men, because they could be like the one who lives next door to me. This is sad because there are some nice men about, but for your own safety don't speak to male neighbours. This man has verbally attacked all the neighbours in this block for twenty years apparently. The police can't do anything, because the verbal abuse is within his own four walls. Personally I think they should have the power to remove an alcoholic who is verbally racially abusing his neighbours. He took a knife to one woman who lives underneath him, who knocked on his door and asked him to be quiet. He's

shouting until 2am and constantly bangs on my wall. We are all fed up with carrying this man in our block who is a liability. The council warned him and it only lasted three months and he started again. I think the laws should change and liability alcoholics like this, should be placed in care, so they get well. I'm all up for campaigning for mental health, but if someone is racially abusing neighbours and shouting disgusting sexual references to women, they should be told. It's just not ok that they can be protected by their own four walls.

Clare Harrison McCartney
By email

Don't knock down hospital

It's great to know that the local hospital is making progress. So why is Robert Halfon so keen to knock it down and build another. The Naylor report, cobbled together by a privatizing

doctor, gives the answer. STPs will 'transform' local services. Smaller NHS sites with more private involvement. And more people driven into the private sector.

Under the provisions of the report, in order to buy new facilities, hospital assets like the Princess Alexandra site will be sold off. A&E will be redefined so that lesser provision can be passed off as 'reformed'. One only has to look at the closure of the practice in Old Harlow to see what 'reform' means.

The present government has been holding a fire sale of public assets to plug the black hole created by their austerity policies and compounded by their total lack of vision.

All PAY needs is a management team that can convert it from a perpetual building site into a world class public medical facility. The implementation of Naylor will send it reeling backwards. Ten years down the road, a 49% privatised NHS aul need to build new

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NEWS.CO.UK

PHOTO
of the week

Rob Delaney, Latton Wood,
Harlow, October 20, 2017

CONTACT US

■ Please enclose your full address and daytime phone number. Keep your letter to no more than 200 words. We reserve the right to edit material.

■ Email your pictures in JPEG format marked 'Your Views' Please add your name, where you're from and where you took the photo. We reserve the right to reuse pictures at our discretion.

facilities - but the land will have been sold, the buildings turned in to luxury flats... The right wing Tory desideratum.

Three laughable public consultation which comes straight from the pages of the Hitchhikers Guide needs to be redone with the actual public involved.

Nick Gunning
By email

WEBCHAT

The hot topics our readers have been discussing on social media this week

■ SAINSBURY'S TO INTRODUCE TOUCH-FREE PACKAGING FOR 'SNOWFLAKE SHOPPERS' SCARED OF TOUCHING RAW MEAT PRODUCTS:

My 15 year old daughter cuts a chicken breast up to cook for her dinner when she wants to cook for herself.

Michelle Walker

Just shove a knife in it to

pick it up. Yet more plastic the environment does not need.

Elizabeth Hughes

Seriously? Learning good hygiene would be better, this means even more plastic to end up in landfill or in our precious oceans.

Kim Burns

No. Just use a fork to pick up raw meat.

Julie Patrick

■ ANT MCPARTLIN FINED £86,000 AFTER PLEADING GUILTY TO DRINK DRIVING:

£86000 that is harsh he did wrong but that fine is ridiculous. Who gets that money? I'm sure he would have been happier giving that money to a charity that need it.

Louise Barnard

It should be the same punishment for everybody

regardless of who they are, if a normal working class person would go to prison for this crime then he should have done, what ever a normal working class persons fine was his should've have been the same you can't have different punishments for different people for the same crime, money shouldn't come into it because where does that money go not to help the criminals get better I bet,

just my opinion.
Cherry Prosser Barnes

I know he should be punished for being so stupid for drink driving !! But come on £86,000 is a bit unfair!

Sue Chaplin

That's wrong yes he did wrong the ban is right but fine is to high because he is in public eye yes he can afford it but don't kick a man when hes down.

Colin Pumfrett

He wont even notice it ..

Sorry what ever he gets he deserves.. he jeopardised people's lives and for that no punishment is good enough.. prison would be the best choice

Karen Bruce

To everyone who thinks the fine is unfair, please check the below calculator
<https://www.lawontheweb.co.uk/.../drink-driving-penalty>
Peter Moulds

TALKING POINT

Are we in danger of poisoning the air that we breathe?

THE BIG QUESTION:

What can be done to reduce the level of air pollution in our area?



LABOUR



Allan Jolley

MOST people probably don't realise that for the past eight years, this Tory government has been actively fighting to maintain dangerous levels of air pollution in our towns and cities, even though the High Court in London has ruled on three occasions that for the government to do so is illegal.

Data obtained through a Freedom of Information

request by the legal environmental charity, Client Earth, estimates that the UK government has spent up to £500,000 in the courts trying to dodge its duty to tackle illegal and harmful levels of air pollution.

I'm sure most people will agree that it's incredible that the UK government has used public money to try to avoid tackling a public health crisis. We now have a situation in this country where air pollution is not only illegal, it's harming people's health and cutting lives short. Scientists have found as many as 40,000 people a year are dying from dirty air across the country.

The government has been breaking pollution limits for eight years and is forecast to continue to do so for at least another ten. And the fact that they have to be taken to court to hold them to their duty to protect people is staggering.

If you're worried about the

effects of pollution on your child (children and the elderly being particularly vulnerable to the effects of poor air quality), you can check if your children are playing in a so called "Poisoned Playground" by following this link <https://www.clientearth.org/poisoned-playgrounds/#find-your-school>

You can also sign a petition demanding that the government takes the necessary action to improve our air quality and ensure that our children are not having their health put at risk by their negligence.

And you may wish to join the Clean Air Parents Network to gain a better understanding of the issue of air pollution and how it is affecting our young people and to learn about how they can campaign and influence decision makers. You need to go to <https://www.clientearth.org/clean-air-parents-network/>

UKIP



Patsy Long

THE biggest issue with this question is that we need to get an agreement Worldwide to actually get the results we need. There is very little to be gained by having tough rules here in our little island in the UK, if the biggest nations like America, Russia and China are not doing their bit. Locally it is quite difficult due to the limited amount of power on this issue that the District and

County Council have. That said it is clearly something the Environmental Health team can be more proactive on. The most obvious target for action is transport - where we have a high level of cars on our roads, more can be done to target more environmentally friendly cars, as adjusting the level of road tax does not seem to be doing much. It also targets older vehicles which means that it disproportionately tends to penalise the less well off. It should be clearer and easier to make cars cleaner - garages and drivers need to be better incentivised to make their cars better. This has not been helped of course by the confusion over diesel vehicles. We also have a increasing level of commercial vehicles on our roads and parking in our estates - this too could be tackled on environmental grounds and commercial car parks should be looked at.

The Councils could of course lead the way with environmental friendly vehicles and by being tougher on our bus services.

We are also becoming ever more industrial as a town, and more can be done to ensure our industries are clean. I'm sure many residents would have experienced red or yellow dust on their cars in a morning! This is quite clearly unacceptable, and naturally all these issues have knock on effects on the health of our residents. Again the Environmental Health team can be tougher and more proactive. In short this is an issue which is truly everyone's problem - and Community Leaders and Residents could all be better! Now we've identified the issue - it's time to do more about it. Is there a better issue for the Harlow Council Scrutiny Committee to put on their agenda for the coming year?

HARLOW ALLIANCE



Nicholas Taylor

WHILST in the longer term the wider use of electric and hybrid vehicles will lead to a reduction in air pollution, in the short to medium term, this problem is likely to get considerably worse in Harlow.

Harlow's roads are already heavily congested and cars that are idling in traffic queues gives rise to one of the biggest contributors to air pollution. Harlow's roads were designed and or built in the 1950's and unlike other New Towns hardly any dual carriageways were

constructed. Little has been done during the intervening years to improve traffic flow, indeed there are many examples of work taking place which have made things even worse.

The Harlow Alliance Party's policies include the need for a southern bypass, running from the A14 near Eastwick to Junction 7 of the M11, the dualling of 2nd and 3rd avenue to provide a better east to west route through the town and numerous road junction improvements to keep traffic

on the move.

The plans by Epping Forest District Council and Harlow District Council to allow builders and property speculators to build over 11000 homes in and around Harlow will not include any major road building works or improvements, certainly not enough to keep traffic flowing.

The views of Harlow residents about junction 7a were clearly ignored by politicians, they should not be allowed to do so in the future.

WHAT QUESTIONS DO YOU WANT ANSWERED?

■ Every week, we'll be putting your questions to representatives of each of your main local parties. So get involved! Email your questions to get the issues that matter to you on the agenda.

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YOUR EDUCATION NEWS

Raising the aspirations of young women

INTERNATIONAL Women's Day takes place every March in celebration of the achievements made towards gender equality. But it is also a chance to reflect on what can be done to make even greater strides. With this in mind, fifteen female students from Passmores took the opportunity to attend the Women in the Workplace conference held at the XL Catlin building in London this month.

The conference aims to raise the aspirations of young women in the workplace now and in the

future. Joined by other young women from schools across the country, the Passmores students met with female senior leaders from a range of global companies. Passmores Associate Principal, Steph Hill said: 'This was a chance for our young women to discuss the opportunities and challenges of developing careers in different business industries. The more opportunities we can create for our young people that build their leadership, the more chance they have of helping those around them as well'.



Emily, Zoe, Rosie, Samara, Angelika, and Abigail

The event offered a selection of interesting workshops and a Q&A session which provided some fascinating, if disconcerting information about women in the work place. For example, the

students heard that women potentially earn a staggering £346,000 less than their male counterparts over the course of their careers. The message was that this must change but there is a lot more work to be done in raising

awareness to close the gender pay gap.

Passmores teacher Aislinn Silva, who accompanied the students on the trip said: 'The main thing the girls got from the day was a sense of empowerment. They were

asked to write a life-plan of how they saw themselves in the future, which was quite challenging, but it inspired them to think about what they could achieve and what is out there for them. It really was an excellent day'.



Year 8 students in Barcelona

Trip to Barcelona gives students a greater focus on languages

A TRIP to Spain gave young students an opportunity to try out their language.

Year 8 students at Burnt Mill Academy, in Harlow, took the three-night trip to Barcelona as part of their modern foreign language studies.

The 39 students visited Camp Nou stadium, the Sagrada Familia cathedral, Parc Guell, open air architectural museum Poble Espanyol and played football on the beach.

Teacher Guylaine Ganzhorn said: "This was an

opportunity for students to practise their Spanish. It was also good for them to sample the culture and have a new life experience.

"It was a learning curve for them to be away from their parents for so long and encouraged their independence.

"I was very impressed at them all having a go at speaking Spanish and ordering their own food. As a result of the trip, they are a lot more focused in lessons. In terms of motivation, it has had a big impact."

Such a diversity of achievements for students in music, world affairs and sporting finals

FREMAN College's Big Band were invited to play for students at an assembly at Roger de Clare.

It was lovely to see the younger children immersing themselves in the music and hopefully being inspired to try instruments for their own pleasure. In fact, the nursery students were able to recreate their own orchestra once back in their classroom.

Freman College needs some more trombone players so let's hope we motivated a few potential musicians during our time there, apologies to the parents.

Also the College's Amnesty International Group feel very strongly that the 65 million refugees currently displaced around the world should not be forgotten.

As an act of solidarity and to help fundraise for Amnesty International and the World Food Programme (WFP), a group of students will be sticking to the WFP rations for several days.

This is a very personal, physical and mental challenge, but for a great cause, and if you would like to support their efforts please donate via either of



The U15 Basketball Team

the following websites: <https://www.justgiving.com/wfp> or <https://www.justgiving.com/amnesty>.

In sporting news it was another fantastic week for Freman College, the finals just keep on coming.

After the I Year boys won the county rugby final, the Senior girls rugby squad are 4th in the county.

The U15 boys basketball team are county runners up and the E Year boys footballers have reached the Lea Valley District final, a

goal from Luca Romanatti-Manning securing the win. The swimming team picked up a number of 1st, 2nd and 3rd's in the Lea Valley Schools Swimming Gala.

Congratulations to all of the talented sports men and women for taking part.

Crash landings, strange lights and the mystery of the alien underpants

REPORTS of UFOs and alien crash landings were the inspiration of the extraterrestrial-themed 'Everybody Writes' day, held at Purford Green Primary and Potter Street Academy recently.

Staff worked the evening before the event to set the scene of a UFO crash-landing in the schools' grounds. When pupils arrived at school the next morning, they were asked to attend an 'emergency' assembly. The pupils were told that the police had received reports overnight from local residents which related to sightings of bright lights hovering in the sky. One eyewitness claimed to have seen an object crashing down from the sky near to the schools.

Filled with enthusiasm and imagination, the pupils headed outside to help with the police investigation, examining the strange debris scattered across the school field. Younger pupils found what they believed to be a large pair of alien underpants in their classroom and came up with a variety of suggestions about how these may have got there. Students from Passmores Academy, in the guise of forensic scientists, were on hand to help with



Year 1 pupils from Purford Green Primary proudly show the alien spaceships they created

the investigations and answer the children's many questions.

The stimulus was used as a fun way to encourage pupils to produce a range of writing which included stories, poems, reports and letters, and resulted in a buzz of excitement and creativity throughout the classrooms.

Developing children's enjoyment of reading and writing is a priority for Emma Bloomfield, who is the Primary Lead for both schools. Miss Bloomfield said: 'This is an example of

how we use our links with the Passmores Trust to support and enhance our pupils' learning. We know that when children take part in events and activities, they use their own experiences as inspiration for writing and this leads to development of their skills. There was plenty of discussion about what they had seen - even a week later, pupils from the Reception Class were still coming up to me talking about the alien underpants which were found in their classroom!'



Passmores students dressed up as forensic scientists and helped pupils at Potter Street Academy examine the wreckage

College staff go the extra mile (yes, literally) during half marathon race

THREE determined Harlow College staff from the Supported Studies team have completed a half marathon in aid of PACT for Autism, a local charity providing support for the families of autistic children, autistic adults and people with similar conditions.

Selina Avery, Rebecca Jones and Amelia Morgan set off in the early hours of Thursday, March 22 from Elsenham, arriving at Harlow College at 11.30, having actually covered 15 miles in just under 4 hours. At Harlow Mill they were greeted by some of their students who then ran the final miles back to college with them.

Staff and students were waiting in the main

reception to welcome back the triumphant runners, where there was also a charity cake sale underway, run by students from the Supported Studies area.

After catching her breath, Selina spoke about why it was important to get her running shoes on and take on the challenge: "I'd had the idea for the run for quite a while. I drive this route into work and realised that it was more or less a half marathon."

"Running for PACT made sense as it's a charity we work closely with at the college - a lot of our students and their families are involved with them."

Amelia described the highs and lows of running 15 miles to work. "The first couple of

miles were very tough but once we got to Bishops Stortford and the sun came out we really hit our stride. The other two ladies kept motivating me when I felt I was flagging and cars were tooting their horns the whole time which was fantastic!"

Rebecca was really proud of her students, saying: "They were waiting for us at Harlow Mill and gave us a big cheer when they saw us. They really kept us going all the way to the finish. I'm so proud of them - they were awesome!"

The money raised had already topped the £500 mark even as the runners were doing their warm down, with the cake sale proving especially popular. Michelle Freeman from



Runners Amelia Morgan, Selina Avery and Rebecca Jones (light blue t-shirts) with students from the Supported Studies area

PACT for Autism, spoke about the special relationship between the charity and Harlow College. "There are lots of families of students at the college who

have been supported by us in the past. Debbie, Our Talks and Training Officer has been into the college many times to give training sessions and college staff

have, over the years, raised lots of money for the charity."

For more information about PACT, please visit www.pactforautism.org.uk

YOUR CHARITY NEWS

Help PACT for Autism make a difference in communities

AUTISM is a condition that is highly misunderstood.

From frequent misrepresentation in arts and the media – Dustin Hoffman's Rain Man isn't a 'standard' autistic person, there's no such thing – to underrepresentation in the workplace – only 16 percent of autistic people are in full time work compared to 47 per cent of people with other special educational needs and disabilities – a lot can be done to educate the population on what autism is and how organisations and individuals can help.

Every year, April 2, marks World Autism Awareness Day (WAAD), and the start of World Autism Awareness Week. PACT for Autism want to share with you ways that you can learn more about the condition and help support the autistic people in your community.

Taking the time to find out information about what autism is and the challenges autistic people face is easy to do and can make a huge difference. The National Autistic Society website has brilliant videos and resources about the challenges autistic people face, search 'NAS TMI campaign' via the web or on Facebook, the 'Autism Discussion Page' which aims to provide an understanding



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PACT for Autism in Harlow

of autism through daily informative posts.

Could you create employment opportunities, autistic people are dedicated, reliable, and hardworking, and make excellent

employees with the right support.

Not only can you make a difference for individuals by hiring autistic people, you can benefit your business or organisation.

Could you help by fundraising?

Raise funds for PACT by abseiling from the Church Langley Water Tower on the first weekend of May with The Harlow Tye Rotary Club,

or if you're feeling brave, why not try a skydive?

You can find details of how to sign up for fundraising events on our website 'How to Support Us'.

PACT for Autism support

over 600 autistic people and their families in East Herts and West Essex. The charity put's everything into building a community, where lifelong friendships are formed.

Wide range of support needed by emergency medical charity whose volunteers save lives

COULD you help raise vital funds in aid of your local emergency medical charity, whose members voluntarily saves lives within your community?

Basics Essex Accident Rescue Service (BEARS), equips and supports volunteer doctors and paramedics, enabling them to respond to critically ill or seriously injured patients in the pre hospital environment and provides support, additional assessment and treatment, beyond that of the NHS ambulance service.

BEARS are activated to respond to both urban and rural areas, to provide

'Enhanced Care' similar to that provided by air ambulance crews.

BEARS would like to hear from you, if you feel that you may be able to dedicate some of your valuable spare time, to volunteer for essential non-clinical activities.

Their vision is to recruit volunteers right across Essex who are willing to organise and host fundraising activities and events in aid of BEARS.

These volunteers and supporters will raise much-needed funds, to ensure that BEARS doctors and paramedics can continue to

provide their voluntary life saving enhanced care throughout the county.

In addition to our fundraising volunteers, BEARS also urgently requires volunteers to support the general day to day running of the non clinical side of the charity.

Areas requiring support include administration, community awareness work and social media activities.

BEARS does not receive any statutory funding, therefore we rely solely upon public donations and our volunteers and supporters, to continue our vital, voluntary lifesaving work.

BEARS Funding Officer Lisa Thomas said; "Our volunteering and supporting roles are challenging and exciting.

"By becoming a BEARS volunteer, you will be rewarded by the knowledge that your contribution however small, will ultimately help BEARS to potentially save lives within your own community."

If you have an interest in volunteering or supporting BEARS in any of the aforementioned roles, contact Lisa Thomas on 07910 018874 or by email at lisa.thomas@bearsmedics.org.uk



Tracey, who raised money for BEARS in 2017

YOUR COMMUNITY NEWS



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Members and staff enjoyed the day

Support group commemorated World Parkinson's Day with public open day

THE Harlow branch of Parkinson UK commemorated James Parkinson's Birthday on World Parkinson Day, which

took place on April 11.

They welcomed the public along to the David Livingstone Club in Potter Street to meet them, see

what they do, and have a chat. Guests and staff really enjoyed the day which included a demonstration of Reflexology by Louise, where

several members were able to have a taster session.

The group meets every Wednesday from 11am to 3pm and anyone with

Parkinson's and/or carers are also welcome to go along at any time. They have various speakers, activities and entertainment.

If you would like further information about the group, please contact Corinne Hall, Secretary Harlow Branch on 07982 094194.

Broxbourne

■ **BUSH CRAFT:** Bush Craft Cooking and Baking Course at Lee Valley Almost Wild Campsite. Learn to cook in the great outdoors with a Bush Craft Cooking and Baking course at Lee Valley Almost Wild Campsite.

During this two day course, visitors will learn how to cook up a variety of meals and snacks on a campfire including fresh fish, pigeon and rabbit. From skinning to poaching the course will cover a variety of traditional methods to cook up an amazing lunch and dinner for everyone.

On Saturday, May 12 to Sunda. May 13 From 9am to 4pm. Price is £120 per adult, £80 per child (12 - 16) at Lee Valley Almost Wild Campsite, Broxbourne, New Nazeing Road, Nazeing, Essex EN10 6TD. For more information, go to visitleevalley.org.uk/whatson.

■ **RANGER DROP-IN:** The River Lee Country Park

Ranger Team will be available to help with any queries from locals, and give updates on upcoming events, volunteering tasks and projects. On Sunday, May 13 from 1 - 3pm. This is a free event at River Lee Country Park, Nazeing New Road, Broxbourne EN10. For more information, go to visitleevalley.org.uk/whatson

Harlow

■ **VINTAGE FAIR:** On May 13 at Park Inn Hotel, Harlow. Entertainment all day with local group dancers. Lots of different stalls and fun for the whole family.

Entry £1 adults, children free. For more information visit their facebook page: <https://www.facebook.com/events/783959671774889/?ti=cl>

Hunsdon

■ **PILATES CLASSES:** Mondays 2.30-3.30pm

YOUR NEWS

■ We compile our Community News pages two weeks in advance of publication. If you'd like to include a future event please make sure you tell us in plenty of time so our readers can come along.

Hunsdon Village Hall. Friendly and welcoming classes. Pilates helps you achieve a balance of mind and body plus focusing on stretching and strengthening the whole body to improve balance, muscle strength, flexibility and posture.

For more information or to book your free trial class (limited places) new attendees contact your local pilates instructor Anne at 'Active Health Pilates and More' on 07717 333234 or email: activehealthpam@gmail.com

Elderly care home residents knit hats for the new generation

RESIDENTS from Hillview Care Home in Hertfordshire knitted hats for babies in the Special Care unit at Harlow. Residents including Iris Knight (pictured) have been busily knitting hats which were presented recently to the Neonatal staff manager and were gratefully received. Hillview has a select team of experienced staff, who have relevant and appropriate training to meet the needs of the residents. Freedom and privacy are respectfully maintained, yet help is always on hand.



Hillview residents knitted hats for the special care unit Iris Knight with knitted hats for the special care unit

YOUR COMMUNITY NEWS

Flying high with aerial show for shoppers

ON Saturday, April 7, Harlow Playhouse's Studio 3 Aerial Academy showed off their aerial skills, in The Harvey Centre, Harlow.

This amazing aerial showcase wowed the passing audience and gave a glimpse into the work being nurtured and taught by the team at Premiere Aerial.

The public were encouraged to join in and everyone thoroughly enjoyed their experience.

Harlow Playhouse enjoys a strong partnership with The Harvey Centre, coming together on projects such as Medea Electronica, the pop up venue and Hunt and Darton Cafe. Manager Rory Davies said: "I'm delighted with how the demonstration went. I hope we gave the shoppers of The Harvey Centre a peak into what Studio 3 has to offer."

"We'd like to thank the Harvey Centre for allowing us to showcase the academy. Studio 3 underlines Harlow Playhouse's commitment to health and wellbeing throughout the community and I hope this encourages people of all ages to come and give it a try."

Since 2017, Studio 3 Aerial Academy has been up and running at Harlow Playhouse.

This gives people a chance to gain strength, increase fitness and flexibility, whilst building a solid foundation

in the core aerial disciplines.

Taking place on a Monday and Wednesday, studio 3 offers both daytime and evening classes, and a range of different courses and classes to suit all abilities and age ranges.

- 6-week academies in Aerial Net, Bungee, Aerial Hoop and Flying and Harness Skills for all ages.
- Get fit on your lunch break with one hour Bungee Cardio classes.
- Bungee Assisted Evening Dance - This one hour bungee cardio session will engage almost every muscle in your body and give you abs of steel.

Bryan Young, Centre Manager of The Harvey Centre said: "The aerial performances inside the centre were quite simply unbelievable - the skills and work ethic these performers have is really impressive. "Our shoppers were absolutely amazed and I am really keen to explore more events like this with the Harlow Playhouse - so watch this space for further announcements!"

All information can be found on the Harlow Playhouse website: www.harlowplayhouse.co.uk and through their social media platforms: www.facebook.com/HarlowPlayhouse or www.twitter.com/harlowplayhouse



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First aid training shows parents how to cope with emergencies

THE Baby Box Co. provides free products and parenting education from trusted experts through its platform Baby Box University to help de-stress the parenting journey. The Baby Box team is proud to announce their partnership with KeepaBeat, the specialist First Aid training organisation for parents, caregivers and children, through producing

a video on Baby CPR, which is included within all of the UK Baby Box University courses.

The two and half minute shows in clear simple steps how to perform CPR on a baby, crucial knowledge for all parents and caregivers. This film has now been included within the comprehensive maternal and childcare education platform

www.babyboxuniversity.com which, working with the NHS across England, encourages expectant parents' early engagement with maternity services.

Upon completion of their local education course parents receive a certificate that can be redeemed for their free Baby Box.

Sam Mackay, Founder of KeepaBeat Global Ltd said:

"We are passionate about teaching lifesaving skills to parents and carers, because knowing what to do in the first few minutes of an emergency may save a life. We are proud to be working alongside an organisation that has brought various partners together all sharing one common goal to educate, engage and empower new or expecting

parents through the Baby Box University programme. In working together we hope that our important messages can spread far and wide."

Jennifer Clary, Founder of The Baby Box Co, said: "We are excited to be working with KeepaBeat to deliver this vital first aid information to parents. We understand that the parenting journey can be confusing with many

mixed messages. By working with organisations such as KeepaBeat and the NHS we aim to offer parents clear and concise information when they need it most."



Exhibition showcases textile artists

HERTS Textile Arts present contemporary embroidery, quilting, woven tapestry, felting and printed textiles inspired by Hertfordshire's nature and waterways in an exhibition titled 'Ebb and Flow'.

The exhibition opened on Tuesday, April 5 at The Gallery at Parndon Mill, Off Elizabeth Way, Harlow and runs until Sunday, May 13.

The ribbons of water running through the towns and country of Hertfordshire motivated the new exhibition at Parndon Mill by the Herts Textile Group.

This exhibition presents work by a lively group of artists who interpret their ideas through the medium of textile.

Many varied techniques are used including weaving, felting, stitch, machine embroidery, dyeing fabric and threads, quilting and patchwork in contemporary and often unexpected ways.

This collection is inspired by Hertfordshire's nature and waterways, from the drop of water in the infant river to the man made canal system which travels through the county towards the sea.

Walks along the towpaths, riverbanks and family boating excursions offer a personal view alongside an observation of the tragedy of pollution and an observation of wildlife exemplified by the grey heron.

Locally sourced animal and plant fibres grown in and around the waterways at Parndon Mill are used to represent connections

between water, plants and people.

Reflections and distortions on the surface of both still and moving water produce a myriad of patterns that provoke personal reflections and day dreaming.

Herts Textile Arts group is a lively group of artists using varied textile techniques including quilting, weaving, felting, stitch, machine embroidery, patchwork, dyeing and shibori (a Japanese form of dyeing) in contemporary and often unexpected ways.

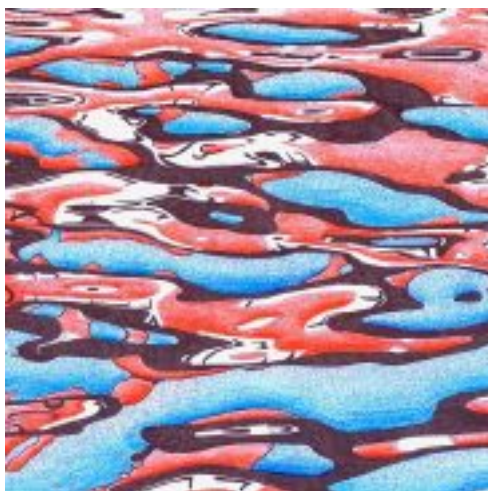
The group was formed in 2004 under the umbrella of Herts Visual Arts with idea of bringing textile practitioners together to exchange ideas, knowledge and to give each other support.

The cast of membership has changed over the years and has recently welcomed a number of new members giving a fresh perspective.

Past exhibitions venues include Courtyard Arts, The Hertford Theatre and Hertford Museum in Hertford, the Museum of Domestic Design and Architecture (Middlesex University), the Good Food Cafe in Canterbury and an outdoor/indoor exhibition at Mill Green Museum.

The exhibition can be viewed Tuesday to Friday from 10am to 5pm and on Sundays / Bank holidays 2 to 4pm.

For further information email info@parndonmill.co.uk or visit the website www.parndonmill.co.uk



Linda Gifford - Ripple



A Bend in the River



Clare Harris - Mossy Wall



Watercress Beds - Frances Green

New kitchen showroom boosts coffers of chairman's charities

MAGNET, the UK's leading kitchen specialist, has opened a new 6,676 square foot state-of-the-art kitchen showroom in Harlow, located on Ascent Park.

The store hosted a launch event on Saturday, April 14 with an official ribbon cutting ceremony led by the Chairman of the Council, Councillor Sue Livings. The team also handed out free cookbooks to guests, whilst serving complimentary refreshments. A £500 donation was also made to the Cllr Livings' chosen charities, St Clare Hospice and Action for Family Carers.

Make Magnet part of the family with the new Harlow showroom's display of

stunning kitchen ranges, worktops, accessories and appliances.

Expert designers are on hand to create your dream kitchen with the latest trends, cutting edge 3D technology and a variety of design possibilities. Magnet also offers ready to assemble kitchen options, appliances, sinks, taps and worktops to take away on the same day, for customers in need of an instant kitchen solution.

Katy Weight, manager at the new Harlow showroom, said: "The launch was a great celebration of our new home on Ascent Park in Harlow. We have so many innovative kitchen ranges and it is great to be able to showcase them

to customers in the local area.

"The dedicated areas within the showroom will be massively beneficial to customers in their selection and design process, so we're really looking forward to meeting shoppers and introducing them to the new showroom. We understand how important your kitchen is to family life and everything we do is dedicated to creating kitchens that are part of the family."

The new Magnet Harlow showroom is situated on 6 Ascent Park, Edinburgh Way, Harlow, CM20 2HW.

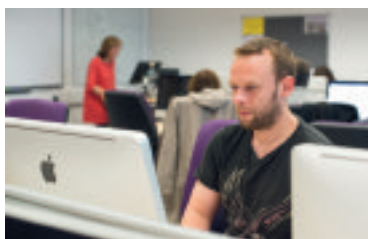
For more information visit www.magnet.co.uk



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We offer Access to Higher Education, HNC/HND and Professional qualifications, taught in state-of-the-art specialist facilities on Harlow College campus. These include a brand new £11m Advanced Manufacturing & Engineering Centre, Category 2 laboratory, broadcast quality editing suites, a green screen TV studio and radio studio. There's also a 96-seat lecture theatre, video conferencing facilities and high-end IT suites. Our team of friendly, highly qualified and experienced staff are on hand to help at all times.

Whatever your chosen career, we are committed to providing you with the best possible learning experience in an environment that will allow you to thrive and reach your full potential.

Access to Higher Education


19+
LOANS
for
Learners

ACCESS TO HIGHER EDUCATION COFFEE MORNING



Come and meet the Access team; take a tour of the facilities and talk to current students in our Higher Education Centre.

 Tues 1 May

 10am-12

 Harlow College

If you would like to go to university but don't have the qualifications you need, then an Access to Higher Education course could be for you. Maybe you didn't get the grades you needed the first time around or are just looking to change career path?

Many of our Access students are now pursuing new careers and making changes to their lives they never thought possible.

“ Lara,
former Access student
I had been out of the education system a long time, so it was quite daunting to come back to college, but I stuck with it and now I'm going to Kings College University to study nursing. **”**



You will study in an adult environment with like-minded people. A typical Access course is 3/4 days a week, 9.30am to 3pm. Courses are a mix of theory and practical and are completed in one year.

The Access to Higher Education Diploma is widely recognised by UK universities. Each year, around 20,000 Access to HE students apply for a degree course at a UK university.

We offer the following Access to Higher Education courses:

- Business Management
- Education, Teaching & Childhood Studies
- Health & Social Care
- Health Science Professions
- Medicine
- Nursing & Midwifery
- Psychology & Counselling

OPEN EVENING

We look forward to seeing you at our Open Evening. Our staff will be on hand to help you make your choice.



Admissions: 01279 868100



admissions@harlow-college.ac.uk



www.harlow-college.ac.uk/he



HNC/HND Higher National Certificate/Diploma



HNCs and HNDs focus on 'learning by doing' and give skills that you can use in a particular job. They are highly valued by employers and can also count towards membership of professional bodies and other employer organisations.

You join an HNC (Level 4), which takes one year to complete. You then progress to the HND (Level 5), which takes a further year to complete. Therefore, you will study for a total of two years.

You will be studying work-related qualifications that have been written in consultation with employers to ensure you are gaining the skills required to enter the workplace. You will develop

the knowledge, skills and behaviours needed to be successful in your chosen job role, working autonomously and independently.

Unlike many degrees, these courses are vocationally focused and therefore can lead straight on to a career. They're also a great stepping stone to a higher qualification, as you can choose to 'top up' an HND with extra studies at a later date, in order to convert it to a full bachelor's degree.

We offer the following HNC/D courses:

- Advanced Practice in Early Years Education
- Business
- Creative Media Production (Game Development)
- Engineering
- Future Home Design & Construction (in conjunction with George Clarke and MOBE Education)



Professional Qualifications Including new Level 4 courses



If you want to work at the top level of the profession of your choice, you will usually need a professional qualification.

Professional qualifications are also a very good way to get credit for all the skills and experience you have gained in your job.

You will spend some time attending classes and will be required to study and complete assignments in addition to these lessons.

For some of our professional courses we offer a blended learning approach where more of your study is carried out online at a time to suit you. Assessment is through written assignments and/or exams, depending on the qualification taken.

Our new Level 4 courses have been designed to provide students with the skills, knowledge and understanding necessary to develop their careers in their chosen professions, providing a bridge between education and the industry and/or specialist Higher training.

These qualifications will provide students with an opportunity to cultivate their employability by developing their

particular skills, expanding their industry contact base while developing their start-up projects and professional practice.

We offer the following Level 4 and Professional courses:

- Accounting & Finance AAT Level 2
- Health & Social Care Diploma Level 4
- Journalism One Year NCTJ Level 3
- Leadership & Management ILM Level 4
- Professional Diploma in Creative Enterprise UAL Level 4 - **NEW**
- Professional Practice in Performing Arts UAL Level 4 - **NEW**
- Salon Management VTCT Level 4



Help with your course fees

Loans are available for all our Higher Education courses.



Help with tuition fees.
For more info:
www.gov.uk/advanced-learner-loan



Help with tuition fees and maintenance.
For more info:
www.gov.uk/student-finance

HARLOW COLLEGE

HIGHER EDUCATION

- 7 ACCESS TO HIGHER EDUCATION
- 7 HNC/HND
- 7 PROFESSIONAL QUALIFICATIONS INCLUDING NEW LEVEL 4 COURSES



Weds 2 May 5.30 - 7.30pm

Open Evening where our staff and students
can help you make the right choice for your future



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Harlow College, Velizy Avenue, Harlow, Essex CM20 3EZ

FILM REVIEWS

With Damon Smith

ALSO OUT THIS WEEK



Jessie Buckley as Moll and Johnny Flynn as Pascal in psychological thriller *Beast*

BEAST (15) ★★★★★

DURING a barbed conversation at a dinner table in the deliciously creepy psychological thriller *Beast*, one invited but unwelcome guest makes clear his views on the tug of war between nurture and nature.

"People adopt the values they are born into," he growls, clearly targeting his comment at the controlling matriarch of the dysfunctional family.

This thinly veiled, swingeing criticism ripples throughout writer-director Michael Pearce's impressive debut feature.

Shot partly on location in Jersey, *Beast* is a deeply unsettling character study that jangles nerves like a persistent itch you can't quite reach.

Jessie Buckley delivers a searing lead performance as a guilt-riddled twenty-something who becomes embroiled in the hunt for a serial killer shortly after she falls under the spell of the prime suspect.

Guilt and innocence become increasingly hard to separate as the film gathers momentum, culminating in another dinner table outburst that jolts the nurture versus nature debate sharply in one direction.

Haunted by a shocking incident in her past, flame-haired shrinking violet Moll (Buckley) submits to a joyless life under the thumb of her domineering mother, Hilary (Geraldine James).

When she is not singing meekly in the local choir, Moll takes care of her father (Tim Woodward) and blushingly accepts awkward romantic overtures from a local police officer (Trystan Gravelle).

Moll's birthday party in the back garden of the family home turns into an opportunity for her favoured sister Polly (Shannon Tarbet) to announce she is pregnant, so the birthday girl slips away unnoticed and relinquishes herself to alcohol-induced oblivion at a local nightclub.

The following morning, Moll encounters poacher and handyman Pascal (Johnny Flynn), whose wilful disregard for etiquette is a thrilling antidote to the starchy formality practised by her mother.

The misfits fall head over heels in lust and Hilary makes clear her disapproval: "You can smell him a mile off!"

This rejection only fuels Moll's rebellion and inflames the young woman's raging desire for Pascal.

Moll and her uncouth beau forge ahead until he is arrested for the murders of young women on the island and Moll prepares to give a false alibi.

Beast is a brooding adult fairytale of female empowerment and sexual awakening that might have tumbled from the pen of Angela Carter.

Buckley and Flynn are an electrifying pairing and James sends shivers down the spine with each withering glance and whispered threat.

Pearce's engrossing thriller certainly doesn't pull its punches, scenting the air with discomfort until the threat of sickening violence almost chokes us.



Doctor Strange (Benedict Cumberbatch), Tony Stark (Robert Downey Jr), Bruce Banner (Mark Ruffalo) and Wong (Benedict Wong) get ready for action in *Avengers: Infinity War*

Photo: Chuck Zlotnic/Marvel Studios

Cosmic smackdown

AVENGERS: INFINITY WAR

(12A) ★★★★★

War demands sacrifices: civility, morality, compassion, responsibility and, ultimately, torn flesh and innocent blood. There are many heart-breaking sacrifices – far more than expected – in *Avengers: Infinity War*, a blockbuster battle royale choreographed at dizzying speed by directors Joe and Anthony Russo to unite characters from across the sprawling and sinewy Marvel Comics franchises.

The head-on collision of *The Avengers* with protagonists from *Black Panther*, *Captain America*, *Doctor Strange*, *Guardians Of The Galaxy*, *The Incredible Hulk*, *Iron Man*, *Spider-Man* and *Thor* promises an eye-popping spectacle.

A small army of special effects wizards conjure some truly jaw-dropping set pieces, razing New York, Edinburgh and otherworldly realms in the process.

They bring to life a hulking supervillain in Thanos (Josh Brolin), who continues his quest to claim the six Infinity Stones, which will allow him to exterminate half of all living

organisms in the universe with a single snap of his digitally rendered fingers.

Scriptwriters Christopher Markus and Stephen McFeely bolt together the outlandish action sequences with comical interludes peppered with snarky humour, pop culture references and an obligatory Stan Lee cameo to the thunderous beat of composer Alan Silvestri's score.

Their method is crude but largely effective, propelling the linear narrative to a point of supposed no return.

An additional scene, languishing at the end of the credits, teases the identity of one superhero who may shift the balance of power before

the sun sets on the superhero dream team.

It has been two years since Steve Rogers, aka Captain America (Chris Evans) went toe-to-toe with billionaire inventor Tony Stark, aka Iron Man (Robert Downey Jr).

"The Avengers broke up, we're toast," Stark informs Bruce Banner, aka Hulk (Mark Ruffalo).

"Like the Beatles?" responds the scientist.

Thanos exploits these divisions to hunt the missing Infinity Stones including the Mind Stone embedded in Vision (Paul Bettany), the Time Stone concealed within an amulet worn by Doctor Strange (Benedict Cumberbatch) and

the Space Stone inside the Tesseract stolen by Loki (Tom Hiddleston).

To defeat Thanos, Stark and Rogers must put their ideological differences aside and pool resources with Wakandan king T'Challa, aka *Black Panther* (Chadwick Boseman) and Peter Quill, aka *Starlord* (Chris Pratt) and his wise-cracking posse.

Avengers: Infinity War would be a physically exhausting assault on the eyes and ears without welcome pauses for pithy banter, replete with knowing winks to *Alien* and *Footloose*.

Brolin's arch-nemesis could be truly formidable if he weren't fashioned almost entirely in computer hard drives.

The character's lack of raw emotion in close-up diminishes the film's most memorable and shocking sequence.

A spry script affords the biggest personalities sufficient room to scene-steal and relegates other characters to just a couple of lines of dialogue.

Perhaps their time to shine will dawn in the concluding chapter, also directed by the Russo brothers, due for release in April 2019.



Josh Brolin stars as Thanos

Photo: Film Frame/Marvel Studios

THE
BIG
FILM

FILM INTERVIEW

*Avengers: Infinity War has one seriously impressive cast, assembling members of every Marvel Cinematic Universe franchise. **Georgia Humphreys** hears from some of its biggest stars about why they love playing their iconic characters*



Marvel Studio's heroes assemble for *Avengers: Infinity War*
Photo: Chuck Zlotnick/Marvel Studios

CALLING ALL THE HEROES

Avengers: Infinity War is the film superhero fans have been waiting a very long time for. Boasting 30 key cast members, its release marks the 10-year anniversary of the Marvel Cinematic Universe, which began with Iron Man.

While details of the plot are shrouded in secrecy, we know we'll see the Avengers and their allies trying to protect the world from Thanos, a dangerous menace who has emerged from the cosmic shadows.

And one other thing's for sure – it will be 156 minutes of adrenaline-fuelled action as the deadliest showdown yet plays out.

So, why does Chris Pratt, who plays Peter Quill/Star-Lord, think the Marvel Cinematic Universe (MCU) has such staying power?

"You can have films that can be more irreverent and funny and space opera, you can have action thriller, you can have socially relevant Shakespearean drama, fantasy – various genres all fall under the MCU umbrella and somehow, tonally, are resonant and interchangeable, as we'll see in this film," the 38-year-old explains enthusiastically.

One of the founding members of the Avengers is

Tony Stark/Iron Man, played by New Yorker Robert Downey Jr – and in *Infinity War*, we will see him face his most complex issues and challenges to date.

Discussing the success of the Marvel films, Downey, 53, suggests: "It's about creativity. We're talking about something that's really delicate and really needs to be nurtured, and it needs to be in the right environment or it will not flourish.

"This Marvel Cinematic Universe has enjoyed great weather. It has enjoyed great soil. And it's just crazy. It's like the harvest gets better year-by-year.

"And what I'm most excited about now is that I really do think, particularly in the next several years, that the best stuff is yet to come."

The last Marvel adventure to hit our cinema screens before this was *Black Panther*, which has become the highest-grossing superhero film at the domestic box office since its release earlier this year.

And *Avengers: Infinity War* incorporates Wakanda – the fictional African nation at the centre of *Black Panther* – as a safe place for the Avengers to develop new tech and armour.

"Part of what has been great about the way the *Black Panther* character, and

Wakanda, has been handled is that he's not necessarily trying to fit into the Avengers," notes US star Chadwick Boseman, 40, who plays T'Challa (otherwise known as *Black Panther*).

"In fact, the Avengers are coming into his world because he's made it known that it exists. It's a progressive way of thinking about it. He's not just another cog in the wheel."

Black Panther may have become both a financial success and a massive cultural phenomenon, but 24-year-old Letitia Wright, who plays Shuri, the younger sister of T'Challa, didn't expect to get the call about being part of the Avengers.

Of reprising her role, she enthuses: "We get to have fun, and put out entertaining

movies, but throw subject matters in there that we can really think about as a society, and make us reflect on ourselves."

Another face people will be excited to see is that of Chris Hemsworth, who was absent for *Captain America: Civil War*.

The 34-year-old plays the God of Thunder, Thor, and muses: "To have an opportunity to attack a character again and hopefully advance on that and bring something unique to it each time is a real challenge.

"But if you can pull it off, it's pretty creatively satisfying."

Indeed, for Pratt, playing a superhero is a "very rewarding job".

"The times I feel the very

best in my soul is when I can use the fact I'm a superhero and I can go and I can cheer up some sick kids. I can show up in a young innocent kid's life, who may be terminally ill, I can help raise money for a great cause," says the Minnesota-born star.

"The opportunity to use the power that superheroes have over the imaginations of kids has been the most rewarding [thing] for me."

Zoe Saldana, the New Jersey-born actress responsible for the character of Gamora, also from the *Guardians of the Galaxy* franchise, echoes her co-star.

"A younger audience deserve entertainment, but they also deserve inspiration and strong messages of hope and dreams and a great sense of justice, and sometimes, what are considered high quality films for award seasons, overlook a younger audience," says the 39-year-old.

"So, I'm happy and honoured to fill in that space, and I take it with a lot of pride as a mother of three boys."

Of course, no superhero film is complete without a terrifying villain, and that role in *Avengers: Infinity War* falls on Josh Brolin, 50.

In the cosmos, the *Infinity Stones* are the most powerful

items one can possess, and Brolin's character Thanos believes that if he can secure all six, he can bring balance to the universe.

It would also mean he could permanently kill 50 per cent of life with a snap of his fingers.

"He's not a good guy, but his idea makes sense to him," says Brolin. "But then you have to ask the question, who is he doing it for? Is he doing it really to save the other half? And is that justifiable? You can really dig into that whole thing. It's really fun to bring all that out."

The film's story may be very much focused on Thanos, but Brolin insists he doesn't feel pressure as an actor.

"When you're doing it, you're not thinking about that," he explains. "You are in a bubble and you are on this trip and, to me, you get consumed by that."

However, he does admit experiencing the fandom around his character can be "unnerving".

"I'm not used to that," he says. "So, this is a new world for me."

"I enjoyed the process very much – the reaction, I don't know. But, we'll see."

■ *Avengers: Infinity War* is released in cinemas on Thursday, April 26



Tom Holland, Robert Downey Jr, Dave Bautista, Chris Pratt and Pom Klementieff
Photo: FILMFRAME/MARVEL STUDIOS

MUSIC

Elvis Costello may have been around since 1977 but he is only looking forward, he tells Joe Nersessian



KEEP MOVING ON

Elvis Costello doesn't have a relationship with nostalgia. The rock and roll star – who turns 64 this year – has now been performing for more than four decades and boasts an impressive back catalogue that he regularly explores in live performance.

But just because he still sings those tracks, it doesn't give him any sentimental affection for the past. Or so he argues down the phone from New York City.

"I'm aware of other people's nostalgia about particular songs but that doesn't influence the way I perform even those same songs," he continues, adamantly. "If I performed a song my view would be different to theirs, that's ok isn't it?"

Providing examples, he references last year's anniversary tour of his 1982, *Imperial Bedroom*, in which he opted to mix up the order and change the arrangement.

"People are inclined to make a big deal about decades aren't they?" he says with a sigh.

"We haven't so much. Last year we made a gag, 35th year since we released *Imperial Bedroom*. It was a satirical spin to it because obviously if we'd

been doing it in a very straight faced way we would have done it on an a decade anniversary and we didn't."

There's a similar response to a question about his 40-year career. "I guess it is if you tell me it is. I don't count things like that," he says.

"I'm not saying I'm not playing the songs from the past, we do play them. The puzzle of all of this, the puzzle of time is for it to be something which propels you forwards rather than something that holds you back."

Born Declan Patrick MacManus in Paddington, London on August 25 1954, he became Elvis Costello in 1977 – the same year the slightly more famed Elvis died. As a teenager he moved to Liverpool with his mother before returning to the capital a few years later where he eventually exploded into the scene as a brash singer songwriter.

His last solo album came in 2010 and he considered writing a new one a "fool's errand" before deciding he wanted to see what a record would sound like from Elvis Costello and The Imposters in 2018.

"I wanted a picture of this group, and songs that I came

up with, once you've got a simple idea like that it's not hard to do."

As someone whose early music targeted British fascist leader Oswald Mosley, Margaret Thatcher and the British Army's role in Northern Ireland, it may be that Costello was inspired to write a new album by the global political upheaval of the last two years.

Not so, he says.

"The truth of it is I wouldn't want to waste my breath," he says. "It's satirist sort of territory where we are right now."

"What would be the song we could sing about that really? It's so transparent, there's no poetry in it. And the whole process is mediocrity... why would I want to be that close to mediocrity? There are other songs to sing which are about the way people are which outlast the immediacies of that nature, that's what I want to do."

Referring back to his apprehension of protest songs, Costello agrees they may lend power to people but says movements such as *Time's Up* require vigilance and continued effort to really leave their mark.

"It's not assuming once you've got your badge on that it's taken care of because it's not. It's vigilance, it's always the way."

"The cynical forces that arrange against vested interest will wait out the gesture [of] a march or a slogan – when that becomes old news, cynicism can outlast it," he adds.

"A song won't fix that unfortunately. You can sing it and feel good about yourself but you have to do it every day."

Costello remains a busy man. Has he considered retirement?

"I reconsidered my priorities about 10 years ago when I stopped neurotically looking for the next record contract to follow the last one," he says.

"I knew I had to devote so much time to the road work because I could see the way the business was going."

"Beyond the new album there's *A Face In The Crowd*, after I finish in the studio I go back into workshop on that."

"None of that sounds like anybody that's looking to put their feet up."

■ **Elvis Costello And The Imposters** play the Cliffs Pavilion, Southend, on Wednesday, June 27.

SOUNDS OF THE 70s



SOME of the biggest names of the 1970s will be performing at Garon Park, Southend in the latest summer show to be announced by In The Park Concerts.

David Essex (above), the Bay City Rollers and Showaddywaddy are all set to play 70s in the Sun on Sunday, July 22. Legendary former radio 1 DJ Tony Blackburn will be spinning some discs and more names are set to be announced.

Earlybird tickets priced at £25 are now available. Visit skiddle.com/e/13198651

DOWN THE PUB



Formed in 2015, the Old Street Rockers (above) play rock, pop and soul classics from the 60s through to the present day. 2016 saw the three-piece playing in Scandinavia and last year they won a London Battle of the Bands competition, judged by Sex Pistols drummer Paul Cook, among others. You can catch them at the Horse and Groom, Braintree, this Friday.

Gigs on April 27-29:

- **Star & Garter, Moulsham Street, Chelmsford:** Friday - Storm; Saturday - Dead Man's Hand
- **The Bull, Colchester:** Friday - Grounds for Divorce
- **Cricketers, Southend:** Friday - Broadway Clash; Saturday - Mr Spankey & the Hipthrusters
- **Horse & Groom, Braintree:** Friday - Old Street Rockers
- **Waggon at Wix:** Saturday - Engine
- **Rose & Crown, Bishops Stortford:** Saturday - Yellowhouse
- **Golden Fleece, Chelmsford:** Friday - Hit Parade; Saturday - Luminelectric
- **Railway Hotel, Clifftown Road, Southend:** Friday (9pm) - Bif Bam Pow; Saturday - The Roosters
- **Boars Head, Braintree:** Saturday - Fleeced
- **Benfleet Tavern, Benfleet:** Saturday - Crusader
- **Cow & Telescope, Southend:** Friday - Scooby
- **Smugglers Den, Hullbridge:** Saturday - Fleetwood Dreams

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BOOKSHELF

Best-selling author Catherine Isaac tells **MARION McMULLEN** how a gamble to write under a new name paid off, leading to the movie rights being snapped up for her latest novel

WHEN the producers behind the Twilight film series and The Fault In Our Stars announce they want to turn your new novel into a movie, it's time to pop open the champagne.

Catherine Isaac had enjoyed a decade of best-selling success writing under the pseudonym Jane Costello.

She was a full-time journalist and regional newspaper editor before she wrote her first book Bridesmaids, while on maternity leave and has written nine more page-turning romantic fiction novels – all best-sellers.

But the Liverpool mother-of-three wanted to go in a different direction for her new book, *You Me Everything*, which follows the fortunes of single mum Jess and the lengths we are prepared to go to for those we love.

"This book was so different to what I had done before," she says. "I have had the most fulfilling and enjoyable career and have had all these best-sellers.

"Being a writer is the best job ever. It's lovely. It's something I always wanted to do and being able to do it for a living is marvellous.

"I knew I wanted to go in a different direction for my next novel, but it was a big gamble.

"It still has lots of humour, but it deals with emotional subjects as well. I had to find a new voice for myself.

"It wasn't an easy book to write and there was an awful lot of research involved. I wanted to make sure I had all the details right."

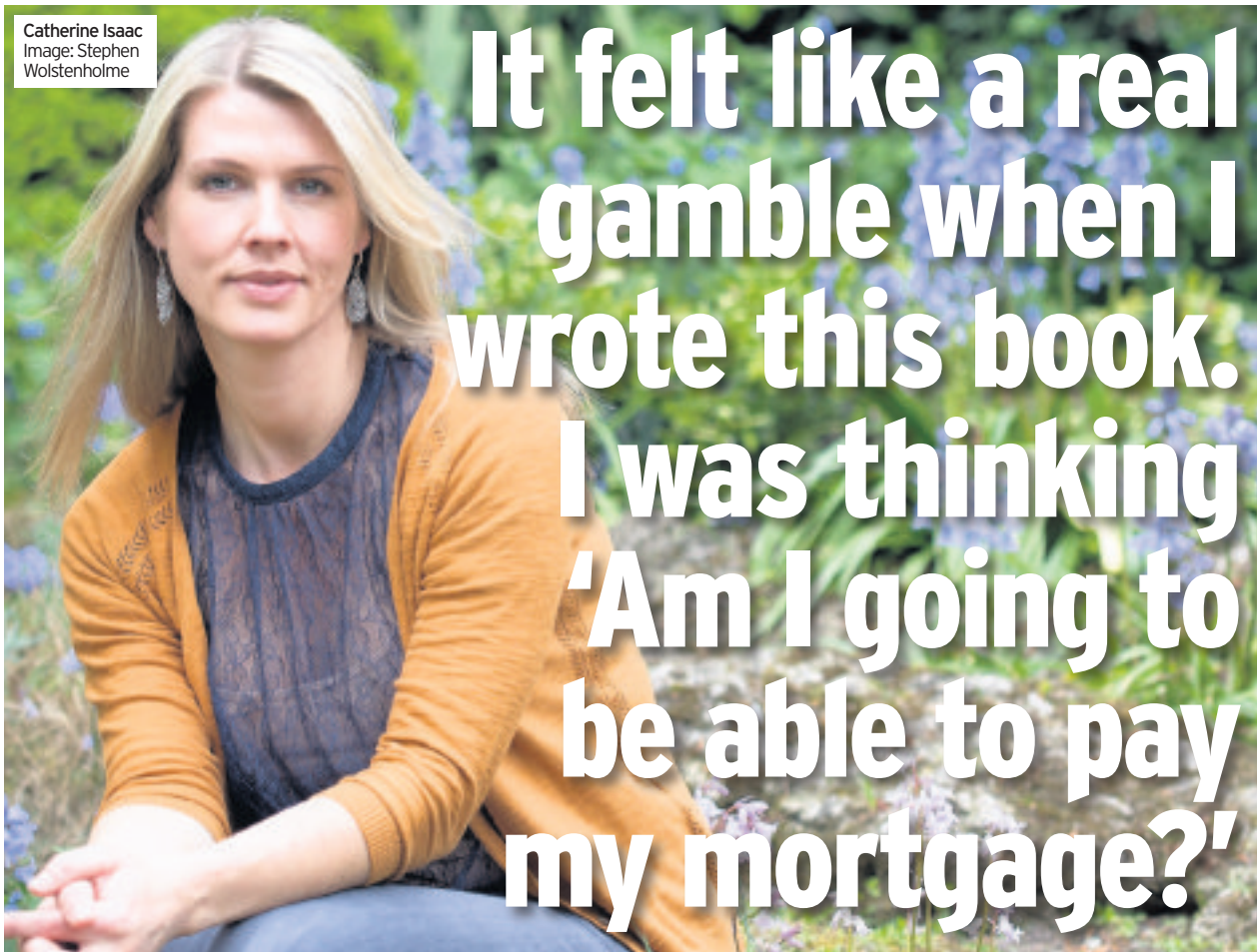
The book has been praised on Graham Norton's BBC Radio 2 show – "I heard it while driving in my car and nearly crashed," laughs Catherine – when I See You and I Let You Go author Clare Mackintosh urged Graham and listeners to read it saying it was "heartbreakingly beautiful".

The novel has also been optioned for film by Lionsgate and Temple Hill Entertainment and received plaudits from other top writers such as Jenny Colgan, who called it "heartwarming, thoughtful and very special".

One Thousand Stars And You writer Isabelle Broom confessed: "I finished it and sobbed off all my SPF50. It broke my heart and made it soar."

But Catherine says she did worry

Catherine Isaac
Image: Stephen
Wolstenholme



about bringing out a novel under a new name that was not familiar to everyone.

"It felt like a real gamble when I wrote *You Me Everything*. It felt like a massive leap of faith. I was thinking 'Am I going to be able to pay my mortgage?' It was such a huge gamble, but all credit to my publishers for believing in the book and supporting it."

The novel follows the fortunes of mum Jess and her 10-year-old son. Her mother Susan lies in a nursing home battling a debilitating disease at just

53 and she forces Jess to face the fact that her son needs his father.

Equipped with her mother's advice and passports, they set off to spend the summer in the beautiful hills of the Dordogne, where ex-boyfriend Adam has set up home. There her greatest problem lies... she must make Adam fall in love with his own son.

Catherine laughingly admits she has drawn on her experiences with her own sons – Otis, Lucas and Isaac – while writing the character of young William, but is quick to point out that although

William is very, very bad at football in the book, her eldest, 12-year-old Otis, is a star soccer player.

Catherine's parents Jean and Phil were involved in a horrific car accident before she and her brother were born and her mother ended up in a wheelchair.

"They are nothing like the parents in the book, of course, but I suppose the story does reflect my mother's positive attitude to life," says Catherine. "She is just an amazing person and my parents both love the book."

You Me Everything is being published in 20 territories including Germany, France, Spain, Norway, Sweden and, for the first time, in America as well.

Catherine, who recently went to Norway to promote the novel, says: "It is beyond exciting. I've been

working hand in hand with top editor Pamela Dorman in America.

"She has worked on books like *Me Before You*, *Bridget Jones's Diary* and *The Secret Life of Bees* and I have learned so much from her."

Catherine also has a new companion to keep her company when she writes – rescue dog Maisie.

"The kids had been begging me for absolutely ages to get a dog and I relented in November.

"We got Maisie from a dogs home. A Shitzu dog had come in pregnant and had four puppies.

"No one has any idea of the breed of the father, but they were just adorable. Maisie

came home with me and my mother has her sister.

"She sits with me when I write and I can't bear leaving her for too long.

"It's funny when I am at events with other authors. Everyone seems to have dogs. It seems to be a writing thing. When we all get together everyone starts showing each other their dog pictures."

Work has already started on the next Catherine Isaac novel and interest in turning *You Me Everything*

into a movie is high. Catherine has already been sent a first screenplay to look at and says she cannot believe how fast things are moving.

"The film producers are well-known for taking books that people

love and making wonderful movie adaptations. We all have ideas in our heads of how characters in our favourite novels should look and sometimes they can get it so wrong in films and you are left disappointed, but I think I am in good hands."

So any thoughts on the perfect leading man for the movie?

"Oh, I should have an answer ready for this,"

laughs Catherine. "I really don't know. I suppose Brad Pitt's too old to play the character in the book?"

"They have said they are keeping the characters British for the movie and with *Twilight* and *The Fault In Our Stars* they cast rising new stars, which I think worked really well.

"Leading men? Let me get back to you on that. How about *Game Of Thrones* actor Kit Harington?"

"Hmm ... I could see that working. But I have no idea who would be the perfect actress to play Jess."

■ *You Me Everything* by Catherine Isaac is published by Simon & Schuster, price £12.99.



Leading man? Kit Harington would be a perfect fit for the *You Me Everything* film



Kristen Stewart and Robert Pattinson in *Twilight* – the makers of which have optioned film rights for *You Me Everything*

SPOTLIGHT

SIR IAN McKELLEN TELLS **MARION McMULLEN** WHY HE'S TURNED TO FILM TO LOOK BACK ON HIS ACTING LIFE

Do you get recognised all over the world following films like *The Lord Of The Rings*, *The Hobbit* and *X-Men*?

(SMILES) Yes, but it's rather nice. I'm basically rather a shy person, but if I find myself in a room full of strangers I find they are generally very friendly.

Children have no problem when they recognise me. It's like going to see Father Christmas in a big shop. They know it's not the real Father Christmas because he's very busy. (Laughs) Also Gandalf and Magneto are not characters to be toyed with.

What would be your perfect day?

I GET up quite late in the morning when I have nothing to do. I like to catch up with the news and have a decent breakfast.

I practise the piano - I'm learning rather late in the day - and I do a bit of pilates exercise. I like doing that.

If the day could end by going to the theatre that would be lovely.

What was your first experience of theatre?

I WENT to the theatre a lot when I was a kid. My parents took me to both amateur productions as well as professional and I became interested in acting. I thought 'That's what I want to be... a performer.' I wanted to find out how it was done.

I like watching other actors and I like all sorts of theatre - musicals, panto, old and new plays. I want to give an audience a good time. That's what I enjoy.

You look back on your career in new documentary film *McKellen: Playing The Part*, which is to be broadcast to cinemas across the country. How did it all come about?

I'VE always been an admirer of director Joe Stephenson's work. I saw his film *Chicken* and thought it was a remarkable first film.

He asked if he could come and do an interview with me on film. I had just decided not to write my autobiography. I had been given a large advance to do it, but found it very difficult. I mean, who are you writing it for?

It was just a project I didn't want to do, but talking about my life to another person on camera was easy. I thought it was a reasonable substitute for writing an autobiography.

What was one of your first Shakespearean roles?

SOMEONE cast me as Justice Shallow in a production of *Henry 4th Part II* and I played the role as a young man when I was at Cambridge with people like Derek Jacobi, Eleanor Bron and Clive Swift.

I shamelessly copied John Barton, who later worked with the Royal Shakespeare Company. He gave me every intonation and it went down well. I got very nice reviews.

I held on to it and did it later for all my auditions for jobs and I did it recently at John Barton's funeral.

He always used to point out that

As long as everything is working why would I want to stop?



Sir Ian discusses his life and love of acting in the new film

Most people in my life knew I was gay, but I hadn't talked about in public before. It was the best thing I ever did in my life.

I go to schools quite a lot now and tell the kids what it used to be like if you were gay and how you were defining yourself as a criminal back then if you were gay and there are always gasps of surprise from them.

You are now 78. Any plans to ever retire?

NO, I enjoy it too much. As long as everything is working - my knees, my brains, and memories - why would I want to stop? I'm getting better and better.

I'm about to do a film with *Gods and Monsters* director Bill Condon, our fourth film together, and Helen Mirren. I've done *King Lear* for the RSC at Chichester and enjoyed it so much I'm about to do it in London at the Duke Of York's, where I made my West End debut in 1964.

It's 100 performances and the seats are very close to the stage. It's very like when I did *Macbeth* with Judi Dench at The Other Place in Stratford. I'm really looking forward to it.

■ **McKellen: Playing The Part** will be broadcast live from BFI Southbank on Sunday, May. 27. Find your closest cinema at mckellenfilm.com

King Lear runs at London's Duke of York's Theatre from July 11 to November 3. Go to atgtickets.com for ticket details.

Shakespeare is on the side of the actors when it comes to language.

I understand you missed your entrance during your first professional acting job at the Belgrade Theatre in Coventry?

(LAUGHS) That wasn't very clever of me. I did the first scene, but didn't get back to the stage in time for the second scene. When I did get back it was to find the actors all coming off after having to do and say all my lines for me.

It was not a good situation at all. But it was a wonderful place to be. You could be a young actor and stay with them for a year and learn on

the job. They used to do a revue every year and put on sketches and sing and dance.

I would have liked to have been a song and dance man but I realised then that I couldn't sing and dance and should stick to acting.

You are heavily involved with gay rights. How did you publicly come out on national radio?

AT the time in 1988, there was Section 28, a law stopping teachers even talking about homosexuality in schools. I was confident enough of myself at the age of 48 to say on Third Ear on Radio 3 that I feel this law is wrong.



HOLLYWOOD and Broadway legend Stefanie Powers is to star alongside Clive Francis in the UK tour of 84 Charing Cross Road about the true story of a friendship spanning more than 20 years between a New York writer and a London bookseller. ■ The tour begins on May 23. Go to twitter.com/84CXROnTour for theatre dates.



AWARD-WINNING hit musical *Everybody's Talking About Jamie* is to be screened live from the Apollo Theatre in London to cinemas across the country on July 5.

The British musical by composer and lyricist duo Dan Gillespie Sells, The Feeling's singer songwriter, and Tom MacRae is based on a true documentary and is an uplifting coming-of-age story about a teenager growing up on a Sheffield Council Estate.

■ Go to everybodystalkingabout-jamie.co.uk for more information.

RISING star Natasha Marshall, pictured, is touring the UK with her critically acclaimed and award-nominated show *Half Breed*.

The one woman partly autobiographical dark comedy is about finding your voice and having faith in yourself. Natasha says: "I want this to challenge people's perceptions. For anyone who identifies with the story I hope this brings them comfort in knowing they are not alone."

■ Go to talawa.com for tour details.



FAMILY MATTERS

YOUNG ADULT BOOK OF THE WEEK



STARFISH Akemi Dawn Bowman, Ink Road, priced £7.99 (ebook £3.47)

★★★★★

THIS heart-wrenching debut novel follows Kiko, an American-Japanese teenager who struggles with crippling social anxiety and a mother who makes her feel ugly and unloved.

When she fails to make it into her favourite art school, Kiko decides to leave everything behind and embarks on a trip to California with her childhood friend Jamie.

Here she finally learns to confront her fears and starts to forge her own path – until a tragedy leads her back home.

Tackling issues such as sexual abuse, suicide and racism, Akemi Dawn Bowman's debut YA novel is a tough read at times, but one that will speak to many teenagers, especially those with mixed-race backgrounds.

It also asks clever questions about the meaning of family and relationships, and shows that it can be a good thing if life doesn't always turn out the way it was planned.

PRODUCT OF THE WEEK



YOUR little ones will be the centre of attention at any social gathering thanks to this new occasion wear range from River Island, above.

The 14-piece Kids & Mini Wedding Guest collection includes six flower girl options as well as three-piece suits for boys. It launches online and in selected stores from May 14, priced from £30.

Dear diary...

Midwife Clemmie Hooper is well-known for her mother-of-daughters posts on Instagram. The mum-of-four tells **LISA SALMON** how to hold on to pregnancy memories forever

Remember your pregnancy by keeping a journal

AS you stare at that positive pregnancy test result or feel your baby's first kick you might think you'll never forget your feelings at that moment.

But in the melee of pregnancy, childbirth and early parenthood, those seemingly unforgettable memories often do slip your mind. Unless, that is, you kept a pregnancy journal to privately record your thoughts.

Midwife and mother-of-four Clemmie Hooper, who has just under half a million Instagram followers for her mother-of-daughters posts, kept a pregnancy journal during two of her pregnancies, and says: "In a world where everything is captured online, I think journaling is a wonderful way of encouraging a bit of self-reflection.

"I wrote in baby journals with my first two, which I treasure and they love reading and seeing all the 'firsts'. With my twins, I was blogging so I documented it there. I'm glad I did though, as whenever I read it back I think, 'God, I can't really remember feeling like that'.

"I've forgotten so much! Mainly how tired I felt – the broken sleep is so hard. But now I can't really remember how I actually felt during that time."

Clemmie's *How to Grow a Baby Journal* has just been published and – as well as including plenty of space for pregnant women to write

about their own thoughts, feelings and experiences during their pregnancy, birth and the early months of their baby's life

– the book is packed with her tips and advice to help support women, with advice for each week of the pregnancy and first month after the birth.

"It's a lovely way to sit and document your feelings during such a major moment in any woman's life," says Clemmie.

"Pregnancy throws up a huge amount of emotions (blame those hormones), and keeping a journal is a therapeutic way of getting it all down on paper. It can be really

cathartic, and is a unique pregnancy diary."

Wanting to give it a try? Here are some top tips for keeping a pregnancy journal.

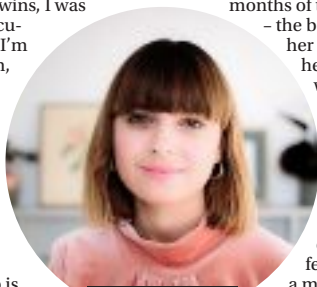
WHAT'S THE BEST WAY TO START WRITING A JOURNAL?

YOU might like to set aside a specific time each day to write and, instead of planning what you're going to write, sit down with the journal and a pen and see what comes into your head – let it flow.

If you have trouble getting started, write about your fears, and any questions or doubts you may have. You might even want to write about why you've chosen to put your thoughts on paper.

WHAT SHOULD YOU WRITE ABOUT?

"ANYTHING really," says Clemmie, "from what it felt like when your



Clemmie Hooper

RICHARD IRVINE

DOUBLE
TROUBLE
FOR A
FIRST-TIME
DAD OF TWINS



The sun has got his hat on, and the whole

ONE of the problems with babies is they don't talk.

We're lost in a limbo of facial analysis and guesswork when attempting to figure out what fires them up.

Obviously, they give out very noisy and expressive clues but mostly for the basic necessities.

And they like to reserve some amusing facial expressions for times of surprise.

Thomas' look of confusion whenever he's placed in a bath never disappoints me.

Or Emma's look of panic when she triggers the nursery rhyme on her



Shake, baby, shake

farmyard animals mobile.

In a bid to broaden minds, boost brainpower and get them chatting, we took them to baby sensory class.

The venue for this adventure to expand their horizons was a church hall. The last time I was

in a church hall, I was wearing shorts, a badge for making a fire, a cap and a woggle, so my life had changed to some degree. I wasn't wearing a woggle.

There were 20 babies, 19 mothers and one father. We kicked off with some singing and Thomas kicked off by going for a number two in his nappy.

I've realised he's like a pigeon. Anywhere new and exciting and he likes to mark his territory with a calling card.

Hoping it would go unnoticed until the singing stopped, I ignored the obvious smell.

20 QUESTIONS TO ANSWER IN A PREGNANCY JOURNAL

NEED inspiration? Clemmie suggests mothers-to-be and new mums could ask themselves these questions as they write their journal:

1. Where were you when you found out you were pregnant?
2. What made you think you were pregnant?
3. Who did you tell first?
4. Are there any foods or drinks you've gone off? Any interesting cravings?
5. Any inappropriate stories of battling through those early weeks?
6. Any funny stories about keeping it a secret?
7. What was your initial feeling when you saw the baby on the scan screen?
8. What tests (if any) did you have?
9. What are the moments you've loved so far about being pregnant?
10. Are there any moments you've not enjoyed so much?
11. Is there anything that's surprised you?
12. How do you feel about your growing bump/changing shape?
13. How has your sleep changed through the pregnancy?
14. What dreams are you having?
15. When is your baby most active?
16. When and how did you go into labour?
17. How does your postpartum body look and feel?
18. What does breastfeeding feel like, and have you had any problems with it?
19. What do you need most? Sleep? Chocolate biscuits?
20. What's your favourite thing about your baby?



Clemmie with husband Simon and their four daughters



Note down all the special memories

baby kicked, to how your body changes and what food cravings you had. It's what's personal to you – in fact, no-one else has to ever read it, so be as honest as possible."

You might choose to write about your body and how it looks, and even take some photos to put in the journal of pregnant you, your bump, and eventually your new arrival. You could outline any fears you may have about being a mum, and how you want to manage your work-life balance once you have a child.

Other ideas for pregnancy journaling include writing about not repeating your own parents' mistakes, and the dreams you have for your baby. And make sure you write plenty about your excitement and happiness too – and how your partner feels.



Keeping a diary can be cathartic

family will be coming out to play

I could see other parents checking their children, shaking their heads and hoped Thomas wouldn't come under suspicion. Unfortunately, we were in a circle and the net was closing with each sniff.

I eventually broke and changed him mid-song about a friendly sun.

Although in time they'll realise the sun is far from friendly, especially if you spend an afternoon by the pool in Lanzarote with no cream on.

This moment away from the crowd gave me space to assess other children, in what is fast becoming a worryingly over-competitive parenting style.

Are mine more animated, prettier,

stronger, funnier or intelligent than the others? Naturally, yes they are, until life proves otherwise.

Anyway, it was back to the throng for more singing, clapping, playing with feathers, ducks and a plastic horse. It wasn't long before the sun was waving us goodbye and the twins were on their way home. There was a definite change in mood but nothing to do with the babies.

They'd smiled and laughed but the biggest change was Victoria.

As was becoming evident, the most important thing about childcare is the adult, and just getting out the house for a bit had made the sun come out for Victoria.



PETER RABBIT COMFORTER

How cute is this gift for baby?

£12, Marks & Spencer



MONEY BOX

This little star silver plated rocking horse would grace any nursery.

£10.99, Argos



STARTER SET

A seven piece slogan starter set includes a bodysuit and hat.

£12, George at Asda

KIDS' PUZZLES!

SPOT THE DIFFERENCE



Can you spot the six differences between the pictures below?

WORDSEARCH

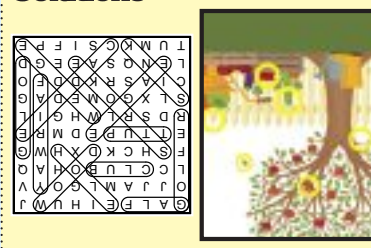
Can you find all these golf terms in the grid?

CADDIE
CLUB
DOGLEG
EAGLE
FAIRWAY
FLAG
GOLFER

HOLE
PUTT
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Solutions



STYLE GUIDE

Shack attack

REMEMBER 'skousers', the skirt-over-trousers one-piece that was in vogue briefly in the late Nineties? Or the 'skort', a skirt at the front, shorts at the back garment that had a brief resurgence a couple of summers back?

Fashion loves a hybrid, doesn't it? But while we aren't ready for the return of those weird cross-pollinations, there's one clothing portmanteau that we certainly approve of – and that's the shacket.

Half-way between a shirt and a jacket (see what they did there?), the shacket is great because it's a) practical and b) looks good. How many trends can you say that about these days?

KATIE WRIGHT with her pick of the top high street shirt-jacket hybrids

It's practical, because it perfectly fits the bill for this time of year, when it's too warm for a winter coat but too cool for a really light jacket.

Feeling chilly when you set off for work in the morning? Button your shacket right up.

Too hot when you're stuck on a stuffy train? Whip it off and chuck it in your bag.

With its utility chic vibes and optional embellishment, the neutral-toned shacket looks cool and, much like a denim or leather jacket, goes with just about anything (as long as it's on the casual side).

Plus, there are tons to choose from – New Look alone has 10 different versions.

Here's our pick of the top shackets on the high street now...



Topshop rodeo shacket £69



Dorothy Perkins khaki utility shacket, £22.50 (currently reduced from £32)

Topshop denim shacket, £38



Fat Face Suffolk camo cotton jacket, £69



V by Very embroidery and stud utility shacket, £40



New Look khaki cotton shacket, £29.99

*Prices correct at the time of going to print. Offers available while stocks last

BEAUTY BUZZ

THE LATEST PRODUCTS
& GLAMOUR
GOSSIP

BETTER THAN BOTOX?

N07 Line Correcting Booster Serum, £38, sparked a frenzy when it was released earlier this month with talk of waiting lists more than 10,000 names long.

Used under serum or face cream, or mixed into moisturiser or eye cream, in trials, it reduced forehead and under-eye wrinkles in a week, and nose-to-mouth folds in a fortnight.

It even impressed women who'd forked out for Botox, with 73% saying it was so good they'd delay booking their next injection.

You just have to get your hands on the stuff...

IT'S A GIFT

WE DO love a gift with a purchase and this latest from Elemis is a winner. Buy two Elemis items (one to be skincare) and get a limited edition make-up bag designed by Lily & Lionel containing travel sizes of Elemis Pro-Radiance Cleanser, Balancing Toner, the new Pro-Collagen Overnight Matrix, Sea Lavender & Samphire Body Cream, Sea Lavender and Samphire Bath & Shower Milk plus a 15-minute in-store facial. On counters now and at elemis.com from May 1, while stocks last.

GET THE LOOK

AS RUMOURS swirl about whether she secretly got married last week, Gwyneth Paltrow popped up in San Francisco for the opening of the new musical *Head Over Heels* (Gwynnie is a producer) in this sparkly Retrofete jumpsuit, left.

For a similar look try this glittery jumpsuit, right, just £23.99 from H&M.



CRUSH OF THE WEEK

Flamingos are flying back for summer 2018 popping up all over fashion and furnishings. Nod to the pink bird trend with this clutch bag, just £14 by George at Asda.



BEAUTY COUNTER

Glitter gives you instant glamour

Supermodel and photographer Helena Christensen tells **KATIE WRIGHT** about the beauty products she can't live without

THE title 'supermodel' is banded around a lot these days and bestowed upon practically any fashionista who has landed a couple of magazine covers, or garnered a few million Instagram followers.

But you know who is without question worthy of that moniker? Helena Christensen.

The Danish beauty's 'super' status was cemented last year, when she was asked to return to the catwalk - alongside Nineties fashion alumni Carla Bruni, Claudia Schiffer, Naomi Campbell and Cindy Crawford - by Donatella Versace to mark the 20th anniversary of brother Gianni's death.

"It was fun and very hectic," Helena says of the experience. "It felt beautiful to honour Gianni by walking together with his sister Donatella and the other girls, whom he cared so much about. And it was emotional to see and feel everyone's reaction afterwards."

That runway renaissance aside, these days the 49-year-old works primarily behind the camera, her latest project partnering with Huawei to shoot a series of portraits on the brand's new P20 Pro smartphone.

As a professional photographer and supermodel, Helena must be a dab hand at taking a sensational selfie?

"Lighting is the most important

factor for an interesting photo. And there doesn't necessarily have to be a lot of light," she advises. "If you have the time, move around with the camera pointed at you and find the unique light. Also, just grabbing the phone and taking a random shot in a car at night with street-lights and other car lights flashing behind you can be really cool."

Obviously, it helps to have the ageless good looks of a supermodel when snapping a self portrait, but the brunette loves make-up as well and is happy to spill on the products she adores most, from the perfect red lip, to mascara that will make your eyes pop.

Get ready for your perfect selfie with Helena Christensen's top make-up must-haves...

■ The Huawei P20 Pro smartphone is available nationwide.

1 RED LIPSTICK

"I love red lips and any lipstick that has a perfect shade of bright lush red is a must. Chanel La Fascinante and MAC Ruby Woo are two great ones."

2 MASCARA

"Givenchy has a wonderful mascara with a rounded tip that gives every lash a beautiful curl and coverage."

Givenchy Phenomen'Eyes Renewal Mascara, £25, FeelUnique.com



Chanel Rouge Allure Velvet in La Fascinante, £31, Boots



Supermodel Helena Christensen, top and above right, with Claudia Schiffer, Donatella Versace, Naomi Campbell and Cindy Crawford on the catwalk at the end of the Versace women's Spring/Summer 2018 fashion collection

3 HIGHLIGHTER

"Shimmer is great for cheeks, eyelids and the top of lips, plus shoulders and collar bones. Marc Jacobs has the perfect one, Dew Drops."

4 LIP AND CHEEK TINT

"Armani Lip Magnet is great for cheek blush and lip tint."

5 GLITTER

"Too Faced has a great eye glitter called Fairy Queen, that gives you instant glamour."

Too Faced Glitter Pop Eyeliner Fairy Queen, £16

Marc Jacobs Dew Drops Coconut Gel Highlighter, £32, John Lewis



Armani Lip Magnet in Fusion, £30



Looking for a hot summer scent? Katie Wright sniffs out the best newcomers.

1 JO LOVES ORANGE BUTTERFLIES, £115 for 100ml

Harking back to holidays in the French countryside, this sunny composition by Jo Malone, is rich with orange blossom, mandarin and neroli.

2 JO MALONE TROPICAL CHERIMOYA COLOGNE, £47 for 30ml

This cologne was dreamt up in Brazil and stars the cherimoya, a sweet-fleshed fruit native to South America. Bolstered with pear, passion fruit and tonka bean. On sale: May.



3 VALENTINO DONNA ROSA VERDE LIMITED EDITION EAU DE PARFUM, £97 for 125ml, Debenhams

This Mediterranean-inspired juice sings with zingy ginger, bergamot and mate tea notes, and is rounded out with Turkish rose and magnolia. On sale: May 1.

4 PAUL SMITH HELLO YOU! EAU DE TOILETTE, £35 for 50ml

This gives ever-popular bergamot and mandarin a spicy spin, thanks to cardamom and pink pepper, rounded out with patchouli and lavender. On sale: May 23.



CELEB SECRET

■ THIS summer, Rihanna will mostly be wearing... sparkle.

That's the message we're getting from her new Fenty Beauty collection, which leaves no spare inch of flesh un-blinded.

As you can see, RiRi has turned herself into a shimmering sex bomb, bathed in **Body Lava Luminizer**, £32, and topped with a good dusting of **Fairy Bomb Glittering Pom Pom**, £32. She'll be gleaming under her sun umbrella, ella, ella. Find the range at Harvey Nichols.



FOOD & DRINK



**PANEER
WE GO**

**MOWGLI
PANEER
(serves 4)**

MY MOTHER used to make paneer by splitting milk with lemon juice and hanging the separated mass from the kitchen tap in a big muslin sack. That udder of pendant promise meant that was paneer curry night. I wanted to share the joy with my Mowgli clients and this sweet, chunky curry is one of the best gifts I can give.

INGREDIENTS:

4 tbsp vegetable oil; 1 tsp cumin seeds; 1 green chilli, pierced; 2 white onions, finely diced; 5 garlic cloves, minced 5cm/2 inch piece of fresh root ginger, peeled and grated; ½ tsp ground turmeric; ¼ tsp chilli powder; 1 tsp garam masala; 1 tsp ground coriander; ¼ tsp ground fenugreek; 3 tsp tomato purée/paste; 200g/7oz canned chopped tomatoes; 1 tsp salt; 1 tsp sugar; 100g/3½oz/⅔ cup frozen peas; 200g/7oz spinach, washed and drained 250g/9oz paneer; ½ bunch of fresh coriander; 2 green chillies, deseeded and thinly sliced

METHOD:

1. Put the oil in a large non-stick frying pan over a medium-high heat. When hot add the cumin seeds and fry until they turn dark

brown and release their aroma. Add the green chilli and diced white onion and fry for 3 minutes, then add the garlic and ginger and fry until the onions are translucent.

2. Add the ground turmeric, chilli powder, garam masala, ground coriander, ground fenugreek and tomato purée and stir until everything is fully combined.

3. Add the chopped tomatoes, 200ml/7fl oz/scant 1 cup water, salt and sugar, bring up the boil, then reduce the heat to low and continue to cook gently for 15-20 minutes, stirring occasionally, until it starts to form a thick and creamy sauce.

4. Add the frozen peas and spinach and cook for 2 minutes until the spinach has wilted, then add the paneer and stir well. Continue to cook for 3-5 minutes until the paneer is soft and giving, but no longer as it will become dense and tough.

5. Finish with the fresh coriander and green chilli just before serving.

I need a style. I looked like a walking cheddar on TV

'YOU'RE only as good as your last curry," laughs Nisha Katona.

She gave up a 20 year career in law and used all her savings to open her first Mowgli restaurant in Liverpool to bring authentic Indian home cooking to diners.

"It was my dream. I was still going to court in the morning, then rushing to the restaurant and waiting on tables in the evening. I did that for three months and then I noticed people were queuing to come into the restaurant and they were enjoying the food. It was an amazing feeling. It was like this juggernaut. It was a risk, a massive jeopardy, but I had to do it."

The self-confessed curry evangelist has seen the success of Mowgli expand over the years and Nisha, 47, is currently co-presenting new BBC 2 series Top Of The Shop with Tom Kerridge championing other food entrepreneurs.

She has also brought out the Mowgli Cookbook packed with some of her favourite recipes.

"How do I find the time to do everything?" she chuckles, "well, if I had an hour spare I would start thinking about another business. I'm even thinking of getting a puppy so I can start toilet training. I'm always doing something, always thinking of recipes and ideas. It's the curse of the entrepreneur. You have these ideas in your head and you can't let them go. Even last night I was picking out new menus."

Nisha's recipes turn conventional curry stereotypes

MOWGLI RESTAURANT FOUNDER NISHA KATONA TALKS TO MARION McMULLEN ABOUT HER SPICE FOR LIFE



Nisha Katona and, inset, her book that gives you the chance to create a fabulous curry



Nisha with Top Of The Shop co-presenters Allison Swan Parente and Tom Kerridge

amazing staff are my family."

Nisha's next challenge now is to find a fashion style she feels comfortable with. She jokes: "I've reached the age when I'm trying to avoid looking like lamb or mutton. I was dressed in black and looked like an undertaker for many years when I was a barrister so I don't want to do that again."

"I've started dressing like a 13-year-old boy, but I need to find a style that works for when I go to business functions. I looked like a walking cheddar on TV the other night. I've even tried stylists, but I ended up looking like a brown Mary Berry. They want me to look like a lovely lady on TV, but that's not me." She laughs: "I'm going to have to work on that one."

■ Mowgli Street Food is published by Nourish Books. RRP £25

■ Catch Nisha on Top of the Shop with Tom Kerridge, Wednesdays, BBC2 at 8pm

MY FRIEND tells me she has started to drink red wine. Mmm, I thought, I've seen her drinking red wine before, but no, she clarified, she has started to drink ONLY red wine. Not whites or pinks, just reds. She's doing this because she "feels better in the morning".

I'm not going to question the quantities of the aforesaid whites and pinks which may lead her to feeling "not" all right in the morning.

My pal said she needed some advice on gentle red wines for beginners, so here I am, your friendly neighbourhood wine writer.

I ran a wine tasting the other week - all reds - and a chap pointed to his wife and said: "she doesn't like red wine". Which was a bit of a challenge.

RAISE A GLASS

WITH JANE CLARE



White wine and rosé drinkers can be put off by the boldness of reds so if you're nervous of trying a red for the first time then lighter ones are a good place to start.

And so it was that one glass in and my apprehensive wife (well, the chap's wife) was won over. Pinot noir did it for her, but later on she didn't like the heartier glasses of shiraz and cabernet sauvignon.

Pinot noir grapes have thin skins and it is mostly the skins which create tannin in a red wine. Tannin

causes the astringent feeling in your mouth (the same as if you drink cold tea). The wine she loved was **Vignobles Roussellet Pinot Noir** (£4.49, Aldi, 12.5% abv) which I've mentioned here before, which has soft but fruity notes.

Beaujolais wines are also a good place to start. These French wines are made from the gamay grape and are produced in a technical way which creates a lovely fruity, jammy style, light on tannin and really easy to drink. At Waitrose **Louis Jadot Chapelle aux Loups, Beaujolais-Villages** (13.5% abv) is reduced from £11.99 to £8.99 until May 15.

Grenache is another good shout for you - it is one of my favourite red grapes and this is one of my favourite wines. **La Garnacha 2015 Salvaje del Moncayo** (£9.99

at Majestic or £8.99 in a buy six deal, 14% abv). It has the character of a pinot noir, light, gentle with notes of herbs, violets, cherries, raspberries and a hint of spice.

If you're a red wine beginner I hope that helps!

■ IN MY GLASS...

THE Co-op has introduced a couple of wines from Bulgaria. **Silver Mine Merlot 2016** (£5.99, 12% abv) is a red from the Thracian Valley, where there's evidence of winemaking going back 3,000 years.

In fact the name Silver Mine is a nod to Roman industry and the ancient silver artefacts which have been found in the region.

On the nose the wine has redcurrants, blackberries,



bramble fruit and a speck of spice. The tannins are soft in the mouth and the acidity is fresh. There's not so much fruit on the finish but hey at this price it is pleasant enough.

Its sister white wine is **Silver Mine Sauvignon Blanc 2017** (also £5.99, 12% abv) which isn't a perky sauvignon like you'd expect from New Zealand, but is softer and rounder. There are gooseberry notes for sure, but it sings more of apple and pears with a touch of stone fruit.

■ Jane is a member of the Circle of Wine Writers. Find her on social media and online as One Foot in the Grapes.

EVERY Indian home needs a rich meat curry. Ordinarily we would only ever cook lamb on the bone, and hence in Mowgli we add marrow bones in for the long simmer. A luxurious richness is brought with the aromatic spicings and I added ground anise and prunes, which turn to a thick, sweet mass in the pan. I love using rotis to mop up the deep, sweet juices.

INGREDIENTS:

6 tbsp vegetable oil; 1 large white onion, cut in half and thinly sliced; 7.5cm/3 inch piece of fresh root ginger, peeled and grated; 4 garlic cloves, minced; 800g/1lb 12oz diced lamb leg; ¼ tsp ground turmeric; ¼ tsp chilli powder; 200g/7oz canned chopped tomatoes; 1 tsp star anise powder; 1 tbsp ground cumin; 1 tsp ground coriander; 1 tsp ground cinnamon; 3 green cardamom pods; 4 cloves; 125g/4½oz prunes; 200g/7oz canned chickpeas/garbanzo beans, drained and rinsed; 2 tsp salt; 2 tsp sugar;

1 small bunch of fresh coriander, stalks and leaves chopped; 1 green chilli, deseeded and thinly sliced rotis, to serve

METHOD

1. Put the oil in a large heavy pan and set over a medium-high heat. When hot add the sliced onion, ginger and garlic and fry for 8 minutes or until the onion has softened and turned golden brown.
2. With the heat still on medium-high, add the diced

lamb, ground turmeric and chilli powder and fry for 6 minutes, until the lamb is browned all over.
3. Next add the chopped tomatoes, 500ml/17fl oz/2 cups water, star anise powder, ground cumin, coriander, cinnamon, cardamom and cloves. Bring up to the boil, then reduce the heat to low and simmer gently, partially covered, for 30 minutes.
4. Add the prunes, chickpeas, salt and sugar and continue to simmer for a further 35-40 minutes or until the lamb is cooked through and tender.
5. Finish by stirring through the fresh coriander and green chilli just before serving with fresh rotis.

NISHA HAD A LITTLE LAMB

HOUSE LAMB CURRY
(serves 4-6)



THE omelette wrap is a very common Indian meal. We have it at breakfast, lunch, dinner or supper. It is a delicious, oozing dish.

This is one of our staff favourites.

INGREDIENTS:

50g/2oz/½ cup grated cheddar cheese
½ tsp ground coriander
¼ tsp ground cumin
1 tsp chopped fresh coriander/cilantro
2 tbsp vegetable oil
¼ red onion, finely sliced
1 small red chilli, deseeded and finely sliced
2 eggs
pinch of salt
1 chapati
1 tbsp Mowgli chutney

METHOD:

1. Preheat your grill/broiler. Mix together the grated cheese, ground coriander, ground cumin and fresh coriander and set aside.
2. Put the vegetable oil in a

small non-stick frying pan and set over a medium heat. When hot, add the red onion and red chilli and fry for 4 minutes or until the onion is soft and translucent.
3. Whisk the eggs lightly with a fork, then pour into the pan

ALL WRAPPED UP

MASALA OMELETTE WRAP
(serves 1)



and give everything a quick mix. Season with the salt and cook gently until the eggs are just set, then sprinkle the cheese mixture on top of the eggs and place under the grill.
4. Grill/broil for 3-4 minutes or until the cheese is bubbling and golden.

5. Take your chapati and spoon on the Mowgli chutney, then carefully slide the cooked omelette out of the pan and on top of the chapati. Roll tightly, slice in half at an angle and serve immediately.

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FAMILY HEALTH

EVERY summer, millions of people love to watch players like Andy Murray and Johanna Konta strive for success at Wimbledon.

But our top players won't be playing forever, and unless more children get involved in the sport, the nation will be left with hardly anyone to cheer for at the big matches.

That's why the Lawn Tennis Association (LTA) is running the Tennis for Kids programme, offering children aged four to 11 a value-for-money and fun introduction to tennis, including six sessions at a participating local tennis club, a racket, balls and personalised T-shirt, for just £25.

Enrolment has now started for the nationwide scheme, which is in its third year and has already inspired more than 35,000 children to try tennis for the first time.

This year, the age groups have been widened and even more tennis clubs are taking part.

Former British women's no. 1 tennis player Annabel Croft, says: "I'm thrilled that Tennis for Kids is back bigger and better than ever."

"Demand has been phenomenal over the past two years, and now that the programme is always available, it's great to know more children have the opportunity to play."

"Tennis is a huge part of my life and some of my best memories have been created on court with my husband and children."

"It really is a sport for all generations, and I hope that by participating in Tennis for Kids, more children fall in love with it."

Alfie Hewett, World no. 1 wheelchair tennis player and 2017 Wimbledon Men's Doubles Wheelchair Tennis champion, adds: "I fell in love with the sport at a young age and I'm fortunate that it's led to my career and the friendships I've made along the way."

"Tennis has given me so much, both on and off the court, and I would encourage any child to give Tennis for Kids a go – it's the perfect place to start."

Joss Rae, a former British tennis doubles player, who now coaches tennis, says: "My parents introduced me to tennis when I was young, and I soon became hooked."

"Now as a coach myself, I'm passionate about getting more children excited and hopefully



Former British No1 Annabel Croft at a Tennis for Kids event last year

Reasons to get the kids playing tennis...

As summer approaches, now is a great time to get kids moving. **LISA SALMON** finds out why picking up a racquet is a great idea



New friends: Children are likely to play against people their own age

continuing to play for the rest of their lives."

If you're unsure about whether to get your kids playing tennis properly, leading LTA coach Sam Richardson, who's been coaching the sport for more than 20 years, explains some of the benefits:

1 PHYSICAL HEALTH BENEFITS

TENNIS is the perfect way to encourage children to be active outside and have fun.

"This sport includes a lot of running around and the use of the entire body, and therefore is a great way to tire out energetic kids – it's a great source of exercise for little ones," says Sam.

Tennis is hugely beneficial for cardio health – the constant movement, quick changes in pace and direction (combining anaerobic and aerobic fitness), makes it one of the best workouts for the heart.

The sport increases strength in growing bones and improves reaction times as you dart to hit the incoming ball – this also increases flexibility, since you

need to adjust quickly to reach different shots.

It also improves hand-eye co-ordination.

2 ANYONE CAN LEARN

CHILDREN can start learning to play tennis without ever having tried it before. Tennis for Kids courses are designed for children who've never played and each session is fun, with some activities open to parents, too.

"You don't need to be Johanna Konta or Andy Murray to want to pick up a racquet – or even need to know who Johanna Konta and Andy Murray are," says Sam.

3 IT'S RELATIVELY INJURY-FREE

TENNIS is a safe sport for children as it's contact-free, and with coaches on-hand during lessons to teach beginners proper technique and form, there's less chance of injury.

There are plenty of health benefits from playing tennis, for both children and adults



IS IT SAFE FOR PREGNANT WOMEN TO GO RUNNING?

QI RUN regularly and have just found out I'm pregnant. Is it OK to keep running, and when should I stop?

A PROFESSOR Andrew Shennan, a clinical director at the pregnancy and baby charity Tommy's Preterm Surveillance Clinic, says: "It's perfectly reasonable to continue running while pregnant, if you wish; indeed we would recommend continuing accustomed exercise. We now know running has no detrimental effect on the size of the baby or when labour occurs."

"Nearly 1,300 regular runners around the world from the parkrun community were investigated in the biggest study of running in pregnancy to date, and it found that frequent and intense running was also safe."

"It's important to be fit for birth, and exercise in pregnancy is known to be beneficial, including reducing backache, swelling and improving circulation (and veins), as well as being associated with better mental health and feelings of wellbeing."



It's OK to continue running during pregnancy but listen to your body and don't overdo it

"However, listen to your body, and don't overdo it, as your body will not be the same and it isn't a time to start doing new strenuous exercise. As long as you feel comfortable and your joints are fine, it's safe to continue running until the end of pregnancy or birth."

"Even intense or frequent exercise is OK to continue, as long as you're used to it – although long distance running (for hours) in early pregnancy should be avoided as the body temperature goes up and this may affect the baby's early development (first 12 weeks)."

"Some women are concerned about their pelvic floor, but exercise, including running will reduce problems related to this (e.g. prolapse)."

"National recommendations suggest 20 minutes of exercise a day in pregnancy but avoid contact sports or scuba diving. It's alright to do more if you're used to it, but if you start exercise for the first time in pregnancy, build up gradually."



Prof Andrew Shennan

4 TENNIS IMPROVES THE MIND AS WELL AS THE BODY

TENNIS helps players with problem solving and discipline, and teaches them how to work best in a team, listen to directions and play fairly.

"I've also noted that kids are more confident after playing tennis, and that shy kids often come out of their shell after a few lessons," says Sam.

"Tennis sessions teach children how to not only work with a partner, but individually, which helps to encourage good sportsmanship and responsibility, which can sometimes be lost in larger team sports."

5 THEY'LL MAKE NEW FRIENDS

CHILDREN learning to play tennis are likely to play with or against children of a similar age, and having fun and playing games with others means many new friendships can be forged on the courts.

Parents are also likely to benefit from meeting other parents at the tennis club.

6 IT'S GREAT FOR ALL THE FAMILY

TENNIS is a sport that both adults and children can get involved with, and it can help the whole family come together.

Sam says: "I love nothing more than seeing families coming out to play tennis, as it's a great game for all generations – it can be rigorous and intense, but also allows you to play at your own pace and ability."



For all the family: Everyone can get involved

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CELEBRITY WELLBEING

I have found myself by being a father. I'm not into working away from home

Actor Jason Hughes tells **GABRIELLE FAGAN** about avoiding burnout, how he stays healthy and balancing work with family life

JASON HUGHES broke TV ground when he played gay lawyer Warren Jones on BBC's *This Life* in the Nineties. Since then, he's found fame as detective sergeant Ben Jones in the perennially popular *Midsomer Murders* and in this year's ITV hit, *Marcella*.

You were destined for a career in sport at one stage, weren't you?
"I WANTED to be [a sportsman], I was a good rugby player and a good cricket player, too. I played for my county at cricket, and I went through to the boys' clubs of the Wales squad. Had I not had my drama teacher at school, I think I would've ended up trying to go into playing rugby in some shape or form."

You've previously said that you experienced burnout after seven years of travelling backwards and forwards for *Midsomer Murders*. Why was that?

"(WHEN I was filming) I got up at half-past four every morning, got into the shower, was in the car at five o'clock, drove to a train station to get a train from Brighton to Gatwick, where I'd then be driven to the set."

Then I'd work 11-hour days before going back to Gatwick to get the train to Brighton. I'd get home at half-past nine at night and then get up at half-past four the following morning.

"The producers helped me out by offering me places to stay, and if there were heavy days, they'd put me up for a couple of nights here and there. That broke the week up, which was good, but essentially, getting up

and doing that for eight or nine months of the year – I just couldn't keep it up any more."

Are there any types of fitness that you're loving at the moment?

"I LOVE yoga, I think it's the most brilliant thing for your body and your mind. I go to this extraordinary yoga teacher called Jim Tarrant in Brighton and I think he's just incredible – so much so, that if I know he's not taking the class that week, I'll skip it! I recently went on a yoga retreat in India with him, which was amazing."

"I also like to swim. I don't like weights; with getting nearer to 50, it seems a bit of a false economy, because the moment you stop it all shrinks to nothing again. I'd rather do something like swim a couple of miles a week and be able to take a break from it."

You're a father to three children. What does being a dad mean to you?

"I THINK I've found myself by it. I'm

“

I love yoga, I think it's the most brilliant thing for your body and your mind...

Jason likes to keep fit

not a guy of a million hobbies and I get involved with my family because my dad was away a lot when I was a kid; he worked abroad building paper mills, highways, bridges and nuclear plants. Obviously, it was to provide for us, but the downside was that we never really saw him."

"I do myself out of work, because I'm told it's going to happen in pockets of the country where I'd have to be away for three, four, five or six months, and I'm just not into it. I'd rather be near home. It's what made *Midsomer* so tricky: I wanted to be a presence in their lives, and it was important that I was there."

What would you tell your younger self?

"TO NOT be so volatile, to be calm and to be patient. Also, not to be so angry, melancholic and impatient. I think I would tell my younger self that life is OK and to believe in yourself."

"Retrospection is a finite science. I think I've said or done stuff in my time which I probably wish I hadn't, but what's the point of dwelling on things? I can't change them and they're done now, so I just live for the moment. I don't really think I've nailed it yet, but I'm trying."

Now that you're 47, do you feel your age?

"I WAS standing outside the other day – I'd had a particularly busy day for some reason – and I suddenly said my age out loud. For the first time, it dawned on me that I'm almost at the end of my 40s. It's weird – you just sort of feel that you're still youthful."

Actor Jason Hughes



What are your best qualities?

"I'M kind and I think I'm generous; I care about people that I love and people I work with. If people ask me for help, I always try to give it to them."

"I think I'm also somebody who makes something happen if it needs to. If we feel that things are not going well at home and things need to be changed, I make it happen. If my daughter or my kids need anything, I make it happen. If there's a problem at work that's not going right? I make it happen."

When did you last cry?

"I CAN'T watch stuff on TV about people winning something against the odds, or emotional family stories, without bursting into tears. I can't stop myself. One *Born Every Minute* reduces me to sobs – I'm hopeless! That show particularly brings back the emotion and joy of my own kids being born."

Do you share any qualities with your *Marcella* character Vince Whitman?

"I THINK he's a guy that comes from humble beginnings and he's really had to fight for everything he's had. He has a very strong work ethic and he's one of those people that can't face being beaten by anything. When backed into a corner, he comes out fighting."

■ Jason Hughes appears as Vince Whitman in series two of *Marcella*, which is available on DVD now.



1 HONEY'S antibacterial and anti-inflammatory properties can calm and soothe irritated skin, as well as being loaded with enzymes and other nutrients that nourish and cleanse the surface – some beauty bloggers even claim it's cleared up their acne.

Honey is a natural humectant, meaning it hydrates the skin by drawing in moisture from the air.

Try mixing two tablespoons of raw or Manuka honey with one tablespoon of uncooked porridge oats for a DIY exfoliating mask.

2 HONEY is jam-packed with polyphenols – antioxidants that have been linked to increased blood flow and preventing blood clots from forming. One study in rats even showed honey can protect the heart from oxidative stress, which can contribute to heart attacks and stroke.

3 AS A carbohydrate made up of fructose and glucose, honey makes for a high-powered, natural energy snack. Unlike refined sugar, it also contains small amounts of proteins and minerals such as B6, riboflavin and amino acids; compounds that help the body metabolise bad cholesterol and fatty acids.



4 WHEN applied topically, researchers believe honey can have a healing effect on painful burns and lesions. Applying honey to wounds has been a technique that's been around since ancient Egypt.

5 A 2001 study by the Dubai Specialised Medical Center discovered that raw honey can be used to treat scaling, itching and hair loss thanks to its anti-fungal, anti-bacterial, and antioxidant properties.

Mix two tablespoons of vegetable oil with equal amounts of honey and apply it to your hair for a DIY hair mask. Leave it to sink in for 15 minutes, and then rinse it off before you shampoo.

6 TRY easing a cough with a spoonful of soothing honey. A 2012 study published in the journal *Pediatrics* found children with upper respiratory tract infections experienced more cough relief after drinking 1.5 tablespoons of labiateae (it's an aromatic) honey 30 minutes before bedtime, than those that received a placebo.

PAST TIMES

And the royal bride wore... **MARION McMULLEN** looks at wedding dresses fit for a princess as preparations gather pace for Meghan Markle and Prince Harry's big day

ALL eyes will be on THE dress when Meghan Markle walks down the aisle to marry her prince at St George's Chapel at Windsor Castle on May 19.

She said in an interview with *Glamour* magazine two years ago that her dream wedding gown would be classic and simple with perhaps a modern twist. She said: "I personally prefer wedding dresses that are whimsical or subtly romantic."

What the actual dress will look like is being kept top secret, but Meghan will be following in a long tradition of designer dresses and royal brides.

Prince Harry's great-grandmother Lady Elizabeth Bowes-Lyon, the Queen Mother, married the Duke of York - later King George VI - on April 26 in 1923.

She left her London home in Brunton Street for the ceremony at Westminster Abbey wearing a veil and a drop-waist embroidered ivory silk gown embroidered with pearls and a silver thread. It was designed by Queen Mary's former court dressmaker, Madame Handley Seymour, and the bridal gown was also adorned with old lace loaned by Queen Mary.

Interest in the wedding was high in post-First World War Britain, but the ceremony was not broadcast on radio because the Archbishop of Canterbury feared some men might listen to it in public houses.

Rationing was still in force when Princess Elizabeth and Lt Philip Mountbatten married in 1947. Britain's future queen used ration coupons to buy material for her ivory silk dress, which was designed by Norman Hartnell.

It was embroidered with 10,000 tiny white seed pearls, silver thread, sparkling crystals and transparent appliqué tulle embroidery and took a workforce of 350 women seven weeks to make.

Her sister Princess Margaret also wore a Norman Hartnell dress of silk organza when she married Antony Armstrong in 1960.

Princess Anne opted for a Tudor-style high-neck gown with trumpet sleeves designed by Maureen Baker of Susan Small when she wed her first husband Captain Mark Phillips in 1973. Her wedding attire was more low-key when it came to her second marriage to Timothy Laurence at Crathie Kirk, near Balmoral Castle, in 1992. Her wedding outfit then consisted of a high-neck knee-length dress with a co-ordinating jacket and a floral headdress.



Princess Diana and Prince Charles arriving at Buckingham Palace after the wedding. Below right, the *Daily Mirror* celebrates THAT dress



Princess Anne and Captain Mark Phillips on their wedding day in 1973. Left, a design for Princess Margaret's dress

Queen Victoria married Prince Albert in 1840

Prince Edward and Sophie Rhys-Jones tied the knot in 1999

Here come the brides



Elizabeth Bowes-Lyon (the Queen Mother) sets off for her wedding in 1923



Princess Elizabeth and Lt Philip Mountbatten were married in 1947



Prince Andrew married Sarah Ferguson in 1986



Kate Middleton in her dress by Sarah Burton for Alexander McQueen

It felt like the whole world was watching when Lady Diana Spencer married Prince Charles in 1981 at St Paul's Cathedral. Her ivory silk taffeta wedding dress was an eye-catching spectacle designed by David and Elizabeth Emanuel.

It was valued at £9,000 and included a 25ft train and antique lace. The ensemble featured more than 10,000 pearls, a large taffeta bow and puffed sleeves and featured Queen Mary's lace sewn on to the front. A back-up dress was also made... just in case there were any mishaps on the big day.

Sarah Ferguson wore an ivory duchesse satin and beaded wedding gown by British designer Linda

Cierach when she married Prince Andrew in 1986. The couple, who divorced 10 years later, were both represented in the dress that included anchors and waves for Prince Andrew and bumblebees and thistles inspired by Sarah's family crest.

Sophie Rhys-Jones wore one of the Queen's diamond tiaras when she married Prince Edward in 1999. Now known as the Earl and Countess of Wessex, Sophie's V-necked, long-sleeved wedding dress was designed by Samantha Shaw.

Kate Middleton chose a long-sleeved lace dress designed by Sarah Burton for Alexander McQueen for her wedding to Prince William in

2011. It is thought to have cost around £40,000 and was hand stitched using the Carrickmoss lace-making technique by a team at the Royal School of Needlework at Hampton Court Palace.

The embroiderers wore gloves and had to wash their hands every half an hour to keep the lace and thread in pristine condition.

The wedding dress featured a satin bodice and a silk tulle skirt and her bridal train measured just under 9ft. Kate's iconic wedding dress later went on display at Buckingham Palace and was immortalised in miniature form as a silver Monopoly piece to mark the royal couple's first wedding anniversary.

However, Queen Victoria's choice of a white wedding dress to Prince Albert in 1840 sent ripples through society. Colourful dresses were the usual choice for brides at the time, but Victoria decided it was time for something different.

She wrote of her wedding day in her private journal saying: "I wore a white satin dress, with a deep flounce of Honiton lace, an imitation of an old design. My jewels were my Turkish diamond necklace and earrings and dear Albert's beautiful sapphire brooch."

She described it as the happiest day of her life and said: "I felt so happy when the ring was put on, and by my precious Albert."

PUZZLE TIME

Pathfinder

Beginning with the top highlighted letter, follow a continuous path of words associated with the given subject. The trail goes through each letter once, twisting up, down and sideways, but never diagonally.

Protected areas of England and Wales

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | O | F | S | A | R | T | O | R | S | M | D | I | U | T |
| E | S | E | C | D | A | M | O | B | N | E | N | P | O | H |
| A | K | L | I | L | L | U | E | R | O | C | I | H | S | D |
| I | D | S | I | L | Y | S | C | B | E | A | L | L | S | O |
| S | T | R | T | E | P | N | O | N | W | S | T | S | N | W |
| N | I | I | C | M | B | I | N | E | O | L | O | C | E | D |
| C | L | A | O | C | R | O | R | P | S | D | H | I | R | A |
| O | T | S | R | E | E | K | E | W | Y | K | S | S | E | L |
| L | H | I | I | H | S | S | G | O | O | R | A | L | D | H |
| N | S | R | E | O | O | R | Y | H | S | I | K | A | N | I |
| N | O | D | W | M | K | R | O | T | T | D | E | L | H | G |
| I | A | W | O | L | T | N | O | R | R | I | E | R | W | E |
| A | T | O | N | D | S | E | R | A | T | C | B | H | T | A |
| M | V | A | S | S | N | E | O | N | E | S | M | U | R | L |
| A | R | L | L | E | Y | W | F | G | L | E | Y | N | O | D |

Split Decision

Cross out one of the two letters in each divided square to reveal a completed crossword grid.

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| T | B | A | J | G | L | V | O | N | B |
| R | L | | | I | U | | A | E | |
| I | U | N | L | T | A | E | R | A | R |
| C | R | | | R | N | | T | R | |
| Y | K | W | E | T | M | P | S | E | |

Sudoku

There is one simple rule in Sudoku. Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

Easy

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | | | | 3 | | 6 | 2 | |
| | 2 | | 5 | 6 | | | 7 | |
| 3 | | | 2 | 1 | 9 | | 4 | |
| | | | 2 | 3 | | | 8 | |
| | 6 | 8 | 1 | | 7 | 5 | | |
| | 3 | | | 8 | 5 | | 1 | |
| 9 | | 2 | 4 | 5 | | | 3 | |
| | 4 | | | | | | | |
| 6 | 5 | | | 7 | | 8 | | 1 |

Hard

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | | | | | 4 | | | |
| | | | | 9 | | | 7 | |
| | | 9 | | 8 | | 6 | 5 | |
| | 8 | | | 5 | | 9 | | |
| | | 5 | 1 | 6 | 8 | 2 | | |
| | 3 | | 2 | | | | 5 | |
| 9 | 1 | | | 7 | | | | |
| 4 | | | 6 | | | | | |
| | | 3 | | | | | | 6 |

Two Speed Crossword

This two-speed crossword has two sets of clues, but just one grid. If you can't solve the Cryptic clue, try the Quick.

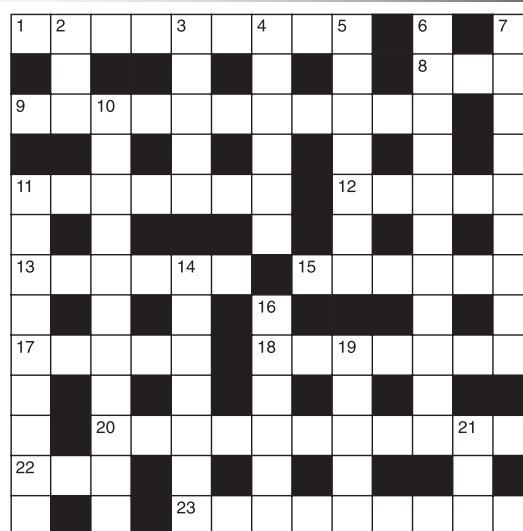
Cryptic

Across

- Mischievous adventures with publicity in getaways (9)
- Employ some house-surgeons (3)
- Unusual party with atmosphere getting thinner (11)
- Say fist will prove adequate (7)
- Back part of fork is neither strong nor pliable (5)
- Short bar put round (6)
- A trend to be fiery (6)
- Stone with relief turned up on ring (5)
- Suddenly rolled to see hothead curled round (7)
- Fetch her - not from that time on (11)
- Fabulous bird is nothing in church (3)
- Three feet at a time near the compound (2,3,4)

Down

- It's bewildering with all at it (3)
- Swells up evidently from smoking (5)
- Yes, cad does get more and more rotten (6)
- Does one slide about in such footwear? (7)
- Mingle - she's worth hurrying for, apparently (3,8)
- Happy to carry little weight indeed! (9)
- When the contestants meet again, is it a case of marriage on the rebound? (6,5)
- They are looking for bowmen from the south-east (9)
- Saying is in favour of part of speech (7)
- Bring to light that 100 lie about it (6)
- Ransack for a weapon (5)
- Something to put on the road - a sailor on his head! (3)



Scribble pad

Quick

Across

- Romps (9)
- Utilise (3)
- Less dense state (11)
- Please (7)
- Tine (5)
- Curt (6)
- Passionate (6)
- Engraving (5)
- Pitched (7)
- Thereafter (11)
- Legendary bird (3)
- In large quantities (2,3,4)

Down

- Ocean (3)
- Short gusts (5)
- Rots (6)
- Light shoe (7)
- Blend (3,8)
- Joyful (9)
- Second fixture (6,5)
- Seekers (9)
- Saying (7)
- Evoke (6)
- Firearm (5)
- Road covering (3)

Codeword

This puzzle has no clues. Instead, every number printed in the grid represents a letter, with the same number always representing the same letter. For example, if 8 turns out to be a V, you can write in V wherever a square contains 8. Using your knowledge of words, complete the puzzle.

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | 8 | | 13 | | 22 | 7 | 16 | 9 | 15 | 4 | 12 | 7 |
| 21 | 26 | 1 | 20 | | | 15 | | 19 | | 19 | | 11 |
| | 1 | | 15 | 25 | 26 | 16 | 10 | 11 | | 13 | 16 | 24 |
| 2 | 13 | 15 | 6 | | | | | 16 | | 15 | | 4 |
| | | | 4 | | 8 | 13 | 22 | 9 | 15 | 4 | 23 | 12 |
| 22 | 17 | 26 | 22 | 12 | | 18 | | 4 | | 26 | | 14 |
| 23 | | 1 | | | 16 | 24 | 8 | | | 22 | | 24 |
| 15 | | 4 | | 19 | | 15 | | 22 | 9 | 13 | 6 | 6 |
| 1 | 11 | 19 | 16 | 15 | 6 | 6 | 7 | | 6 | | | |
| 8 | | 24 | | 10 | | | | | 26 | 4 | 23 | 12 |
| 15 | 1 | 8 | | 10 | 19 | 15 | 5 | 13 | 1 | | 19 | |
| 6 | | 13 | | 26 | | 3 | | | 4 | 12 | 24 | 22 |
| 22 | 9 | 19 | 26 | 4 | 5 | 13 | 19 | | 12 | | 20 | |

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |

Wordsquare

Give yourself ten minutes to find as many words as possible using the letters in the grid. Each word must use the central letter and at least 3 others, and letters may be used only once. You cannot use plurals, foreign words or proper nouns, but verb forms ending in 's' are permitted. There is one 9-letter word to be found.

How you rate:

6 words - average; 9 words - good; 12 words - very good; 15 or more - excellent.

| | | |
|---|---|---|
| H | L | I |
| L | A | N |
| I | C | B |

Quiz

- What is the unusual title of the film starring Frances McDormand which recently took the award for Best Drama film at the Golden Globes?
- Which strait separates European and Asian Turkey and connects the Black Sea with the Sea of Marmara?
- For which infectious disease is rubella the technical name?
- Which former music hall comedian starred in the films Oh, Mr Porter! and Ask a Policeman?
- Which nocturnal flightless bird is a



Q1 - Frances McDormand

- national symbol of New Zealand?
- What name is given to a thick-skinned mammal such as an elephant, rhinoceros or hippopotamus?
- Which Sicilian criminal organisation is known as Cosa Nostra in the United States?
- Which spirit is distilled from molasses derived from sugar cane?
- What is the Islamic name for God?
- Which king of Wessex was said to have allowed a peasant housewife's cakes to burn?

LAST WEEK'S SOLUTIONS

Pathfinder

The Avengers, Django Unchained, Lakeview Terrace, Snakes on a Plane, Mother and Child, Jurassic Park, Pulp Fiction, Changing Lanes, Unbreakable, Die Hard with a Vengeance, Eve's Bayou, The Incredibles, Jungle Fever, A Time to Kill, Coach Carter, Jackie Brown, Goodfellas, Deep Blue Sea.

Quiz

- Guess the Star; 2. Piano; 3. Botany Bay; 4. Madeira; 5. Leningrad; 6. Hazel; 7. Spain; 8. The Reformation; 9. San Andreas fault; 10. Maelstrom.

Two-Speed Crossword

Across: 7 Abacus; 8 Troupe; 10 Gas-lamp; 11 Split; 12 Eros; 13 Prune; 17 Strip; 18 Loaf; 22 Revel; 23 Restive; 24 Parity; 25 Second.
Down: 1 Cargoes; 2 Bassoon; 3 Sugar; 4 Present; 5 Bully; 6 Berth; 9 Spurrers; 14 Athlete; 15 Monitor; 16 Offends; 19 Tripe; 20 Overt; 21 Aster.

Wordsquare

SECONDARY

Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 4 | 5 | 3 | 9 | 2 | 1 | 7 | 8 |
| 1 | 9 | 3 | 7 | 4 | 8 | 2 | 5 | 6 |
| 2 | 7 | 8 | 1 | 5 | 6 | 3 | 9 | 4 |
| 4 | 8 | 6 | 2 | 1 | 7 | 9 | 3 | 5 |
| 9 | 1 | 7 | 4 | 3 | 5 | 8 | 6 | 2 |
| 3 | 5 | 2 | 6 | 8 | 9 | 7 | 4 | 1 |
| 7 | 2 | 9 | 5 | 6 | 1 | 4 | 8 | 3 |
| 5 | 3 | 1 | 8 | 7 | 4 | 6 | 2 | 9 |
| 8 | 6 | 4 | 9 | 2 | 3 | 5 | 1 | 7 |

Split Decision

| | | | | |
|---|---|---|---|---|
| P | L | U | M | P |
| O | | S | | U |
| S | T | U | M | P |
| T | | A | | P |
| S | I | L | L | Y |

Codeword

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| J | F | K | U | I | B | X | G | A | R | Y | P | O |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| N | Q | M | C | Z | E | D | L | H | W | V | S | T |

THURSDAY, APRIL 26, 2018

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PROPERTY & LIVING



GOLDEN TOUCH

Marigolds are not just a pretty face, but a gardener's best friend

PAGES 50&51



GOOD MEWS

This two bedroom terraced property is situated in Alexander Mews - a private cul-de-sac on the outskirts of Harlow within Potter Street and close to Harlow Common. PAGES 46&47

HOT HOUSE



CHAIN FREE MEWS HOME



SELLING POINTS

Address... Alexander Mews, Harlow

USP... Lounge, kitchen, two bedrooms one en-suite, shower room, rear garden

Price... £338,000

Agent... Centurion on 01279 400444

A great house for first time buyers has just come onto the market. This two bedroom terraced property is situated in Alexander Mews - a private cul-de-sac on the outskirts of Harlow within Potter Street and close to Harlow Common.

It features gas central heating, double-glazed windows and a luxury fitted kitchen with oven and hob.

Downstairs is a lounge/diner, entrance hall, kitchen and master bedroom with adjacent shower room.

Upstairs is a second bedroom with en-suite bathroom.

The rear garden is mainly laid to loose stones and features a path, six foot fencing and a garden shed.

There is no onward chain which could speed up the buying process.

The property is on the market for £338,000 through Centurion Property in Market Street, Harlow.

To request details or to arrange a viewing call 01279 949163 or visit <http://centurionproperty.co.uk/>



STYLISH AND CONVENIENT

Situated at the end of arguably one of Bishop's Stortford most sought after roads is this unique and attractive detached family home. Its established location in Westfield Road is within easy walking distance of Northgate Primary School and Bishop's Stortford College as well as the main town centre and railway station.

The well-planned accommodation is spread over two floors and offers spacious family living which includes four bedrooms, three reception rooms, two bathrooms, a large kitchen breakfast room with separate utility room and cloakroom.

The property also benefits from planning consent enabling conversion of the existing garage to create an additional lounge and study on the ground floor and a large master bedroom with en-suite and separate

dressings room on the first floor.

At the moment the fourth bedroom is set within the garage area.

The property is positioned centrally within its plot and is surrounded by low maintenance gardens made up of patio, deck and lawn areas.

To the front, the property is accessed by its own private driveway via a five-bar gate. There is ample driveway parking with pedestrian side access to the rear and side gardens. The property is offered with no onward chain.

It is on the market for £850,000 through Russell Property in North Street, Bishop's Stortford.

For more details or to request a viewing call 01279 501 500 or visit www.russellpp.co.uk.





HOME ADVICE

With Alex Neill of Which?



BURGLARS TARGET THE 3-BED SEMI

TOP TIPS

1. Burglars hate homes that are occupied. You obviously can't stay in all the time so leave lights on - invest in a timer switch.
2. Dogs are a deterrent. You can buy dog recordings linked to infra-red switches!
3. Always lock windows and doors before you go out. Thieves rarely smash their way in - except in isolated locations.
4. Lock sheds and outhouses. It's surprising how many valuable items such as power tools and sports equipment are kept in garden buildings.
5. Never keep car keys by a door - that makes them easy to find and simple to steal.
6. After a burglary, insurers usually recommend increasing the quality of locks and other defences. So check these before you experience trouble!

Where you live plays a big part in whether your home is burgled. But it's not just the area - rather it's the type of property you live in that's attractive or off-putting to thieves.

The most popular target for break-in merchants is the three-bedroom semi.

New research by Churchill Home Insurance says three-bedroom homes are at greatest risk, accounting for almost half (46% to be exact) of home burglaries.

And that's not just because the three-bed home is most common across the country. It's more down to the attractiveness of that type of property to thieves.

Which?

To work out what burglars look for, you have to think like one. Because they rarely know whether you have loads of valuable items to steal or not, most burglars look first for an easy target. And it's usually only once they are in your home they search for things to take.

The classic three-bedroom semi is often easy meat for them. It can be simple to access the side and back - so they can get in without anyone noticing.

Equally, homes at the end of a terrace are more vulnerable than those in the middle, as they have side or rear entry. On terraced streets, end proper-

ties account for over a quarter of break-ins, even though they're a small fraction of each road's total housing.

If you live in a flat, the research shows the higher up you live, the safer you are from unwanted attention. The figures reveal living in a ground-floor flat means you are twice as likely to be burgled than someone on the first floor, with ground-floor break-ins accounting for 65% of all apartment burglaries, according to the insurer.

Both ground and first floors are simple to climb into. They often have easy to access balconies with doors and windows left unsecured - offering a quick way in and, just as important, a rapid route out in case of discovery or disturbance.

Higher up is safer - here the big risk is "distraction" theft, where someone knocks on the door claiming to have a parcel or to come from a utility company before barging in and



Three-bedroom homes can be easy meat for burglars

taking things.

Long term, burglaries have declined as easy-to-sell electronics have become too cheap to bother with and homeowners take better precautions.

But in April 2016 to March 2017, the

most recent year where records exist, the welcome downward trend reversed - there were 171,527 recorded incidents domestic burglaries - up 2% on the previous year.

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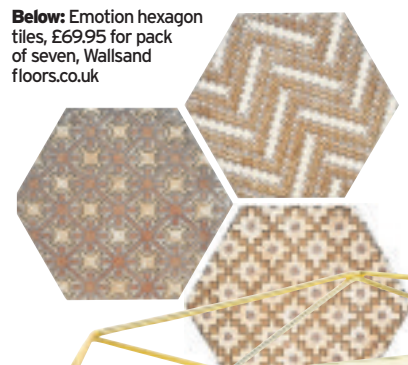
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SHOP HOME

Below: Emotion hexagon tiles, £69.95 for pack of seven, Wallsand floors.co.uk



Above: Zabel bedside table, £149, Swoon Editions.com

Left: Hanging hexagon mirror, £10, George.com



Below: A by Amara hexagon table, £120, Amara.com



Above: Jmbra Prisma jewellery tray, £15, RedCandy.co.uk



Right: Hexagon cushion, £13, 3&Q



Right: Hexagon geometrical print cushion, £25, Marks & Spencer



Hex appeal

Six sides is the shape of things to come this Spring/Summer



Right: Hygena wall clock, £6.99, Argos



Above: Hexagon concrete storage jars, £22-£26, Cultfurniture.com



Queens medium hexagonal side table, £369, Barker & Stonehouse

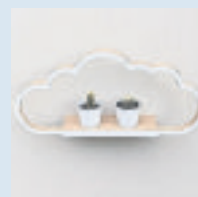


Above: PLAY hexagon footstool, from £129, DFS.

*All prices correct at time of going to press



...RAINY DAY PURCHASES



CLOUD COVER
Cloud shelf, £25, NotOnTheHigh Street.com



GOING DOWN A STORM
Cushion, £14, Andshin.co.uk

Left: Olly rug, £129, Furniture village.co.uk



IT'S A STORM IN A TEAPOT
Cloud teapot, £8, George at Asda



CATCHING THE DROPS
Bamboo tray, £6.95, Rex London



YOUR GARDEN

With Diarmuid Gavin

This is the year of the marigold, according to Fleuroselect, the international organisation for ornamental plants, and why not? It's a plant that deserves its spot in the limelight, and not just in 2018.

The marigold has been around for centuries, is one of the easiest annuals to grow and rewards you with tonnes of colourful flowers throughout the summer.

Given its petite stature, it will find a place in the smallest of gardens, balconies or window boxes.

There are two types. First, the pot or common marigold, *Calendula officinalis*, which is a short-lived perennial and can be sown directly outside from March onwards, where you would like it to flower.

It's not fussy about soil, but prefers full sunshine and is very quick to flower from sowing – in around two months.

The other type are the French and African marigolds (*tagetes*) – these hail from Mexico and are half-hardy annuals so they can only go outdoors after risk of frost is gone.

To cultivate these you can sow seed from March onwards indoors. Plant seeds into single small modules or pots. They like a temperature of 21°C to germinate – a warm kitchen windowsill is ideal.

Gently acclimatise seedlings to the outdoors

A touch of marigold magic

Easy to grow, and not just a pretty face – as pesky aphids will discover

They attract bees and butterflies which helps pollinate other flowers

and transplant into their final position in May. If you're not keen on

sowing, there will be plenty of ready-to-go plants in the garden centres, but if you are buying them now make sure you don't put them outdoors yet – while temperatures have improved hugely, we may get another blast of frost – and this would destroy these tender bedding plants.

A big difference between the French and African *tagetes* is height – the French are daintier and low growing, whereas the African are taller with larger flowers.

Beyond that, there is a huge variation in colours – from creamy whites through lemons, oranges, and reds. There are also combinations of colours with frills and stripes, as well as different flower shapes from single to pompon.

Smaller varieties work well in pots, containers and hanging baskets, as



African marigold

well as trimming the edges of paths and borders.

Use the taller marigolds in a mixed border as part of a warm colour scheme.

They're not just pretty faces either – marigolds are widely used in

Little mixers: They work well in borders

companion planting. This is the practice of using plants alongside crops to help deter pests and diseases.

Marigolds are believed to repel aphids and are most often planted with tomato crops. Their flowers also attract hoverflies whose larvae like to Hoover up aphids as well.

Their roots contain a natural chemical that repels nematodes so they are sometimes used to clean soil before crop planting.

They attract bees and butterflies which help pollinate other flowers and crops – the single open-flowered varieties are the most attractive to beneficial insects.

They make good cut flowers and, because they are so easy to germinate, it's a fun project for the inexperienced gardener or to encourage young children to get gardening.



Orange French marigolds

Roses are ready for a good spray

■ Roses are starting to put out fresh foliage – spray against mildew and blackspot, and apply a slow release organic fertiliser at the base for a healthy plant.

Tie in climbing roses using figure-of-eight ties.

■ Earth up early potatoes once green shoots appear. Covering stems encourages new tubers to grow from them and also ensures tubers are not exposed to light which would turn them green.

JOBS FOR THE WEEK

■ Mulch around box hedging with a well-rotted manure – they have surface roots which will absorb available nutrients.

The stronger the plant, the more able it is to fight the dreaded box blight. Give it a light clip to keep in shape.

■ Mulch around spring bulbs that have flowered.

This will help keep in

moisture and stop them from drying out.

■ Keep bird baths and feeders topped up with water and seed to encourage birds to your garden.

■ Put up wigwams for climbers – sweet peas can be planted at the base.

■ Start sowing runner beans and pumpkins indoors which will be ready to plant outside after the last frost, in May.



Keeping feeders topped up with seeds or nuts helps attract birds into your garden



Start sowing runner beans indoors now



An orange pot marigold, (*Calendula officinalis*)

Tasty: They come in many colours and you can add them to salads and soups as a colourful garnish



If all that weren't enough, they're useful in the kitchen as well. Sprinkle their bright petals on salads and soups as a colourful and zingy garnish.

When dried, the petals can be used as an inexpensive substitute for saffron to colour and flavour dishes – some people even feed marigolds to their hens to get brighter orange yolks.

ASK DIARMUID

Q How do I look after a Venus flytrap? I want to re-pot it but I'm not sure what type of compost I should use. Thanks.

M Muckelberg

A Venus flytraps are bog plants and as such are usually planted in peat with some drainage added such as sharp sand, to replicate their natural environment.

For gardeners with concerns about the overuse of peat, an alternative potting medium would be five parts sphagnum moss, three parts horticultural



sand and two parts perlite. Use rainwater or distilled water to moisten as tap water

is typically too alkaline. Your flytrap will require no feeding.

PLANT OF THE WEEK

SCOPOLIA CARNIOLICA 'ZWANENBURG'

This is a lovely spring plant that we don't see planted widely.

It's a small perennial that is happy in partial shade and pairs well with dicentra, hellebores and

anemones. It has attractive purple maroon nodding flowers and deeply veined foliage.

Also known as Russian belladonna, it's poisonous if ingested.



Kevin Henry

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PISHIOBURY DRIVE
EPC BAND D, £935,000



SAWBRIDGEWORTH
EPC BAND D, £1,350 PCM*



OLD HARLOW
EPC BAND D, OFFERS OVER £415,000



HARLOW
EPC BAND E, £1,300 PCM*



SPELLBROOK,
EPC BAND D, £1,850 PCM*



NEWHALL,
EPC BAND B, £485,000



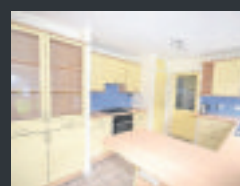
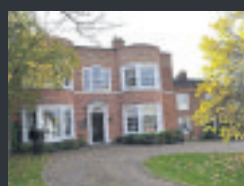
HARLOW
EPC BAND F, £1,350 PCM*



SAWBRIDGEWORTH,
AWAITING EPC BAND, £395,000

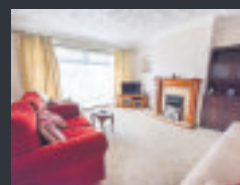
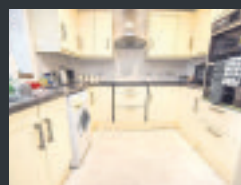
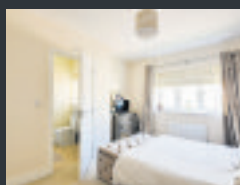
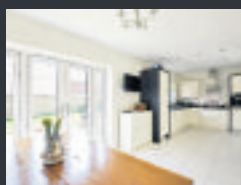
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OLD HARLOW, EPC BAND B, £400,000

HARLOW, EPC BAND D, PCM* £1,250



GILSTON, EPC BAND B, £560,000

SAWBRIDGEWORTH, EPC BAND D, £1250 *PCM

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...A Selection Of Homes From Our Sales Portfolio...

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NEW



WHALEBONE COTTAGES, HASTINGWOOD

- Four Bedrooms
- Kitchen/Breakfast Room
- Two Receptions
- Immaculate Home
- End Terrace Cottage
- Driveway
- Extended Property
- EPC Rating: D

£499,995

NEW



THE CHANTRY, HARLOW

- Three Double Bedrooms
- Immaculate Throughout
- Two Receptions
- Landscaped Garden
- Middle Terrace
- Desirable Location
- Cloakroom/WC
- EPC Rating: TBC

£309,995

NEW



MARKWELL WOOD, HARLOW

- Two Bedrooms
- Kitchen/Diner
- Modern Bathroom
- Allocated Parking
- End Of Terrace
- South/West Facing Garden
- Popular Location
- EPC Rating: TBC

£289,995

NEW



THE MALLORIES, HARLOW

- One Bedroom
- Lounge/Diner
- Balcony
- Chain Free
- Apartment
- Third Floor
- Popular Location
- EPC Rating: TBC

£149,995



CHELSEA GARDENS, CHURCH LANGLEY

- Six Bedrooms
- Two Receptions
- En-Suite Shower
- Garage & Drive
- Utility & W.C
- Riptide Swim Spa
- EPC Rating: TBC

£549,995



PARK AVENUE, HARLOW

- Four Bedrooms
- Three receptions
- Large Gardens
- Garage & Driveway
- Semi Detached
- Extended Property
- Rarely Available
- EPC Rating: TBC

£489,995



DENBY GRANGE, CHURCH LANGLEY

- Three Bedrooms
- Two Receptions
- En-Suite Shower Room
- Chain Free
- Detached House
- Garage & Driveway
- Popular Location
- EPC Rating: D

£374,995



LATTON GREEN, HARLOW

- Three Bedrooms
- Driveway
- Two Receptions
- Chain Free
- Semi Detached
- Popular Location
- Potential To Extend (STPP)
- EPC Rating: TBC

£339,995



LODGE HALL, HARLOW

- Three Bedrooms
- Garage & Driveway
- Cul-De-Sac Location
- Immaculate Throughout
- Semi Detached House
- Modern Kitchen/Diner
- Ensuite Shower Room
- EPC Rating: TBC

£335,000



MALKIN DRIVE, CHURCH LANGLEY

- Two Bedrooms
- Kitchen/Diner
- Cloakroom/W.C
- Garage & Parking
- Terraced House
- En-Suite Shower
- Popular Location
- EPC Rating: TBC

£295,000



MALKIN DRIVE, CHURCH LANGLEY

- Two Bedrooms
- Lounge/Diner
- Cloakroom/W.C
- Garage To Rear
- Terraced House
- Croutace Build
- Southerly Gardens
- EPC Rating: C

£289,995



DOULTON CLOSE, CHURCH LANGLEY

- Two Bedrooms
- Lounge/Diner
- 40ft Garden (Approx)
- Garage En-Block
- End Terrace
- Popular Location
- White Bathroom-Suite
- EPC Rating: D

£284,995



SPRUCE HILL, HARLOW

- Three Bedrooms
- Well Presented
- Lounge/Diner
- Ground Floor WC
- Middle Terrace
- Popular Location
- Fitted Wardrobes
- EPC Rating: TBC

£274,995



SILVESTERS, HARLOW

- Two Double Bedrooms
- Lounge/Diner
- Backs Onto Allotments
- Garage En Bloc
- Terraced House
- Low Maintenance Garden
- Outskirts Of Town
- EPC Rating: C

£270,000



PRIMROSE FIELD, HARLOW

- Two Bedrooms
- Loft Room
- Kitchen/Diner
- Popular Location
- Middle Terrace House
- Porch Extension
- Well Presented
- EPC Rating: TBC

£259,995



MILESTONE ROAD, NEWHALL

- Two Bedrooms
- Allocated Parking
- Open Plan Living
- Chain Free
- Ground Floor Apartment
- Popular Location
- Intercom Entry System
- EPC Rating: C

£219,995



CHELSEA GARDENS, CHURCH LANGLEY

- Two Bedrooms
- Allocated Parking
- Balcony
- Well Presented
- Ground Floor Apartment
- Lounge/Diner
- Popular Location
- EPC Rating: TBC

£219,995



ALEXANDRA ROAD, HARLOW

- Two Bedrooms
- Allocated Parking
- Open Plan Kitchen/Diner
- First Floor
- Apartment
- Popular Location
- Large Loft
- EPC Rating: TBC

£219,995

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...A Selection Of Homes From Our Sales Portfolio...

| | | |
|--|---|---|
| <p>NEW</p>  <p>LONG BANKS, HARLOW</p> <ul style="list-style-type: none"> • Detached House • Licensed HMO • Ground Floor W.C • CHAIN FREE • 5 Bedrooms • Current Income £650 PW • Brick-Built Shed • EPC Rating: D <p>£279,995</p> | <p>NEW</p>  <p>DAVENPORT, CHURCH LANGLEY</p> <ul style="list-style-type: none"> • Two Bedroom • Kitchen/Diner • Modern Bathroom • Own Parking • Terraced Home • Landscaped Garden • CHAIN FREE • EPC Rating: C <p>£269,995</p> | <p>NEW</p>  <p>JOCELYNS, OLD HARLOW</p> <ul style="list-style-type: none"> • Two Double Bedrooms • Modern Fitted Kitchen • Close To Station • Chain Free • First Floor • Apartment • Popular Location • EPC Rating: TBC <p>£219,995</p> |
|  <p>UPPER PARK, HARLOW</p> <ul style="list-style-type: none"> • Four/Five Bedrooms • Two Reception • Extended • Garage & Driveway • Semi Detached • Immaculate Home • Desirable Location • EPC Rating: TBC <p>£484,995</p> |  <p>TICKENHALL DRIVE, CHURCH LANGLEY</p> <ul style="list-style-type: none"> • Four Bedrooms • Kitchen/Diner • Popular Location • Garage & Driveway • Detached Home • En-Suite Shower • Westerly Garden • EPC Rating: D <p>£450,000</p> |  <p>DENBY GRANGE, CHURCH LANGLEY</p> <ul style="list-style-type: none"> • Three Bedrooms • Two Reception • Immaculate Home • Garage & Drive • Detached Home • En-Suite Shower • Cul-De-Sac Location • EPC Rating: TBC <p>£415,000</p> |
|  <p>PRIORY COURT, HARLOW</p> <ul style="list-style-type: none"> • Four Bedrooms • Recently Redecorated • Driveway • Overlooking Lattin Common • Town House • Ensuite To Master • Private Close • EPC Rating: TBC <p>£330,000</p> |  <p>PURFORD GREEN, HARLOW</p> <ul style="list-style-type: none"> • Three Double Bedrooms • Driveway For Two Cars • Well Presented • Kitchen/Diner • Middle Terrace • Popular Location • Utility Room • EPC Rating: TBC <p>£315,000</p> |  <p>CLIFTON HATCH, HARLOW</p> <ul style="list-style-type: none"> • Two Double Bedrooms • Allocated Parking • Lounge/Diner • NHBC Warranty Remaining • Middle Terrace • Modern Throughout • Popular Location • EPC Rating: TBC <p>£300,000</p> |
|  <p>ABBEYDALE CLOSE, CHURCH LANGLEY</p> <ul style="list-style-type: none"> • Two Bedrooms • Modern Kitchen • Lounge/Diner • Allocated Parking • Terraced House • Westerly Garden • Popular Location • EPC Rating: C <p>£284,995</p> |  <p>QUARRY SPRING, HARLOW</p> <ul style="list-style-type: none"> • Three Bedrooms • Kitchen/Diner • Popular Location • Double Driveway • Terraced Home • Ground Floor W.C • Southerly Garden • EPC Rating: B <p>£280,000</p> |  <p>RADBURN CLOSE, HARLOW</p> <ul style="list-style-type: none"> • Three Bedrooms • Popular Location • Two Reception • Chain Free • Middle Terrace • Southerly Garden • Potential Driveway • EPC Rating: TBC <p>£275,000</p> |
|  <p>SPENCERS CROFT, HARLOW</p> <ul style="list-style-type: none"> • Two Double Bedrooms • Modern Kitchen • Well Presented • Quiet Cul-De-Sac • Middle Terrace • Open Plan • Popular Location • EPC Rating: TBC <p>£249,995</p> |  <p>CLIFTON HATCH, HARLOW</p> <ul style="list-style-type: none"> • Two Bedrooms • Two Private Gardens • Open Plan Living • NHBC Warranty • Ground Floor Apartment • Allocated Parking • Telephone Entry System • EPC Rating: B <p>£245,000</p> |  <p>COALPORT CLOSE, CHURCH LANGLEY</p> <ul style="list-style-type: none"> • Two Bedrooms • Allocated Parking • Lounge/Diner • First Floor • Apartment • Popular Location • Communal Garden • EPC Rating: TBC <p>£225,000</p> |
|  <p>HIGH ELMS, HARLOW</p> <ul style="list-style-type: none"> • One Bedroom • Allocated Parking • Open Plan • Chain Free • First Floor Apartment • Well Presented • Popular Location • EPC Rating: TBC <p>£164,995</p> |  <p>LADYSHOT, HARLOW</p> <ul style="list-style-type: none"> • One Bedroom • Lounge/Diner • Own Balcony • Chain Free • Apartment • Second Floor • Outside Storage • EPC Rating: D <p>£154,995</p> |  <p>REGENCY COURT, HARLOW</p> <ul style="list-style-type: none"> • One Bedroom • Lounge/Diner • Communal Garden • Chain Free • Ground Floor • Apartment • Residents Parking • EPC Rating: D <p>£149,995</p> |

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SOLD STC **MORE NEEDED**




WESTBURY RISE, CHURCH LANGLEY £585,000

- Four Bedrooms
- Two Receptions
- Kitchen/Family Room
- Conservatory
- Detached House
- Double Detached Garage
- Immaculate Home
- EPC Rating: D

SOLD STC **MORE NEEDED**




PADDOCK MEAD, HARLOW £419,995

- Four Bedrooms
- Immaculate Throughout
- Large Driveway
- Open Plan Kitchen
- End Terrace House
- Utility Room
- Ground Floor Shower Room
- EPC Rating: TBC


SOLD STC **MORE NEEDED**



Abbotsweld, Harlow £270,000

- Three Bedrooms
- Open Plan Living
- Cul-De-Sac Location
- 40ft Garden
- Terraced Home
- Close To Schools
- CHAIN FREE
- EPC Rating: TBC

SOLD STC **MORE NEEDED**



Peterswood, Harlow £264,995

- Three Bedrooms
- Originally A Two Bed
- Kitchen/Diner
- Chain Free
- End Of Terrace
- Immaculate Home
- Double Driveway
- EPC Rating: D

SOLD STC **MORE NEEDED**



Halling Hill, Harlow £254,995

- Two Bedrooms
- Fitted Kitchen
- Dining Room
- Chain Free
- Terraced House
- Westerly Garden
- Own Driveway
- EPC Rating: D

SOLD STC **MORE NEEDED**



Victoria Gate, Church Langley £219,995

- Two Bedrooms
- Lounge/Diner
- Modern Kitchen
- Parking
- Apartment
- Ground Floor
- Popular Location
- EPC Rating: C

SOLD STC **MORE NEEDED**



Morley Grove, Harlow £199,995

- Two Bedrooms
- Kitchen/Diner
- Well Presented
- Central Location
- Apartment
- Ground Floor
- Residents Parking
- EPC Rating: TBC

SOLD STC **MORE NEEDED**



Moorfield, Harlow £174,995

- Two Bedrooms
- First Floor
- Balcony
- CHAIN FREE
- Apartment
- Lounge/Diner
- Fitted Kitchen
- EPC Rating: C

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TO LET



PEACOCKS, HARLOW

£1,250

- Three Bedrooms
- Modern Kitchen
- White Goods Available
- Allocated Parking
- End Of Terrace
- Unfurnished
- Available Now
- EPC Rating: D



TO LET



EAST PARK, OLD HARLOW

£1,200 P.C.M

- Three Bedrooms
- Lounge/Diner
- Available Now
- Pretty Gardens
- Terraced Home
- Popular Location
- Unfurnished
- EPC Rating: E



TO LET

Ram Gorse, Harlow

£1,200 P.C.M

- Three Bedrooms
- Lounge/Diner
- Close To Town
- Unfurnished
- Middle Terrace
- Sorry No DSS
- Available Early May
- EPC Rating: D



TO LET

Chamberlain Close, Church Langley

£950 P.C.M

- Two Bedrooms
- Lounge/Diner
- Available May 2018
- Allocated Parking
- First Floor Maisonette
- Popular Location
- Unfurnished
- EPC Rating: TBC



TO LET

Aynsley Gardens, Church Langley

£900 P.C.M

- Two Bedrooms
- Lounge/Diner
- Unfurnished
- Available NOW
- Apartment
- Top Floor
- Allocated Parking
- EPC Rating: F



TO LET

Bentley Drive, Church Langley

£895 P.C.M

- Two Bedrooms
- Lounge/Diner
- Unfurnished
- Recently Re-Decorated
- Ground Floor Flat
- Available Beg May 2018
- Allocated Parking
- EPC Rating: C



TO LET

Parsonage Leys, Harlow

£850 P.C.M

- Two Bedrooms
- Unfurnished
- White Goods Available
- Top (1st) Floor Flat
- Available Now
- Sorry No DSS
- Fees Apply
- EPC Rating: E



TO LET

Church End, Harlow

£775 P.C.M

- One Bedroom
- Lounge/Diner
- Ground Floor
- Unfurnished
- Apartment
- Available in February
- Own Garden
- EPC Rating: D

t: 01279 216216

e: info@rjestateagents.co.uk

MORE PLEASE



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Our ongoing success
means we urgently
require more
properties to sell



UNIT 4, CHURCH LANGLEY WAY, CHURCH LANGLEY

01279-410084



CHAIN FREE

Victoria Gate

£215,000

- Two Bedroom Ground Floor Flat
- CHAIN FREE
- Situated In A Residential Cul-De-Sac
- Allocated Parking
- Situated Within Close Proximity Of Local Amenities
- EPC Rating: C



VIEWINGS ADVISED

Chamberlain Close

O.I.E.O
£320,000

- Three Bedroom House
- CHAIN FREE
- Modern Fitted Kitchen & Bathroom
- Loft Conversion
- Conservatory To Rear
- EPC Rating: C



VIEWINGS ADVISED

Bentley Drive

£365,000

- Three Bedroom House
- CHAIN FREE
- Parking For One Vehicle
- Two Reception Rooms
- Garage
- EPC Rating: C



VIEWINGS ADVISED

Ashworth Place

O.I.E.O
£375,000

- Three Bedroom Link Detached House
- CHAIN FREE
- Garage & Driveway For One Vehicle
- Ground Floor W/C
- Conservatory
- E.P.C. Rating: D



VIEWINGS ADVISED

Coalport Close

£379,995

- Three Bedroom End Of Terrace House
- CHAIN FREE
- En-suite To Master
- Driveway For Two Vehicles
- Garage
- EPC Rating: D



VIEWINGS ADVISED

Elmbridge Hall

£400,000

- Two Bedroom Apartment
- CHAIN FREE
- Split Level
- Grade II Listed Building
- Private Garden
- EPC Rating: C



VIEWINGS ADVISED

Malkin Drive

O.I.R.O
£459,995

- A Five Bedroom Townhouse
- Tv Room With Projector Screen
- Downstairs W/C & Second Floor Family Bathroom
- Rear Garden With Jacuzzi
- Overlooking Forest scenery
- Gas Central Heating Throughout



VIEWINGS ADVISED

Parkside

£614,950

- Three Bedroom Semi - Detached House
- En-suite To Master Bedroom
- Extended To Rear
- Gated Entrance
- 1 Mile To Epping Train Station
- EPC Rating: Awaiting



NEW INSTRUCTION

Aynsley Gardens

£215,000

- Two Bedroom First Floor Flat
- CHAIN FREE
- Within Walking Distance To Local Amenities
- 900+ Year Lease
- Allocated Parking
- EPC Rating: C



VIEWINGS ADVISED

Manor Road

O.I.R.O
£370,000

- A Three Bedroom Semi-Detached House
- En- Suite To The Master Bedroom
- Approx. 0.6 Miles From Harlow Mill Train Station
- Extended Rear Creating A Large Kitchen
- Potential To Create A Private Driveway (STTP)
- EPC Rating: D



MORE PLEASE

Our ongoing success
means we urgently
require more
properties to sell



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19 EASTGATE, HARLOW
01279-433033



VIEWINGS ADVISED

Long Banks

O.I.E.O

£260,000

- A Two Bedroom End Of Terrace House
- Two DOUBLE Bedrooms
- Utility Room
- Outbuilding With Power And Electric
- uPVC Double Glazed & Gas Central Heating Throughout
- EPC Rating: C



VIEWINGS ADVISED

Westfield

O.I.E.O

£270,000

- A Three Bedroom Semi- Detached House
- Situated In A Residential Cul - De - Sac
- Large Kitchen/ Diner
- Approx 45ft Secluded Rear Garden
- First Floor Wet Room With A Walk In Shower
- EPC Rating: Awaiting



CHAIN FREE

Sycamore Field

O.I.R.O

£275,000

- A Three Bedroom Mid- Terrace Family Home
- South Facing Rear Garden With Rear Access
- CHAIN FREE
- Separate Living & Dining Rooms
- Situated In A Residential Cul - De - Sac
- EPC Rating: C



CHAIN FREE

Shawbridge

£279,995

- Three Bedroom End of terrace house
- Chain Free
- Lounge and Kitchen Diner,
- Three Double Bedrooms,
- First Floor Bathroom
- EPC Rating: D



VIEWINGS ADVISED

Dunstalls

O.I.E.O

£280,000

- A Three Bedroom Mid - Terrace House
- Lounge Through Diner
- Fitted Kitchen
- Secluded Rear Garden With Rear Access
- Allocated Parking To Rear
- EPC Rating: D



VIEWINGS ADVISED

The Fortunes

£280,000

- A Three Bedroom End Of Terrace House
- Three DOUBLE Bedrooms
- Utility Room
- Approx. 50ft Rear Garden
- Fitted Kitchen
- EPC Rating: D



VIEWINGS ADVISED

Barn Mead

O.I.E.O

£280,000

- A Three Bedroom Mid- Terrace Family Home
- Utility Room
- Larger Than Average Lounge/ Diner
- Approx. 50ft Rear Garden With Rear Access
- CHAIN FREE
- EPC Rating: Awaiting



CHAIN FREE

Harlow Road, Roydon

£385,000

- A Two Bedroom DETACHED Chalet Bungalow.
- Situated In A Quite Village Of Roydon.
- En-suite To The Ground Floor Master Bedroom
- Private Off - Street Parking For Two Cars
- CHAIN FREE
- EPC Rating: E



NEW INSTRUCTION

Quarry Springs

O.I.R.O

£325,000

- A Three Bedroom End Of Terrace House
- A Private Driveway For 2-3 Vehicles
- Located 0.6 miles Away From The Local Amenities & Transport Links
- Larger Than Average Front & Rear Garden With Potential To Extend (STPP)
- Kitchen/ Diner
- EPC Rating: D



VIEWINGS ADVISED

Clifton Hatch

O.I.E.O

£375,000

- A Three Bedroom Detached Family Home
- Private Allocated Parking
- Ground Floor WC
- Still Under The NHBC New Homes Certificate
- South Facing Rear Garden
- EPC Rating: B

Howick & Brooker

Gothic House, High Street, Old Harlow, CM17 0DN

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PARKING

£259,995
VINCE DUNN MEWS, OLD HARLOW
• Two Bedrooms • Modern Interior
• Second Floor • Allocated Parking
• Balcony • EPC Rating: B



NEW ON

£269,995
PITTMANS FIELD, HARLOW
• Three Bedrooms • South Facing Garden
• Mid Terrace • Close To Schools
• Cul-De-Sac • EPC Rating: C



CHAIN FREE

£279,995
GREAT AUGER STREET, NEWHALL
• Top Floor Flat • Two Bedrooms
• Prime Location • Chain Free
• Allocated Parking • EPC Rating: D



NEW ON

£284,995
ALBERT GARDENS, CHURCH LANGLEY
• Two Bedrooms • Good Size Lounge
• Mid Terrace • Two Parking
• Kitchen/Diner • EPC Rating: C



NEW PRICE

£280,000
QUARRY SPRING, HARLOW
• Three Bedrooms • Mid Terrace
• Driveway • Downstairs Wc
• Popular Location • EPC Rating: B



NEW PRICE

£279,000
QUARRY SPRING, HARLOW
• Three Bedrooms • Popular Location
• End Terrace • Chain Free
• Large Kitchen • EPC Rating: TBC



NEW PRICE

OIEO £295,000
JOCELYNS, OLD HARLOW
• Three Bedrooms • Close To High Street
• Mid Terrace • Chain Free
• Detached Garage • EPC Rating: F



CHAIN FREE

£295,000
MARK HALL MOORS, HARLOW
• Three Bedrooms • End Of Terrace
• Excellent Project • Chain Free
• Conservation Area • EPC Rating: E



NEW ON

£310,000
HULL GROVE, HARLOW
• Three Bedroom • Kitchen/Diner
• Ground Floor Wc • End Of Terrace
• Backing On To Fields • EPC Rating: TBC



LOCATION

£315,000
CHIPPINGFIELD, OLD HARLOW
• Three Bedrooms • Two Receptions
• Needs Modernisation • Semi Detached
• No Onward Chain • EPC Rating: TBC



NEW ON

£319,995
OLD ORCHARD, HARLOW
• Three Bedrooms • Two Receptions
• Mid Terrace • Garage & Driveway
• Chain Free • EPC Rating: TBC



HIGH SPEC

£355,000
MALKIN DRIVE, CHURCH LANGLEY
• Three Bedrooms • High Specification
• Terraced Home • Driveway Parking
• Fully Refurbished • EPC Rating: TBC



NEW PRICE

£380,000
HEATHCOTE GARDENS, CHURCH LANGLEY
• Three/Four Bedroom • Three Bathrooms
• Detached • South Facing Garden
• Garage Conversion • EPC Rating: C



SUN TERRACE

£400,000
FLINT LANE, NEWHALL
• Three Bedrooms • Sun Terrace
• Two Bathrooms • Parking
• Under Floor Heating • EPC Rating: TBC



NEW ON

£420,000
WHELDON GRANGE, CHURCH LANGLEY
• Linked Detached • Garage & Parking
• Three Bedrooms • En-Suite
• Two Receptions • EPC Rating: TBC



VIEW

£429,995
TANYARD PLACE, HARLOW
• Three Bedrooms • Two Allocated Parking
• Terraced Property • Chain Free
• Three Bedrooms • EPC Rating: B



EXTENDED

£459,995
UPPER PARK, HARLOW
• Four Bedrooms • Recently Updated
• Semi Detached • Driveway
• Three Receptions • EPC Rating: TBC



EXTENDED

£510,000
HAWKENBURY, HARLOW
• Four Bedrooms • Heavily Extended
• Semi Detached • Garage & Driveway
• Two Receptions • EPC Rating: C



BARN

£650,000
THE BARN, OLD HARLOW
• Three Bedrooms • Semi Detached
• Gardens & Parking • Courtyard Setting
• Two Bathrooms • EPC Rating: E



CHAIN FREE

£725,000
GREAT AUGER STREET, NEWHALL
• Four Bedrooms • Solar Energy
• Three Receptions • Rain Water Harvesting
• Bespoke Build • EPC Rating: B



TO LET

£775 PCM
GUILFORDS, OLD HARLOW
• One Bedroom • Available Late May
• Top Floor • Other Fees Apply
• Allocated Parking • EPC Rating: D



TO LET

£850 PCM
CHURCHGATE STREET, HARLOW
• Large Double Bedroom • Available Now
• Part Furnished • Other Fees Apply
• Road Parking • EPC Rating: E



TO LET

£1,000 PCM
TORKILDSEN WAY, HARLOW
• Two Bedrooms • Allocated Parking
• Top Floor • Other Fees Apply
• Light And Spacious • EPC Rating: B



TO LET

£1,000 PCM
GLADWIN WAY, HARLOW
• Two Bedrooms • Available Mid April
• Spacious Apartment • Other Fees Apply
• Close To All Amenities • EPC Rating: C



TO LET

£1,100 PCM
ST NICHOLAS GREEN, NEWHALL
• Two Bedrooms • Available Mid April
• Open Plan Living • Other Fees Apply
• Luxury Specification • EPC Rating: C

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£340,000

SAWBRIDGEWORTH (Queens Close)

Extended and nicely presented 3 bedroom family home. Entrance porch, downstairs w.c., large living room, re-fitted kitchen through to a large conservatory, good size garden, views over farmland, 3 good size bedrooms. Sole agents.



£389,950

GREAT HALLINGBURY (Cophthall Close)

3 bedroom semi-detached home with planning permission to extend. Good size front and rear gardens plus a garage. Immediate vacant possession and no onward chain. Sole agents.



£410,000

GREAT HALLINGBURY (Howe Green)

Recently refurbished and extended 2 bedroom unique home. Beautiful throughout and ready to move into. Luxury bathroom and kitchen, views over farmland and gated entrance. Sole agents.



£400,000

SAWBRIDGEWORTH (West Road)

3-4 bedroom townhouse with a 5 mins walk to the village centre and close to Mandeville school. Approximate 35ft south facing garden, open plan kitchen/family room, extended to rear, single garage, driveway and parking for 2 cars. Sole agents.



£489,950

SAWBRIDGEWORTH (Station Road)

Beautifully presented 3 double bedroom period house on a raised position in the centre of Sawbridgeworth. Good size sitting room, large dining/family room, kitchen, off-street parking, garden and period features. 5 mins to station. Sole agents.



£579,950

OLD HARLOW (Bury Road)

Stunning Edwardian house with a large sitting room, separate lounge, family/dining room, 3 bedrooms to the first floor, ground floor bedroom and shower room, luxury bathroom, garden room, off-street parking. 10 mins walk to station. Sole agents.



£595,000

HATFIELD HEATH

Detached family home with a luxury designer German kitchen/dining room, utility room, good size sitting room, office/playroom, 4 good size bedrooms, 2 bathrooms, enclosed rear garden, detached tandem garage, driveway and parking. Sole agents.



£600,000

SAWBRIDGEWORTH

Modern 4 double bedroom detached home with just a few minutes' walk to station and village centre. With a south facing garden, sitting room, family room/study, impressive kitchen/dining room, utility, downstairs cloakroom, en-suite bathroom to master bedroom plus main family shower room.



PRICE GUIDE £600,000

HATFIELD BROAD OAK (Broad Street Green)

Spacious 4 bedroom detached thatched cottage with a good size sitting room, separate dining room, garden room, large ground floor bedroom and bathroom, 3 bedrooms to the first floor, en-suite, sunny garden, excellent parking and close to the village centre. Sole agents.



£649,950

SAWBRIDGEWORTH (Great Hyde Hall)

3 bedroom home with front and rear patios, 42 acres of communal grounds, generous ceiling heights, sash windows, large entrance hall, living room, dining room, re-fitted modern kitchen, downstairs w.c., en-suite and dressing room to master bedroom. Gated entrance and 10 mins walk to station. Sole agents.



£675,000

MANUDEN (Butt Lane)

4 bedroom, 4 bathroom detached family home on a corner plot with a gated entrance and carlodge. Excellent entertaining space with a large cinema/games room, large living/dining room, study/office and kitchen/breakfast room. Country lane location with views over farmland. Vacant possession offered.



£875,000

SAWBRIDGEWORTH (High Wych Road)

5 bedroom detached family home with a double garage and landscaped gardens. Excellent entertaining space with a large open plan kitchen/dining room leading through into conservatory, living room, study, downstairs w.c. and 3 en-suite bedrooms. Beautiful throughout. Must be seen. Sole agents.



£885,000

GILSTON (Bowiby Hill)

Detached executive family home finished to an extremely high specification throughout. 6 bedrooms, 4 bath/shower rooms, luxury kitchen/dining room, family room, sitting room, office/playroom, detached double garage and double carport.



£955,000

SAWBRIDGEWORTH (Fair Green)

Imposing Grade II listed townhouse with a beautiful 19th century facade in a prestigious location. Large sitting room, dining room, kitchen/breakfast room, 5 bedrooms, en-suite, gated parking, large outbuilding and cellar. Sole agents.



£1,280,000

HATFIELD BROAD OAK (Cannons Lane)

Imposing 5 double bedroom detached home. Beautifully appointed with a large lounge, magnificent kitchen/family room, study, day room, impressive entrance, resin bonded driveway, garage and south facing garden. Sole agents.



£625pcm

SAWBRIDGEWORTH (Ladywell Prospect)

Fully furnished ground floor studio apartment situated within walking distance of station and amenities. Refitted kitchen and bathroom and a good size living area, UPVC double glazed windows, allocated parking. Available Now



£675pcm

SAWBRIDGEWORTH (Station Road)

One bedroom first floor apartment situated in a central location in the heart of Sawbridgeworth, just a short walk from all local amenities including mainline station. Bright living room, fitted kitchen with appliances, bathroom and bedroom with bed frame and fitted wardrobe. Available April.



£775pcm

SAWBRIDGEWORTH (Lawrence Moorings)

Well presented, unfurnished one bedroom apartment located on the top floor of a sought after development just a short walk from station. Views over communal gardens and river Stort. Fitted kitchen with appliances, luxury bathroom and double bedroom. Allocated parking. Available early May.



£825pcm

ELSENHAM (The Croft)

One bedroom 'upside down' house, immaculately presented throughout and close to station. Entrance hall, double bedroom with fitted wardrobes, conservatory and bathroom. To the first floor is a bright open plan living room and kitchen. Good size rear garden and parking.



£995pcm

SAWBRIDGEWORTH (Church Street)

2 bedroom unfurnished period cottage in a central location close to town centre, short walk to station, comprises recently refitted kitchen with small breakfast area, good size living room, two bedrooms to the first floor plus recently refitted family bathroom, courtyard rear garden.



£1025pcm

BISHOPS STORTFORD (Ellenborough Close)

Amid-terraced home situated in a quiet tucked away close within walking distance of local amenities. Comprising living room, kitchen/dining area, two double bedrooms, bathroom, enclosed rear garden and allocated covered carport. Available now.



£1050pcm

HATFIELD BROAD OAK (Cage End)

Larger than average two double bedroom, terraced cottage in the heart of this lovely village. Lounge, fitted kitchen with upstairs bathroom and two bedrooms, and a rear garden. Parking available. Viewing highly recommended. Available May.



£1150pcm

NEWPORT (Station Road)

2 bedroom character cottage just meters from station. 2 reception rooms and galley kitchen, bathroom and double bedroom to the first floor and a further double bedroom to the second floor. South facing rear garden. Available early May.



£1495pcm

SAWBRIDGEWORTH (Bickerton Court)

1200sqft duplex apartment in a newly constructed development only a short walk to the station. Comprising huge lounge/dining room with balcony, fitted kitchen, 2 bedrooms and 2 bathrooms. Parking, gas fired central heating.



£1695pcm

HATFIELD BROAD OAK (Cage End)

A recently renovated 3 bedroom mid-terrace unfurnished barn conversion, comprising open plan living downstairs with contemporary kitchen, exposed timbers, reception room and utility. 2 bedrooms and 2 bathrooms to the first floor and further bedroom to the top floor, courtyard to front. Available now.


MOORFIELD £150,000

- One Bedroom Ground Floor Flat
- Large Kitchen & Lounge Diner
- Modern Fitted Bathroom
- No Onward Chain
- Gas Central Heating
- Outskirts of Harlow
- Walking Distance to Shops


BERECROFT POA

- Rarely Available
- One Bedroom Detached Bungalow
- In Need of Full Refurbishment
- Lounge 16'0 x 12'0
- No CHAIN


MARKWELL WOOD £169,995

- One Bedroom First Floor Flat
- Extended Lease
- Electric Heating
- Open Plan Kitchen with Breakfast Bar
- Good Size Bedroom
- Modern Bathroom Suite
- No Onward Chain


 New
Instruction

ASH TREE FIELD £245,000

- Two Bedroom Mid Terrace Home
- Popular Location
- Ideal First Time or Investment Buy
- South Facing Garden
- Lounge Diner
- Chain Free
- Close to Train Station, Hospital & Town Centre
- Viewings Recommended


LITTLE GROVE FIELD £230,000

- Two Bedroom
- Mid Terrace
- CHAIN FREE
- Close to Amenities
- Close to Transport Links
- Close to Princess Alexandra Hospital
- In Need of Modernisation Throughout


THE HIDES OIEO £250,000

- Two Bedroom Home
- Chain Free
- Lounge
- Kitchen & Utility
- Good Size Rear Garden
- Close to Town Centre
- Viewings Recommended


HORNBEAMS Offers in excess of £250,000

- Two Double Bedrooms
- Mid Terrace
- Gas Central Heating
- Double Glazing
- Lounge Diner
- Unoverlooked Garden
- Close to all Amenities


PEACOCKS £275,000

- Three Bedroom Family Home
- End of Terrace
- Fitted Kitchen & Bathroom
- Open Plan Lounge Diner
- Garage En Bloc
- No Onward Chain


 New
Price

PRIORY COURT £275,000

- Three Bedroom Town House
- Own Drive
- Close to Schools & Amenities
- Good Size Garden
- Downstairs Cloakroom
- Fitted Kitchen
- Lounge & Dining Area


BUSH FAIR OIEO £275,000

- Three Bedroom Family Home
- Kitchen Diner
- Utility Room
- Gas Central Heating
- Double Glazing
- Lounge
- Bathroom & Separate WC


 New
Price

QUARRY SPRING £280,000

- Three Bedroom Home
- Mid Terrace
- Off Street Parking
- Kitchen Diner
- Lounge
- Downstairs Cloakroom & Study Area
- Close to All Amenities


WESTFIELD OIEO £280,000

- Two Bedroom Detached Home
- Popular Location
- Modern Fitted Kitchen
- Double Bedrooms
- Off Street Parking for One Car
- Fitted Bathroom
- Lounge 15'5 x 11'2


 New
Instruction

POTTER STREET £245,995

- Two Bedroom Mid Terrace Home
- Kitchen /Breakfast Room
- Lounge
- Ample Storage Space
- Landscaped Garden
- Gas Central Heating
- Double Glazing
- Casual Parking.


BARN MEAD OIEO £280,000

- Three Bedroom Home
- Mid Terrace
- Large Lounge Diner
- Fitted Kitchen & Bathroom
- Close to Local Amenities & Schools
- Double Glazing


SOPER SQUARE £285,000

- Two Bedrooms
- First Floor Apartment
- Two Bathrooms
- Balcony
- Large Lounge/Diner
- Popular New Hall Development
- Allocated parking Space


 New
Instruction

ST ANDREWS MEADOW Price £265,000

- Two Bedroom End of Terrace Home
- Potential to Extend (STPP)
- Gas Central Heating
- Large Lounge Diner
- Allocated Parking Space
- No Onward Chain
- Close to Local Amenities
- Ideal First Time or Investment Purchase



New
Instruction

THE DOWNS

£295,000

- Three Bedroom Family Home
- Bespoke Fitted Kitchen
- Lounge & Snug Room
- Rear Garden Approximately 40ft

- Recently Fitted Bathroom
- Well Presented Throughout
- Close to Town Centre
- Viewings Recommended



FIFTH AVENUE

£379,995

- Three Bedroom Home
- Downstairs Cloakroom
- En-Suite to Master Bedroom
- Kitchen Diner
- Lounge
- Converted Garage
- Allocated Parking



OLD HARLOW

£399,995

- Three Bedroom Detached Home
- Heart of Old Harlow
- No Onward Chain
- Easy Access to all Amenities
- Good Size Lounge
- En-Suite Shower Room to Master Bedroom
- Neatly Enclosed Courtyard Style Rear Garden



MALKIN DRIVE

£295,000

- Two Bedroom Home
- Ensuite to Bedroom One
- Kitchen Diner
- Lounge
- Downstairs Cloakroom
- Garage
- Viewings Recommended



New
Price

AVNSLEY GARDENS

£304,995

- Two Bedroom End of Terrace
- Downstairs Cloakroom
- Modern Fitted Kitchen
- Lounge
- Conservatory
- Bar/Snug
- Allocated Parking for Two cars



WOODWARDS

£299,995

- Three Bedroom Family Home
- Well Presented Throughout
- Fitted Kitchen
- Lounge Diner
- Bathroom & Separate WC
- Close to Town Centre
- Close to Schools & Amenities



CHALLINOR

£349,995

- Three Bedroom House
- Semi-Detached
- Lounge 14'7" x 15'7"
- Recently Fitted Kitchen
- Newly Fitted Bathroom
- Triple Glazed Throughout
- Close to All Amenities



OLD HARLOW

Guide price £300,000

- Two Bedroom Chalet Bungalow
- Semi-Detached
- Chain Free
- Gas Garden
- Gas Central Heating
- Double Glazed
- Allocated Parking Space



MORNINGTONS

£365,000

- Three Bedroom Family Home
- End of Terrace
- Lounge Diner
- Recently Fitted Boiler
- Double Glazing
- Well Presented Throughout
- Garage & Drive



New
Instruction

DAVENPORT

OIEO £385,000

- Three Bedroom Semi-Detached
- En-Suite & Dressing Room to Master Bedroom
- Downstairs Cloakroom
- Well Presented Throughout

- Open Plan Lounge
- Fitted Kitchen
- Dining Area
- Garage & Drive



TYE GREEN

£499,995

- High Specification New Build
- Detached Four Bedroom House
- Facing Onto Private Driveway
- Luxury Kitchen Diner
- Large Bright & Spacious Lounge
- Driveway with Parking for Four Cars
- Fitted Carpets & Oak Flooring



CHURCH LANGLEY

OIRO £499,995

- Four/Five Bedroom Detached Home
- Garage Conversion
- Conservatory
- Downstairs Cloakroom
- Driveway for Multiple Vehicles
- Modern Fitted Kitchen
- Close to all Local Amenities



New
Price

OAKLANDS DRIVE

£575,000

- Detached Family Home
- Five Bedrooms
- En-Suite to Master Bedroom
- Conservatory

- Separate Dining & Large Lounge
- Large Garden
- Garage & Drive
- Kitchen & Utility area



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NEWMANS END £2,500 PCM

- Four Bedrooms
- Modern Property
- En-Suite To Master
- EPC Rating To Follow
- Must Be Viewed
- * Admin Fees Apply
- Stunning Property
- Available Now.



MARKET HOUSE £1,350 PCM

- Sawbridgeworth
- Two Bedrooms
- Two Bathrooms
- Gated Parking
- One Allocated Parking Space
- Close To All Amenities
- Ground Floor
- Stunning Property
- Must Be Viewed
- Available Mid May 2018

NEW LISTING



Referenced Tenants



GARDINERS £1000 PCM

- Church Langley
- Two Bedrooms
- Kitchen Appliances Only
- One Double One Single
- Close To School/Shops
- EPC Rating C
- Allocated Parking For Two Cars
- * Admin Fees Apply
- Available Early May



SIDNEY TERRACE £950 PCM

- Bishops Stortford
- Gas Central Heating
- Two Bedrooms
- Available Early May.
- EPC Rating D
- Unfurnished
- Close To Town Centre & Train Station
- * Admin Fees Apply

NEW LISTING



IMPORTANT INFORMATION:

When you apply for a tenancy, there will be an administration fee to pay, contact our rentals team or visit our website www.geoffreymatthews.co.uk for all fees which will become payable during the length of your tenancy.



BROMLEY CLOSE £925 PCM

- Two Bed Apartment
- En-Suite To Master
- Double Bedrooms
- Kitchen Appliances
- * Admin Fees Apply
- EPC Rating E
- Available Now

NEW LISTING



WAGON MEAD £900 PCM

- Hatfield Heath
- Village Location
- Three Bedrooms
- Large Property
- Unfurnished
- EPC Rating C
- * Admin Fees Apply
- Available May

NEW LISTING



Bonded Client Account



Regular Property Visits



Massive reach via our marketing

Properties urgently required for waiting tenants

- Fully managed or let only
- Very competitive landlord rates
- Rent guarantee insurance
- Extensive written and photographic inventories
- Fully referenced tenants
- First class customers service



Call us today for a free valuation
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CENTURION

SALES: 01279 417234

LETTINGS: 01279 400444



MALKIN DRIVE, CHURCH LANGLEY £563,500

- FIVE BED DETACHED
- SOUTH FACING GARDEN
- TWO RECEPTION ROOMS
- TWO EN-SUITES
- GAS HEATING
- UPVC D/GLAZED WINDOW
- PARKING FOR 4 CARS
- INTERNAL PHOTOS ONLINE

NEW ON



JOCELYNS, OLD HARLOW £340,000

- THREE BED TERRACE
- DRIVEWAY & GARAGE
- POPULAR AREA
- NEW BATHROOM SUITE
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- VIEWINGS RECOMMENDED
- INTERNAL PHOTOS ONLINE

BACK ON



COPSE HILL, HARLOW £435,000

- FOUR BED SEMI DETACHED
- DRIVEWAY & GARAGE
- POPULAR AREA
- MODERN FITTED KITCHEN
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- VIEWINGS RECOMMENDED
- INTERNAL PHOTOS ONLINE



PARSONAGE LEYS, HARLOW £330,000

- THREE BED END TERRACE
- DOUBLE ROOMS
- UTILITY ROOM
- CLOSE TO AMENITIES
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- BLOCK PAVED FRONT
- INTERNAL PHOTOS ONLINE



COALPORT CLOSE, CHURCH LANGLEY £411,500

- THREE BED DETACHED
- GARAGE & DRIVEWAY
- EN-SUITE
- TWO RECEPTION ROOMS
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- POPULAR LOCATION
- INTERNAL PHOTOS ONLINE

NEW ON



HORNBEAMS, HARLOW £232,500

- TWO BED MAISONETTE
- SPLIT LEVEL
- IMMACULATE CONDITION
- PRIVATE REAR GARDEN
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- NO ONWARD CHAIN
- INTERNAL PHOTOS ONLINE



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£650 PCM**The Readings**

Guardian are delighted to offer this one bedroom top floor flat in The Hides. This property benefits from gas heating as well as being a short walk from the town center and other local amenities. EPC - E. Available early June.

£700 PCM**The Hides**

Guardian are pleased to offer this one bedroom flat in Netteswell Tower within close walking distance to Harlow town, Station and PAH hospital. Early viewing is advised. EPC - D. Available mid May

£710 pcm**Netteswell Tower**

Guardian are delighted to offer this one bedroom first floor flat in the private, conservation area of Markwell Wood. This property benefits from allocated parking and secure telephone entry system. EPC - D. Available late May.

£725 PCM**Markwell Wood**

Guardian are pleased to offer this one bedroom flat in the popular area of Sawbridgeworth. Walking distance to the high street and local shops. An early viewing is advised. EPC - E. Available Now.

£725 PCM**Copper Court**

Guardian are delighted to offer this one bedroom first floor flat in Purford Green. This property benefits from gas heating, close to shops and amenities and comes with kitchen white goods. EPC - D. Available late May.

£725 PCM**Purford Green**

Guardian are delighted to offer this one bedroom ground floor flat in the popular area of Bromley Close. This property benefits from allocated parking, good internal condition and is close to local shops and amenities. EPC - C. Available early June.

£750 PCM**Bromley Close**

Guardian are delighted to offer this one bedroom, first floor flat in the private area of Regency Court. This property benefits from one allocated parking space, gas central heating and is close to local shops and amenities. EPC - C. Available early July.

£750 PCM**Regency Court**

Guardian are delighted to offer this well presented one bedroom, first floor flat in the private area of Sovereign Court. This property benefits from gas heating, allocated parking, modern interior through out and is close to local shops and amenities. EPC - C. Available mid June.

£795 PCM**Sovereign Court**

Guardian are delighted to offer this two bedroom second floor apartment in Tany's Dell, a popular area near to the Stow. The property benefits from central heating via radiators and a balcony. EPC - D. Available early June.

£840 PCM**Tany's Dell**

Guardian Residential Lettings are delighted to present this two bedroom top floor flat with communal garden area in Hare Street Springs. The property comes unfurnished with just an oven and is heated via electric storage heaters. Central Town Location. EPC - D. Available early June.

£850 PCM**Hare Street Springs**

Guardian are delighted to offer this two bedroom top floor flat in the ever popular location of Church Langley. This property benefits from gas heating, close to shops and amenities and includes kitchen white goods. EPC - C. Available mid June.

£885 PCM**Victoria Gate**

Guardian are pleased to offer this three bedroom family home on the outskirts of Harlow. With modern fitted kitchen, neutral decor and large sized rooms an early viewing is a must. EPC - C. Available NOW.

£1150 PCM**Tithe Lands**

Guardian are delighted to offer this three bedroom terraced home in the sought after area of Old Harlow. This property benefits from gas heating, modern decor, a rear garden and is close to local shops and amenities. EPC - E. Available NOW!

£1200 PCM**East Park**

Guardian are delighted to offer this beautifully presented three bedroom end of terrace home in Chapel Fields. This property benefits from gas heating, a garage, off street parking, large rear garden and large living space through out. Modern interior throughout. EPC - E. Available Now.

£1350 PCM**Chapel Fields**

Guardian are delighted to offer this three bedroom house in the desirable area of Theydon Bois, a short walk to central line tube station. An ideal family home. Property comprising entrance hallway, downstairs WC, kitchen, lounge, three bedrooms and family bathroom. Benefits include garage, rear garden and gas central heating. EPC - D. Available early June.

£1650 PCM**Slade End**
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Guardian are delighted to offer a one bedroom flat in Willowfield Tower. Ample storage, key fob entrance, good sized lounge and bathroom. Great first buy or investment! Great current tenants of two years paying £660.00, rental yield 6.74%. EPC: C

£117,500

Willowfield, Harlow



Guardian are delighted to present a well presented studio flat in the heart of Town Centre, close to transport links (bus and train station) local amenities. SOUGHT-AFTER private area, perfect for investors! Current tenant in situ since 2013. EPC: E

£132,500

Amerry Court, Harlow



Guardian are delighted to offer this Ground floor One bedroom flat in Sawbridgeworth. In a Private area with allocated parking. In Good condition Freshly decorated and appealing this would be ideal for first time buyers, investors or elderly person looking for a quiet life. EPC: D

£185,000

Hazel Gardens, Sawbridgeworth



Guardian are delighted to offer a well presented three bedroom split level maisonette in the town centre. Close to local schools and amenities, walking distance to the station and bus stops. Immaculate bathroom with both bath and separate shower. EPC: D

£232,500

The Hides, Harlow



Guardian are delighted to offer this lovely two bedroom mid terrace house in Copshall Close, Harlow. The house is located at the far end of a quiet cul-de-sac. There is one allocated parking spot outside the front door. EPC: C

£235,000

Copshall Close, Harlow



Guardian are delighted to present a three bedroom mid terrace house in Berecroft. Great first time buy or investment, current tenant paying £1,095.00 pcm. Double glazing, gas central heating. Downstairs WC and three good sized bedrooms. EPC: C

£244,995

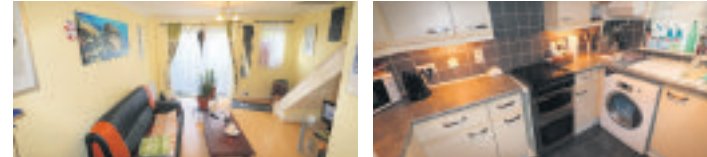
Berecroft, Harlow



Guardian are delighted to offer this great two bedroom property. A large corner garden which would be great for the kids or to extend the property. The current owner has had plans drawn up to extend to a 4/5 bedroom property subject to planning permission. EPC: D

£265,000

Westfield, Harlow



SOUGHT AFTER location accompanied with its on private parking. The property has a open plan feel downstairs with a good sized kitchen EPC: C

Contact us today to arrange your viewing

£260,000

Archers, Harlow



Guardian are delighted to offer for sale this end of terrace family home with easy access into North London! A three bedroom end of terrace. EPC: D

£269,495

Taylifers, Harlow



Guardian are delighted to present a two bedroom house in the rarely available private area of Glan Avons Mews. Quiet cul-de-sac location, close to M11 and local amenities. Private parking and low maintenance garden. EPC: C

£279,995

Glan Avons Mews, Harlow



Looking for your next step on the property ladder? A very well presented FAMILY HOME in one of the quieter turnings in Harlow. Offering ample storage and a brilliant layout, the property really does boast a great home for you and your family. EPC: D

£279,999

Jerounds, Harlow



Located in the award winning development of New Hall, Harlow, Guardian have the privilege to present a rare opportunity to acquire a mid terrace two bedroom property. Allocated parking, two large double's and perfect for a family. EPC: C

£309,995

Alba Road, New Hall



Guardian are delighted to offer this rare opportunity to acquire this three bedroom detached family oriented property in the sought after, private area, of Albert Gardens, Church Langley.

£329,950

Albert Gardens, Church Langley

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NEW

Time To Turn This Into Your Dream Home £280,000
Coalport Close EPC TBC
If your looking to put your own stamp on a property, then look no further than this two bedroom semi detached home located in Church Langley which is in need of modernisation and benefits from two parking spaces. Ref 14344
Viewing Advised



NEW

Guide Price
£270,000 - £280,000
Spruce Hill
One For A Family
EPC TBC

If you are looking for your next family home then you must arrange a viewing on this three bedroom middle terrace home. For the right buyer, this property can be offered chain free so get calling haart today to arrange your viewing. Ref 14387

Call To Book Your Free Valuation



NEW

A Great First Home £269,995
Sherards Orchard EPC D
Tucked away at the end of a cul-de-sac turning in the Great Parndon area of Harlow is this well presented and good sized two double bedroom terraced home. Ref 14367
A Must View



NEW

Modern Family Home. OIEO £360,000
Parish Way EPC B
Located on the Fifth Avenue Development is this three bedroom terraced family home. The property benefits from a ground floor WC. Garage en-bloc and is within walking distance to Harlow Train Station. Ref 14358
Call 01279 443311



NEW

Your New Family Home?
Nicholls Field
£319,995
EPC TBC

haart are pleased to offer this well presented and extended three bedroom family home. The property benefits from a porch extension with ample storage and is within a short walk to schools and local amenities. Ref 14313

View View View



NEW

A Great Family Home OIEO £290,000
The Downs EPC TBC
This centrally located three bedroom double fronted family home with conservatory has good sized garden and is within walking distance of Harlow town centre making a great family home for all to enjoy. Ref 14365
Dont Miss Out



SSTC

Thinking Of Selling? £299,995
Fold Croft EPC C
This recently fully refurbished three bedroom mid terrace home in one of Harlow's most popular areas has now been Sold STC, if you are thinking of selling please call 01279. Ref 14189
Call Call Call



NEW

Love Open Plan? OIEO £385,000
Davenport EPC C

If you love light & airy then you will like this three bedroom semi detached family home with its free flowing layout. The property offers versatile living accommodation & could be ideal for housing an extra family member & giving them there own space. Ref 14371

- Three Bedrooms
- Semi Detached
- En-Suite to Master
- Kitchen Diner

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- Study Area
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- Ground Floor WC
- Spacious Accommodation



VIEWING ADVISED

Guide Price £360,000 - £370,000
A Commuter's Delight EPC B
Bowhill Way
This modern three double bedroom family home is arranged over three floors and benefits from a spacious master bedroom with an en-suite shower and dressing room. Ref 12632
Thinking Of Selling?



Fantastic Starter Home £299,995
Sheldon Close EPC C
Located on the popular development and close to local amenities and schools is this well presented two bedroom terraced home. The property benefits from a garage, off road parking and spacious lounge. Ref 14285
Viewing Highly Advised



SSTC

Guide Price £240,000 - £250,000
Sold Another EPC D
The Downs
This two bedroom middle terrace home that is offered for sale chain free has now been sold STC, if you are thinking of selling in this area please call 01279 443311. Ref 14240
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ROAD TEST: Skoda Karoq SE L by David Ward



AT A GLANCE

- **Model:** Skoda Karoq SE L 1.0-litre
- **Price:** £23,170
- **Mechanical:** 113bhp 1,000cc, 3cyl petrol engine driving front wheels via six-speed manual gearbox
- **Max speed:** 116mph
- **0 - 62mph:** 10.6 seconds
- **Combined mpg:** 53.2
- **CO2 emissions:** 121g/km
- **BiK rating:** 24%
- **Warranty:** 3 years/60,000

KAROQ IMPRESSES

Car-makers have hundreds of different names registered and stored away for future models and in the past there's certainly been some quirky ones such as the Nissan Cedric, Mitsubishi Mum and Toyota Deli.

So when Skoda launched their Yeti replacement model with the name of Karoq it raised a few eyebrows in motoring circles, probably because most didn't have a clue what it meant.

The name of Karoq actually originates from the Kodick Island in Alaska where the locals call cars 'kaa'ra'k' while an arrow (like on the Skoda badge) is called a roq - hence the name of Karoq.

So having solved the name riddle what is this new compact Sports Utility Vehicle,

which is a smaller 'sister' to the bigger Kodiahq, and is being compared to its two VW Group stablemates - the SEAT Ateca and the VW Tiguan - as they all share the same platform and also all of the petrol and diesel engines.

Full marks though to the Skoda backroom team who have tried, and definitely succeeded in my view, to make the Karoq different looking with their own distinct brand clearly evident from the outside whilst on the inside, again despite utilising some of VW Group's switchgear, it is again different and much in line with that of the Kodiahq.

Tested here is the mid range SE L coming in at £23,160 and it's powered by VW's really good one-litre, three-cylinder engine - without doubt the most refined such sized engine compared to any rival versions - which gives a decent brew of sporty performance and decent fuel economy.

Doubts that such a one-litre would be strong enough to decently pull a car the size of the Karoq and when loaded up with kids were quickly dispelled on test because it proved responsive and gave a healthy enough normal road-going performance without struggling anywhere.

Yes, going up steep inclines fully loaded then the driver has to use the six-speed manual gearbox sensibly to gain the most momentum but that's no problem because the engine responds quickly and the gear change is so precise with its short gate movement.

The other remarkably aspect of the Karoq whatever engine is under the bonnet is the huge amount of interior space there is for the size of the car.

The Karoq is some 20cm longer than the Yeti which helps explain why it has such a roomy and spacious interior and with all three trim versions the cabin quality is good with distinct premium materials used and it's good to see it retains the Yeti's so practical VarioFlex seating system where one can remove, slide and the recline the back seats individually.

This quite spacious interior is better than its immediate in-house rival, the Ateca, plus having a larger boot space from 479 litres to 588 litres with the rear seats folded while both driver and passengers have high seating positions with really good all round vision.

For the driver there's plenty of adjustment for the steering wheel and seat and with a thinner 'A' pillar and large side windows the cabin has a more airy feel about it while all the controls are in typical VW style meaning they are well positioned along with nice, soft touch plastic on the dashboard and doors.

In terms of the standard levels of equipment across the three trims they also are impressive and again offering value for money.

The so-called entry-level SE comes with 17-inch alloy wheels, privacy glass, LED rear lights, climate control and with safety features such as a front assist pedestrian

monitor and driver fatigue sensor amongst others.

Move up to the SE L trim (tested here), and the expected biggest seller in the UK, and there are more standard features like 18-inch alloy wheels, Amundsen sat nav with an eight-inch touch screen, stop/start, full LED headlights, heated front seats and Alcantara upholstery and much more.

With the one-litre 113bhp engine on board the Karoq it's certainly responsive with its weighted steering and even though the car is quite tall in itself it remains stable enough when cornering briskly and it has plenty of grip and body control.

It offers a decent enough comfortable ride and with sound suspension set up more than copes with those potholes and bumpy Tarmac surfaces we all tend to drive over too much nowadays.

In terms of fuel economy this one-litre tested came close to the official combined figure of 52.3mpg, noticeably on a fast, steady 500 mile run up North and back where he returned 50mpg and only dropping later to 46.7mpg on and around busy town and urban driving routes

Some Yeti supporters may be disappointed their favourite model is going but a full test drive of this new Karoq will more than compensate for the loss - it's a smart looking compact SUV with an exceptional level of standard equipment whatever the trim level and is cheaper too than its main rivals.

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Ms Jenny Wamack only 18 not on electoral roll, unable to prove income

NOW! drives a 64 Reg Fiat 500 for only £29 per week

Bobby Howood has had only a 127 credit score

NOW! drives a 63 Reg Focus & his credit score is improving

Roy Haines Self employed builder, no pay slips NO PROBLEM!

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- 4 Peugeot 107
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- 4 Fiat Punto
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- 5 Kia Venga
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- 6 Vauxhall Zafira
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WHEELS

MOTORING NEWS: with David Whinyates

LATEST EDITION FROM RENAULT

The bewildering choice of compact SUVs is set to grow even more with the imminent arrival of a new special edition version of the Renault Kadjar.

The Kadjar Dynamique SE Edition tops up the spec of Dynamique S Nav with a number of additional styling, comfort and driving aids and is priced from £23,620, offering a saving of £475 compared with the cost of adding the additional items as options, according to Renault.

Positioned between the Dynamique S Nav and Signature Nav, the special edition comes with a fixed panoramic sunroof, side steps and 19-inch diamond cut alloys plus driving aids such as a rear parking camera and auto-dimming rear-view mirror.

Also included as standard and front and rear parking sensors, lane departure warning, auto high beam assistance, traffic sign recognition, auto headlights and wipers, part leather upholstery, keyless stop start, satnav and multimedia system.

It will be available with Renault's 1.2-litre TCe 130 petrol or 1.5-litre dCi 110 diesel engines and with either a six-speed manual or six-speed dual clutch automatic transmission.



Representative example: New Kia Sportage '2' 1.6 GDi (petrol) manual 2WD with optional paint finish. No minimum deposit required.

| | |
|------------------------------|------------------|
| Duration Agreement | 37 months |
| Cash Price | £21,700.00 |
| Customer deposit | £2,8775.00 |
| Deposit contribution | £1,250.00 |
| Amount of credit | £17,575.00 |
| Interest charges | £2,094.41 |
| 36 monthly payments of | £250.56 |
| Optional final payment (GFV) | £10,646.25 |
| Total amount payable | £23,794.41 |
| Fixed rate of interest | 2.52% |
| Representative APR | 4.9% |

SPORTAGE

Standard spec on these models includes:

- 7" touchscreen Sat-Nav with European mapping & Kia Connected Services featuring TomTom®
- Reversing camera system with rear sensors
- Cruise control & speed limiter
- 17" alloys
- LED daytime running lights
- Bluetooth® & music streaming
- USB & AUX ports
- DAB radio
- Leather-trimmed steering wheel & gearshift
- All-round electric windows
- Privacy glass (rear windows and tailgate)
- Roof rails
- Dual automatic air conditioning
- Black premium cloth upholstery
- Auto windscreen de-fog
- Electrically folding, adjustable & heated door mirrors with LED indicators
- Automatic light control
- Auto-dimming rear mirror
- Lane Keep Assist system
- High-beam assist
- Chrome front grille with high-gloss black diamond mesh radiator grille
- Driver's seat power lumbar support

4.9% APR
REPRESENTATIVE

Offer applies to models shown only.

Cars must be ordered and registered by 30/04/2018.

The Kia Sportage April Special Offer

Up to £1,500 towards your Personal Contract Purchase deposit. Free Care-3 Servicing Plan worth up to £339.*



Representative example: New Kia Sportage 'KX-2' 2.0 CRDi (diesel) manual AWD with optional paint finish. Save £1,000 off list price! No minimum deposit required.

| | |
|------------------------------|------------------|
| Duration Agreement | 37 months |
| Cash Price | £25,810.00 |
| Customer saving | £1,000.00 |
| Customer deposit | £3,810.00 |
| Deposit contribution | £1,500.00 |
| Amount of credit | £19,500.00 |
| Interest charges | £2,018.49 |
| 36 monthly payments of | £387.54 |
| Optional final payment (GFV) | £11,303.70 |
| Total amount payable | £26,802.42 |
| Fixed rate of interest | 2.52% |
| Representative APR | 4.9% |



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*Kia Sportage '2' 1.6 GDi manual 2WD - £339 / Kia Sportage 'KX-2' 2.0 CRDi manual AWD - £329.00. Annual mileage allowance is 9,000. At the end of the Personal Contract Purchase there are 3 options: (1) part-exchange the car, where equity is available (2) Pay the GFV to own the car or (3) return the car, further charges may be made subject to the condition of the car. Finance subject to status. Terms & conditions apply. Kia Finance RH2 2AQ. Ken Brown Motors (Harlow) is a subsidiary of Shephall Way Service Station Ltd T/A Ken Brown Motors. Registered Address: Shephall Way Service Station Limited, Shephall Way Garage, Shephall Way, Stevenage, Hertfordshire, SG2 9RW. Registered number: 01522824. Regulated and authorised by the Financial Conduct Authority, number 679900. We are a credit broker not a lender. We can introduce you to a limited number of lenders to provide funding and may receive commission for the introduction.



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| CASH PRICE | CUSTOMER DEPOSIT | 48 MONTHLY PAYMENTS | AMOUNT OF CREDIT | OPTIONAL FINAL PAYMENT | FINANCE DEPOSIT CONTRIBUTION** | TOTAL AMOUNT PAYABLE | FIXED RATE OF INTEREST | REPRESENTATIVE APR |
|----------------|------------------|---------------------|------------------|------------------------|--------------------------------|----------------------|------------------------|--------------------|
| £11,939 | £221 | £221.87 | £10,718 | £4,975 | £1,000 | £16,845.76 | 8.3% | 15.9% |

Based on 6,000 miles per annum. Excess mileage charged at 10p per mile

| Year | Description | Colour | Mileage | Price £ |
|------------------------------|--|--------|---------|---------|
| CARS £4,000 TO £4,999 | | | | |
| 14/14 | Vauxhall Corsa Hatchback Special E 1.2 Sting 3dr [AC] | Green | 34987 | £4999 |
| CARS £5,000 TO £5,999 | | | | |
| 11/61 | Vauxhall Corsa Diesel 1.3 CDTi ecoFLEX Limited Edition 3dr | Yellow | 44096 | £5999 |
| 13/13 | Vauxhall Adam Hatchback 1.4i Jam 3dr | White | 55842 | £5999 |
| 14/14 | Vauxhall Corsa Hatchback 1.4 SXi 5dr [AC] | Black | 44880 | £5999 |
| 15/15 | Citroen C1 Hatchback 1.0 VTi Feel 3dr | White | 11871 | £5999 |
| CARS £6,000 TO £7,999 | | | | |
| 15/15 | Vauxhall Corsa Hatchback Special E 1.2 Life 3dr | Blue | 31319 | £6299 |
| 11/61 | Volkswagen Polo Hatchback 1.2 60 Match 3dr | Grey | 40000 | £6499 |
| 14/64 | Vauxhall Corsa Hatchback 1.4 SXi 5dr [AC] | Black | 39713 | £6499 |
| 12/62 | Vauxhall Astra Diesel 2.0 CDTi 16V ecoFLEX Elite [165] 5dr | Grey | 33200 | £7499 |
| 14/14 | Vauxhall Astra Hatchback Special E 1.4i 16V Excite 5dr | Black | 42198 | £7499 |
| 15/15 | Vauxhall Adam Hatchback 1.2i Jam 3dr | Black | 48114 | £7499 |
| 15/15 | Ford Fiesta Hatchback 1.25 82 Zetec 3dr | Red | 20152 | £7999 |

| Year | Description | Colour | Mileage | Price £ |
|-------------------------------|--|---------------|---------|---------|
| CARS £8,000 TO £9,999 | | | | |
| 15/15 | Toyota Yaris Hatchback 1.33 VVT-i Icon 5dr | Red | 31517 | £8499 |
| 13/13 | Vauxhall Astra Gtc Diesel Coupe 2.0 CDTi 16V SRi 3dr Auto | Blue | 35399 | £8499 |
| 15/15 | Vauxhall Mokka Hatchback 1.6i Exclusiv 5dr | Black | 33133 | £9490 |
| 15/15 | Vauxhall Adam Hatchback 1.4i Rocks 3dr | Grey | 36005 | £9499 |
| 15/65 | Nissan Juke Hatchback 1.2 DiG-T Acenta Premium 5dr | White | 33652 | £9999 |
| CARS £10,000 AND ABOVE | | | | |
| 17/17 | Vauxhall Corsa Hatchback Special E 1.4 Limited Edition 5dr | Black | 7250 | £10999 |
| 15/65 | Insignia 2.0 Cdti [140] Ecoflex SRi Nav 5Dr [start Stop] Hatchback | Silver | 29639 | £10999 |
| 15/15 | Nissan Qashqai 1.2 DiG-T Acenta [Smart Vision Pack] 5dr Xtronic | Grey | 37830 | £11999 |
| 14/64 | Nissan Qashqai Hatchback 1.2 DiG-T Acenta Premium 5dr | White | 32446 | £12699 |
| 15/15 | Nissan Qashqai Diesel Hatchback 1.5 dCi N-Tec 5dr | Silver | 35640 | £12999 |
| 15/15 | Volkswagen Golf Diesel Hatchback 2.0 TDI GT 5dr | Blue | 30023 | £13495 |
| 16/16 | Volkswagen Scirocco Coupe 1.4 TSI BlueMotion Tech GT 3dr | Mauve/Purple | 5555 | £14999 |
| 17/17 | Vauxhall Mokka X Diesel 1.6CDTi [136] Elite Nav 5dr Auto | Black | 14684 | £15999 |
| 18/67 | Grandland X 1.2T Sport Nav 5Dr Auto Hatchback | Dark Ruby Red | 2745 | £21995 |

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WHEELS

MOTORING NEWS: Vauxhall Corsa at 25 by Robin Roberts

THE CORSA GENERATION



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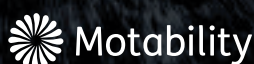
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PEUGEOT RECOMMENDS TOTAL. Official Fuel Consumption in MPG (l/100km) and CO2 emissions (g/km) for the 2008 SUV Range are: Urban 47.1 – 65.7 (6.0–4.3), Extra Urban 65.7 – 85.6 (4.3–3.3), Combined 57.6 – 76.3 (4.9–3.7) and CO2 114 – 96 (g/km). For the 3008 SUV Range are: Urban 37.2 – 67.3 (7.6–4.2), Extra Urban 55.4 – 80.7 (5.1–3.5), Combined 47.1 – 70.6 (6.0–4.0), CO2 136 – 103 (g/km). For the all-new 5008 SUV Range are: Urban 36.2 – 62.8 (7.8–4.5), Extra Urban 53.3 – 72.4 (5.3–3.9), Combined 46.3 – 68.9 (6.1–4.1) and CO2 140 – 106 (g/km). MPG figures are achieved under official EU test conditions, intended as a guide for comparative purposes only and may not reflect actual on-the-road driving conditions.

We act as a credit broker and are not a lender. *Subject to availability and on selected models only. Models shown are 2008 SUV Allure 1.2L PureTech 82 at £0 Advance Payment, 3008 SUV GT Line 1.2L PureTech 130 S&S at £1699 advance payment, all-new 5008 SUV Allure 1.2L PureTech 130 at £1,899 Advance Payment. Available to those in receipt of the Higher Rate Mobility Component of the Disability Living Allowance (DLA), the Enhanced Rate Mobility Component of the Personal Independence Payment (PIP), War Pensioners Mobility Supplement (WPMS) or Armed Forces Independence Payment (AFIP). All offers available on qualifying vehicles ordered and registered between 01/04/2018 and 30/06/2018 or until such time as they may be withdrawn by PEUGEOT at its complete discretion Bristol Street Motors Peugeot is a subsidiary of Bristol Street Fourth Investments who is a credit broker authorised by the Financial Conduct Authority. We will introduce you to a number of lenders. Information and offer correct at time of going to press. For full terms and conditions, please visit peugeot.co.uk/motability for details.

It maybe from another era but the truth is the Vauxhall Corsa is even more relevant today than when it first

appeared 25 years ago. Born in the Britpop, Walkman and shell-suits age to the sound of Oasis, it has outlived them and is still Vauxhall's best-seller.

What's more it consistently lurks in the top ten best sellers list and blocks out more modern super-mini rivals.

A lot of that success must be down to price, although it's not cheap but it's cheerful and actually when taking into account the rate of inflation the Corsa today is less expensive than when introduced.

Maturity means the Vauxhall Corsa is more powerful, economical and "greener" than ever and delivers these virtues with a sophistication and refinement unheard of in 1993. I had a brief

opportunity to reacquaint myself with Vauxhall's super-baby in its SRi Nav trim with 100ps 1.4 litre turbo-petrol engine and six-speed manual gearbox.

It has the DNA of the noughties boy racers but it's playing a modern generation game with its appeal and abilities. The smooth running, pokey powerplant and sporty six-speed gearbox are a delight once you come to terms with the surprisingly longer travel clutch, and it steers and stops with confidence and precision.

You just have to read the road ahead and carefully anticipate overtaking opportunities and the Corsa 1.4T rewards with swift and safe responses.

The ride is biased towards firmness but it's not hard and felt supple over some bad roads without being too soft on undulating sections or rolling around bends. It pulls well, particularly

through the gears in mid-range, and it provided a composed character on main roads, returning over 47mpg without a problem.

There's no shortage of creature comforts which include air conditioning, cruise control and Apple-play, automatic lights and wipers. Seats are sporty and supporting in front with reasonable room but those in the back might find legroom was short once they wriggled into them. The boot holds 280 litres with the backseat in use and almost 1,100 litres maximum. It's not the roomiest of modern superminis but will take a few cases and it's easy to use.

This version costs from £14,345 and the range itself starts at £11,045 – very competitive. There is something Tardis-like about the Corsa, not because it's bigger inside than out but it is a true time machine, and who's not going to enjoy it?

CORSA FACTS AND FIGURES

- Vauxhall has sold two-million Corsas in the UK
- Around 20,000 have been sold to police forces
- There have been convertibles and pick-ups
- Originally it cost £7,195 – today's price means it's actually less after inflation
- Some Corsa models have a hidden shark on the hinge of the glove compartment
- British artist Alex Chinneck designed a gravity-defying illusionary piece of artwork which saw the artist suspend a Corsa fifteen feet in the air at London's Southbank Centre
- Karl Lagerfeld photographed the Corsa with his cat, Choupette for a calendar shoot
- The Corsa replaced the much-loved Vauxhall Nova in 1993
- The original Corsa was introduced in an advert with supermodels Kate Moss, Naomi Campbell, Christy Turlington and Linda Evangelista
- An electric Corsa will arrive in 2019



The original Corsa which was launched in 1993

WINTRY CARS

Est 1997 Father & Son Business

CAR OF THE WEEK



2014 (14) Vauxhall Zafira 1.8 Grey

Alloy Wheels, Air Con, Remote Locking, 7 Seater, Parking Sensors, Cruise Control, E/Windows, E/Mirrors, CD Player, 29,000 Miles

£57 pw

£8,995

BARGAIN OF THE WEEK



2008 (08) Mercedes C180

Automatic, Grey, Alloy Wheels, Air Con, Remote Locking, Heated Leather Seats, Cruise Control, Parking Sensors, E/Windows, E/Mirrors, CD Player, 49,000 Miles only

£50 pw

£7,995

ZERO DEPOSIT FINANCE

Prestige

2009 (09) Bentley Continental, 6.0 Automatic,
Blue, Alloy Wheels, Climate Control, Cruise Control, Parking Sensors, SAT NAV, Full Leather, Heated Electric Seats, E/Windows, E/Mirrors, Remote Locking, Power Hood, CD Player, 10,000 Miles only, Stunning Example
£65,000 £POA per week

2016 (66) Land Rover Range Rover Sport 3.0 Automatic HSE,
Blue, Alloy Wheels, Climate Control, Bluetooth, Cruise Control, Parking Sensors, Reversing Camera, Panoramic Sunroof, SAT NAV, Full Leather, Heated electric Memory Seats, Fridge, Side Steps, Remote Control Locking, E/Windows, E/Mirrors 24,000 miles
£49,995 £POA per week

2013 (13) Mercedes A180 CDI Automatic,
Red, Alloy Wheels, Air Con, Half Leather, Remote Locking, Cruise Control, Parking Sensors, E/Windows, E/Mirrors, Bluetooth, CD Player, 41,000 Miles Only
Sale Price £12,495 - £99 per week

2015 (64) Kia Sportage 1.7 Diesel,
Blue, Alloy Wheels, Air Con, Bluetooth, Cruise Control, E/Windows, E/Mirrors, CD Player, AUX, 36,000 miles only
Sale Price £12,495 - £99 per week

2000 (W) Jaguar XKR Supercharge Automatic,
Silver, Alloy Wheels, Climate Control, Cruise Control, Leather Seats, E/Windows, E/Mirrors, Remote Locking, 69,000 Miles, Stunner
£9,995

2008 (08) Mercedes C180, Automatic,
Grey, Alloy Wheels, Air Con, Remote Locking, Heated Leather Seats, Cruise Control, Parking Sensors, E/Windows, E/Mirrors, CD Player, 49,000 Miles only
£7,995 - £50 per week

SUV

2015 (64) Kia Sportage 1.7 Diesel,
Blue, Alloy Wheels, Air Con, Bluetooth, Cruise Control, E/Windows, E/Mirrors, CD Player, AUX, 36,000 miles only
Sale Price £12,495 - £99 per week

2013 (13) Vauxhall Mokka 1.6,
White, Alloy Wheels, Air Con, Remote locking, Cruise control, Parking sensors, E/Windows, E/Mirrors, CD Player, One owner, 13,000 miles only
Sale Price £9,995 - £62 per week

2014 (14) Nissan Juke, 1.2,
Red, Alloy Wheels, Air Con, Bluetooth, Cruise Control, Parking Camera, SAT NAV, Remote Locking, E/Windows, E/Mirrors, CD Player, AUX, 26,000 miles only
Sale Price £9,995 - £65 per week

2011 (61) Nissan Qashqai N-Tec
grey, panoramic roof, reversing camera, sat nav, e/windows, e/mirrors, alloys, remote locking, 49,000 miles
£8,995 - £57 per week

2013(13) Nissan Qashqai 1.6 Black,
Alloy Wheels, Air Con, Remote Locking, Cruise Control, E/Windows, E/Mirrors, Parking Sensors, CD Player, 41,000 Miles Only
£8,995 - £57 per week

2013 (13) Nissan Juke 1.5 1.6
Black, Alloy Wheels, Air Con, Remote Locking, Cruise Control, Parking Sensors, E/Windows, E/Mirrors, CD Player, 41,000 Miles Only
£8,995 - £57 per week

2016 (16) Nissan Juke 1.6
White, Alloy Wheels, Air Con, Bluetooth, Cruise Control, SAT NAV, Reversing Camera, Full Leather Heated Seats, Remote Locking, E/Windows, E/Mirrors, CD Player, 43,000 miles only
Sale Price £8,495 - £53 per week

Hatchback

2013 (13) Mercedes A180 CDI Automatic,
Red, Alloy Wheels, Air Con, Half Leather, Remote Locking, Cruise Control, Parking Sensors, E/Windows, E/Mirrors, Bluetooth, CD Player, 41,000 Miles Only
£12,495 - £99 per week

2013 (13) Vauxhall Mokka 1.6,
White, Alloy Wheels, Air Con, Remote locking, Cruise control, Parking sensors, E/Windows, E/Mirrors, CD Player, One owner, 13,000 miles only
Sale Price £9,995 - £62 per week

2014 (14) Nissan Juke, 1.2,
Red, Alloy Wheels, Air Con, Bluetooth, Cruise Control, Parking Camera, SAT NAV, Remote Locking, E/Windows, E/Mirrors, CD Player, AUX, 26,000 miles only
Sale Price £9,995 - £65 per week

2014 (14) Vauxhall zafira 1.8 grey,
alloy wheels, air co, remote locking, 7 seater, parking sensors, cruise control, E/Windows, E/Mirrors, CD Player, 29,000 Miles
£8,995 £57 per week

2012 (12) Ford Focus, 1.6 TDCI,
Silver, Alloy wheels, Air con, Remote Locking, Cruise Control, Parking Sensors, Half Leather, Electric Heated Seats, E/Windows, E/Mirrors, CD player, 50,000 Miles
£7,995 £50 per week

2008 (08) Mercedes C180, Automatic,
Grey, Alloy Wheels, Air Con, Remote Locking, Heated Leather Seats, Cruise Control, Parking Sensors, E/Windows, E/Mirrors, CD Player, 49,000 Miles only
£7,995 - £50 per week

2012 (12) Peugeot RCZ 1.6,
Grey, alloy wheels, air con, full leather heated seats, remote locking, cruise control, SAT NAV, parking sensors, e/windows, e/mirrors, 61,000 miles
£7,495

2013 (62) Vauxhall Corsa,
1.2 Limited Edition, Red, Black Alloys, Air Con, Remote Locking, Cruise Control, E/Windows, E/Mirrors, CD player, 32,000 miles only,
£6,495 £41 per week

2007 Ford Focus ST2,
Red, Alloy Wheels, Air Con, Remote Locking, Parking Sensors E/Windows, E/Mirrors, CD Player, 84,000 Miles
Sale Price £5,995 - £35 per week

2010 Kia Venga 1.6 Automatic,
Silver, Alloy Wheels, Air Con, Remote Locking, E/Windows, E/Mirrors, CD Player, 34,000 miles only
Sale Price £4,995 - £38 per week

2016 Hyundai i30 1.6 Diesel Automatic,
Black, Alloy Wheels, Air Con, Remote Locking, E/Windows, E/Mirrors, CD Player, 32,000 Miles only
Sale Price £8,495 - £35 per week

Small Cars

2011 (11) Mini Cooper D, 1.6, Diesel
Goodwood Green, e/windows, e/mirrors, cruise control, CD player, alloys, half leather, Diesel, air con
£6,695 - £42 per week

2014 (14) Vauxhall Corsa, 1.2,
3 door, Red, Alloy Wheels, Air Con, Heated half leather seats, heated steering wheel remote locking, E/Windows, E/Mirrors, CD Player, AUX input, 27,000 Miles only, One owner
Sale Price £5,995 - £38 per week

2011 Renault Clio 1.6 Automatic,
Silver, Remote Locking, Cruise Control, CD Player, Ideal First car, 28,000 Miles Only
Sale Price £4,995 - £35 per week

2011 (11) Vauxhall Corsa 1.2
3 door, Silver, Alloy Wheels, Air Con, Remote Locking, E/Windows, E/Mirrors, CD Player, One Owner, 65,000 miles
Sale Price £4,495 - £28 per week

Convertibles

2009 (09) Bentley Continental, 6.0 Automatic,
Blue, Alloy Wheels, Climate Control, Cruise Control, Parking Sensors, SAT NAV, Full Leather, Heated Electric Seats, E/Windows, E/Mirrors, Remote Locking, Power Hood, CD Player, 10,000 Miles only, Stunning Example
£65,000 - £POA per week

2008 (58) Renault Megan Convertible, Diesel,
Grey, panoramic roof, e/windows, e/mirrors, alloys, cruise control, air con, full leather interior, 53,000 miles
Sale Price £3,995 - £23 per week

2011 (11) Renault Megan 1.4 convertible,
Grey, Alloy Wheels, Air Con, electric hard top, Panoramic roof, SAT NAV, half leather seats, Remote Locking, E/Windows, E/Mirrors, Cruise Control, CD Player, 46,000 miles
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| 2012 FIESTA 1.25 EDGE..... | £3,095 |
| 2010 FIESTA 1.25 ZETEC..... | £2,950 |
| 2009 FIESTA 1.25 STYLE..... | £2,850 |
| 2008 FIESTA 1.25 ZETEC..... | £2,750 |

| | |
|-----------------------------|--------|
| 2008 FIESTA 1.25 ZETEC..... | £1,495 |
| 2006 FIESTA 1.4 TD VAN..... | £1,295 |

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|------------------------------------|--------|
| 2008 NISSAN NOTE 1.6 AUTO MPV..... | £2,595 |
|------------------------------------|--------|

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Ford



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Vauxhall

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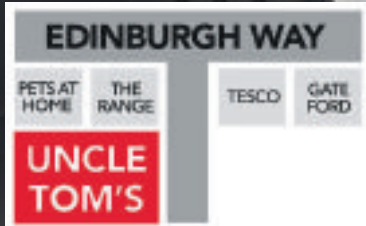
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Pear Tree Mead Academy

Pear Tree Mead, Harlow, Essex CM18 7BY

Tel: 01279 836181. Email: **admin@peartreemead.essex.sch.uk**

We are seeking to appoint the following members of staff to join our strong team - commencing September 2018 until August 2019.

Family Liaison Officer

(term time only)

8.30 am - 4.00 pm

Band 4, point 26 (£12.43 per hour)

Duties to include:

- assisting the Headteacher with safeguarding concerns
- contacting and supporting parents
- completing and gathering evidence for referrals
- organising parent workshops.

Assistant SENCO

(term time plus 1 week during school closure)

8.30 am - 4.00 pm

Band 4, point 26 (£12.43 per hour)

Duties to include:

- assisting the SENCO with SEN work/paperwork
- contacting and supporting parent
- completing and gathering evidence for referrals
- keeping records of meetings and discussions with parents and external agencies.
- working with SEN Teaching Assistant
- working with SEN children in the school.

Teaching Assistant

(term time only)

25 hours per week

Band 2 point 11-16 depending on experience (£8.50 - £9.33 per hour)

Duties to include:

- working with an individual pupil or small groups of children under the direction of teaching staff
- support pupils with activities which support literacy and numeracy skills
- interact with, and support pupils according to individual needs and skills.

For more details on any of the above roles please see the job descriptions on our website **www.peartreemead.essex.sch.uk**

The successful candidates will require:

- previous experience of working in Education essential
- GCSE grade C or above in Maths and English
- positive approach to the role and behaviour management
- have excellent organisation and inter-personal skills
- good knowledge of ICT.

We can offer:

- a fun and committed team who work successfully together
- a friendly and welcoming school where pupils love our purposeful curriculum.
- a caring school with fantastic grounds and eco belief
- a free health care cash plan.

Please contact the school for an application pack,
 by Email: **admin@peartreemead.essex.sch.uk** or Tel: **01279 836181**.

Closing Date: **10th May 2018, Midnight**

Interview Date: **TBC**

Pear Tree Mead Academy is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All posts are subject to an enhanced DBS check and satisfactory references.

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Salary of **£17,076 per annum**.

Closing date: **9th May 2018**

For an application form and further details, please visit

www.bishopstortfordcollege.org or contact

Angela Wright on 01279 838578 or **hr@bishopstortfordcollege.org**



Building Confidence for Life

Bishop's Stortford College and the Crest are registered trademarks of The Incorporated Bishop's Stortford College Association.

We are an equal opportunities employer and are committed to safeguarding and promoting the welfare of children; references will be taken prior to interview and an enhanced DBS check is required.

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"B THE BEST" BOOTS size 40 (6
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Very good condition. New brushes, 2 new batteries, charger and heavy
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Family member just gone into nursing home so no longer required.

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VERY MANOEUVRABLE RECENT SERVICE NEW BATTERY

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IS MICROCHIPPED. WAS A RESCUE CAT FROM
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compact 10x25 waterproof, BAK
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SAMSUNG GALAXY Tab 3 7 inch
ATXGA screen, 1GB/8GB storage, SD
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DESK OAK finish/Tesco's, suitable for
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165651

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Acad. Good condition. Screen & key-
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COMPUTER. Blue Storm 500 made
by FSP Group Ltd, model no.
ATX—A, 500W max peak output,
ATX, 12v version 2, 20pin and 24
pin P1 motherboard connectors, P4
connector, 6 pin graphics card
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DESKTOP COMPUTER CPU
HEATSINK AND FAN. AKASA NERO
AK—967 for Intel IGA775 and
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120mm PWM fan. 3 Long U heat
pipes for rapid heat transfer. Push
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PRINTER INK. GENUINE CANON
Genuine Canon ink cartridge.
Model CU—8 in magenta. It is
brand new and unused and in its
original sealed packaging. I bought
it for my printer but the printer
died before I fitted it. Can deliver.
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made by OCZ Technology, 240pin,
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ACORN STAIRLIFT

Suits straight staircase. Never used. £2500 new. Includes delivery and fitting plus 3 months full warranty. Please quote reference number 276799

£1,700 ono
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Household Miscellaneous



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from one item to a whole house I will collect and pay cash For a fast and friendly service Please call Robert on

£1-1000
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11 VERSATILE CASUAL CHAIRS

Good condition, stackable, £15 each or 2 for

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BISHOP STORTFORD
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LARGE AUSTRALIAN BBQ

With 2 gas bottles. Excellent condition

£175
01279 657776

WICKS LIGHT OAK RADIATOR SHELF 3 FEET LONG 6 INCH DEEP. EASY FIT. WITH ALL FITTINGS. ROUND EDGES V.G.C. £18 IN WICKS. BARGAIN. REDUCE HEAT LOSS. £8 ono Tel: 07751 364936 or 07751364936

WICKS WHITE RADIATOR SHELF 3 FEET LONG. 6 INCH DEEP. EASY FIT. WITH ALL FITTINGS. ROUND EDGES V.G.C. £18 IN WICKS. BARGAIN. REDUCE HEAT LOSS. £8 ono Tel: 07751 364936 or 07751364936

WICKS RADIATOR SHELVES 2 LIGHT OAK ROUND EDGE RADIATOR SHELVES. 2 FEET LONG 6 INCHES DEEP. V.G.C. BARGAIN. EASY FIT. WITH ALL FITTINGS £10 FOR BOTH. £10 ono Tel: 07751 364936 or 07751364936

CANTEEN OF CUTLERY Bestelcke Qualitat Seit 1829 Solingen German 70 piece stainless steel cutlery in lovely case. Only used once or twice. An absolute bargain. £100 Tel: 01277 652018

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JOHNSON "SPIRITS" of Nature teaaware 40 pieces including teapot, 8 each cups and saucers and more, very attractive and in excellent condition £45 ono Tel: 01277 652018

NORITAKE LEGENDARY bone china dinnerware were 45 pieces, includes 3 size plates, bowls, tureen salt and pepper pots, sauce bowl, cups, saucers, teapot, milk and sugar £75 Tel: 01277 652018

ROYAL DOULTON Lambethware, Will o' the wisp. (2 items) Milk Jug + Sugar Bowl with lid. Both approx. 4ins tall. Rarely, if ever used. V.G.C. HEYBRIDGE. £15 Tel: 01621 854820 or 07756 047022

ROYAL DOULTON PASTORALE fine porcelain tea/dinner ware 41 pcs consisting of cups, saucers, tea, salad and dinner plates, bowls, teapot, sugar bowl, milk jug, cake plate £95 Tel: 01277 652018

Home Appliances

VAX CARPET Hoover/Cleaner Vax 6131 multivax. Cylinder model. Never been used. £90 Tel: 01245 472469 or 07871456371

VINTAGE GOBLIN Teasmade Goblin Teasmade. Needs a new teapot, which are available on line, working ok. £20.00 ono Tel: 01376 513984

SWAN TEASMADE Swan teasmade, hardly used. Excellent condition £35 Tel: 01245 250263 or 0791030667

BOSCH WASHING Machine WFF 1800 £15 Tel: 07736 165651

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ADD YOUR PICTURE & SELL QUICKER

Household Miscellaneous

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ROYAL GRAFTON fine bone china teaaware, white with gold trim, six cups and six saucers, unused £20 Tel: 01277 652018

BLOCKED OAK workshop, 52" length, new, £5.00 Tel: 07508 474392

CURTAINS NEW, size W52" x L54", emerald green. HEYBRIDGE. £8 Tel: 07756 047022

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GARDEN Bench Set Quite old and rustic. Cast iron ends. Nice design. Could deliver locally. £35 01462 639410 07833 626029

Greenhouses

GREENHOUSE GREENHOUSE approx 7ft x 7ft x 7ft. Satisfactory/good condition. Requires dismantling. £40.00 Tel: 01245 698472

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Antiques & Collectables



OLD VIOLINS WANTED

Must have a 14 inch main body. Needs to be over 100 years old.

Any condition considered.

£50.00
Tel: 07922 618451

COALPORT LADY figurine 'Ladies of Fashion' - GERALDINE - approx. 8" high. HEYBRIDGE. £45 Tel: 01621 854820 or 07756 047022

JOHN WAYNE, 2 new wall plates franklin mint + certificates.swap4 car booksmags any country. £16 Tel: 01277 200530

LLADRO 1980 original of girl sitting on a stool in traditional Spanish dress holding a bouquet of flowers, vgc £60 Tel: 01277 652018

ROYAL DOULTON lady figurine 'Kirsty' - approx. 8" high. HEYBRIDGE. £45 Tel: 01621 854820 or 07756 047022

RUGBY WORLD cup England Team 2003 winning framed picture 124x250 Edition memorabilia. £35.00 Tel: 07796 266145

TUSCAN CHINA Pink china with rose design tea set. 17 pieces. Excellent condition. £20.00 Tel: 01277 227828

WEDGEWOOD GLOBE sugar bowl lidded with 2 side handles, 5" high, Kutani crane. HEYBRIDGE. £12 Tel: 01621 854820 or 07756 047022

YORKSHIRE TERRIER Figurine on stand + book both as new, bargain £10 Tel: 01277 200530

Camping

HALFORDS CAR roof box Halfords car roof box ideal for camping and holidays. Colour black. Size medium to large. £35 Tel: 07484 671572

LADIES WALKING boots Size 4 brown boots £10 Tel: 01277 205332

Fruit, Pinball & Arcade Machines

BMX BIKE As new Diamondback Childs BMX bike 18" wheels in bright yellow. Never used only stored ideal christmas present cost over £200 accept 150.00 £100.00 Tel: 01376 326541 or 07522674505

Golf Equipment

TWO SETS of golf clubs Due to ill health I am selling two sets of golf clubs. 1 set fairly new other set older. Two good bags and carts. Various accessories. £39.00 Tel: 07470 044928

HILLBILLY ELECTRIC GOLF TROLLEY

18 hole battery, charger, full cover, used approx 25 times. Excellent condition

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CALLAWAY DRIVER Callaway BigBertha Driver 10 vgc £40.00 Tel: 01245 443149

GOLF CART I cart uno goller trolley £25 Tel: 01245 472469 or 07871456371

Health & Fitness

BOUNCE DANCEFIT Fitness Class A brand new high energy Dance/Fitness class that will change the way you look at your workout! £5.00.00 Tel: 07903 834000 or 07903834000

MENS CYCLE Claude Butler Hammer LX mountain bike needs a rear derailleur and seat/saddle collection from Great Baddow, Chelmsford. £10.00 Tel: 07754 972942 or 01245476144

BOYS bike for sale Second hand, red boys bike, suit child of approximately 6 - 9 years old, good condition. Must collect. £15 07814 384607

BOYS bike for sale Boys bike for sale, suit 11 - 15 year old. Excellent condition. 18 gears. Must collect. £35 07814 384607

Hobbies

COINS - IS anyone looking for £2 commemorative coins for their collection. I have about 25 different ones. Prices vary according to condition etc. from £3.00 Tel: 01245 250582 or 07811302642

GENTS CYCLE Claude Butler Hammer LX mountain bike needs a rear derailleur and seat/saddle collection from Great Baddow, Chelmsford. £10.00 Tel: 07754 972942 or 01245476144

Hobbies

GOLF PLATES Melvyn Buckley Royal Worcester plates, new, collectables or Golf Club raffia/pins: The Links/The Clubhouse/The Fairway/The Bunker £5 each/4 for £15 Tel: 07736 166651

KETTLE FOLDING Tennis Table Kettle folding full size table tennis table, 4 wheels, folds for storage. Been kept indoors. There is a few marks on table. In vgc. £100 Tel: 01245 250263 or 07910350667

BRITISH RAILWAY Modelling Magazines and annuals, at 50 pence each but will sell 10 for £5. Issues available 1997 to Sept 2016 £1.00 Tel: 01702 231002

REMINGTON BRONZES 6-7" high, scalp, cheyenne,bronco,buster,outlaw,rooper of plains,rattlesnake,cowboy,£60 each, £60 Tel: 01277 200530

VINTAGE 12 DRINK GLASSES RARE Babycham glass, 8oz, whiskey etc. all perfect inc. 1930s coke bottle opener wall mount small. £20 Tel: 01277 200530

FIBREGLASS POND LINER

Large fibreglass pond liner, good condition, with large pump filter equipment, buyer to collect.

£275.00
Tel: 07827 781241 or 07957370689

BASEBALL TEXAS RANGERS RARE rawlins vintage glove, hat, shirt, catalog all orig. usa items £50 Tel: 01277 200530

LARGE COLLECTION of McDonald's toys. Ideal party bag fillers. Around 130 items, some still bagged. £35 Tel: 01277 205332

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YORK . Inspiration advantage treadmill. Hardly used, 5 programmes, folding motorised treadmill, weighs 54 kgs. With manual. Buyer to collect. £30.00 Tel: 01277 227828

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POLE FITNESS static steel dance pole. Excellent condition. Hardly used. £25.00 Tel: 07903 91900 or 01621564076

TOWNSEND OREGON trail bike man's road bike. in good condition £60 Tel: 01245 250263 or 07910350667

TWIST & SHAPE Exercise & calorie burner never used good intentions but too old £40.00.00 Tel: 01279 425700

Knitting & Sewing

SEWING MACHINE singer electric portable all accessories & spares new condition £50.00 Tel: 01268 769809

TOYOTA OEKAKI sewing machine brand new, still in the box, unused! £99.00 Tel: 07849 131005

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RECORDS 78's, various artists of the 40's and 50's. Quantity in several wooden cases. £1 a record or offers for all four cases. £1.00 Tel: 01702 231002

HIGH HAT cymbals high hat cymbals £25 Tel: 01245 602434

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RODS & Reels For catching the Whiting, Skate (Rays) & Bass on Essex Beach, Piers & Boats at the moment. Bargains FROM £10.00 AN ITEM. Days only. £10 Tel: 01245 400026

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Galleywood Kestrels Open trial session at Chelmer Park on the 2nd June 2018.

We are looking for players to add to our existing squad ready for the Under 11's 2018-2019 season.

Galleywood Youth FC have attained FA charter standard status.

Managers and coaches are FA qualified and CRB approved.

Session Time: 10:30am-11:45am

For registration please contact: Simon.diss@outlook.com

£-
Tel: 07503616468

Sports Equipment

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CRICKET GEAR Batting pads, Slazenger youths, GM trolley cricket bag and two Slazenger bags. All very good condition. Each item £10 Tel: 01621 893321 or 07887 842073

STADIUM JACKET BRAND NEW BORUSSIA DORTMUND SIZE XL/XXL BLACK/VERY WARM, BRAND NEW/W.O.T. NIKE MAKE. BARGAIN £12.00 Tel: 07751 364936 or 07751364936

BOWLING-TROUSERS GREY-SIZE 40W-29L brand-new, never-used, with belt, bargain. £18.00 Tel: 01245 601031

ICE SKATES Ladies Batafi Gold, size 6-White boot with Coronation Ace blades in good condition. £45.00 Tel: 01245 250582

LADIES WETSUIT Almost brand new as only used twice. Suit small size 6/8 lady or teenager. Full length with full sleeves. Made by Sola. immaculate. £20.00 Tel: 07926 587450 or 01621 841919

SKIS Atomic snow skis. With poles and carry bag. Good condition. Bargain. £40.00 Tel: 01462 639410 07833 626029

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ATCO 14 inch cylinder petrol motor mower. Good working order. £50 Tel: 01277 214063

HAYTER Envoy electric mower. Powerful. Good quality machine. With long lead, rear roller and grass-box. Serviced, sharpened and clean. VGC. £80 01462 639410 07833 626029

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TOWN AND COUNTRY PLANNING ACT 1990 PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990
Planning (Listed Buildings and Conservation Areas) Regulations 1990
Town and Country Planning (Development Plans and Consultation) Directions 1992
PUBLIC NOTICE OF APPLICATIONS
The following applications have been received by Harlow District Council. These applications and others received can be inspected online at www.harlow.gov.uk or at Harlow Council Planning Services, Civic Centre, The Water Gardens, Harlow, Essex CM20 1WG on Monday-Friday, 9am-4.45pm. If you are unable to view the plans during these times, please telephone Planning Services on 01279 446856 where a suitable appointment can be made with the relevant case officer. Anyone who wishes to make representations about these applications should write to the Council at the above address within 21 days of the date of this notice.

| Application No | HW/TP/18/10024 | Ward: Mark Hall |
|-------------------|---|------------------|
| Application Type | Works to Trees in a Conservation Area | |
| Location | 92 Mark Hall Moors, Harlow, Essex CM20 2NG | |
| Proposal | Removal of 1 leylandii tree in centre of rear garden. Removal of 2 no. leylandii trees on fenceline of rear garden. Cut back overhanging branches of leylandii trees on neighbour's property. | |
| Reason for Advert | Tree Works within a Conservation Area | |
| Application No | HW/FUL/18/00145 | Ward: Netteswell |
| Application Type | Full Application | |
| Location | The Old Nursery, Town Park, Park Lane, Harlow | |
| Proposal | To Site a portable steel shipping container within the Walled Garden at Harlow Town Park in addition to the existing units. | |
| Reason for Advert | Conservation Area | |
| Application No | HW/LBC/18/00153 | Ward: Old Harlow |
| Application Type | Listed Building Consent | |
| Location | 2 Market Street, Harlow, Essex CM17 0AH | |
| Proposal | Replacement of sash windows to front elevation with new matching sash windows. | |
| Reason for Advert | Listed Building in a Conservation Area | |

Harlow Council
Working together for Harlow

Personals
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NAME: JIM **AGE: 40**
Young at heart with a passion for the open road, looking for someone to share holidays, day trips and other adventures. A sense of adventure is a must! Can't wait to hear from you.
TEXT EXPRESS TO 63222

NAME: LUCY **AGE: 42**
Recently divorced and looking to start afresh with an open minded guy! I've got a lot of time to make up for and can't wait to get a little crazy with someone!
TEXT EXPRESS TO 63222

NAME: SILVIA **AGE: 40**
Italian woman, lived in the UK for 15 years and recently single. Dark haired, people tell me I look exotic and I am looking for a decent man who knows how to treat me properly.
TEXT EXPRESS TO 63222

NAME: KATIE **AGE: 46**
Been single for a while and very keen to meet a man soon. Happy to take things slowly and see where things go, but ideally looking for a long lasting friendship and maybe more.
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female seeking

JANE, 41, passionate lady seeking unconventional young of heart male 35-50 for true spirit, open minded fun and new experiences. Tel No: 0906 515 4456 Box No: 430685

SUSANNA, 42yrs, very attractive well groomed married lady. Works in London, not based anywhere but cannot accommodate. If you are willing to meet on these terms contact me. Text Only. No: 430687

WARM loving lady. Slim, attractive, mature 30yrs. Loves sport, music, cinema. GOSH, up for anything fun. Hoping to meet kindy gent with GOSH, looks good, intelligent. Any area, I love to travel and willing to relocate. AKA. Tel No: 0906 515 4456 Box No: 430642

GEORGIA, lovely kind blonde lady, 20yrs, really hoping to meet kind mach older gent. Father figure, strict but fair. Text Only. Box: 431245

ATTRACTIVE friendly lady, 51yrs, charming and honest. Call or text me, we get in touch. Tel No: 0906 515 4456 Box No: 430641

FLA, genuine, kind lady. I have restaurant business on very busy. Tel. Tel. white gent 20s. I am 40yrs and have been living here for 3 years. Text Only. Box: 431784

HAUGHTY broadminded black lady, 40yrs, seeks no strings day time fun. Call or text me. Tel No: 0906 515 4456 Box No: 430637

HILARY, sophisticated, cultured lady, 30 something, seeks mature man for his pleasure. Discreet with no strings. Tel: 0906 515 3009 Box 430671

LINDA, attractive widow without home & car. Visited interests, kind & caring. Hoping to meet a lovely kind gent 40+. Looks unimportant. Tel No: 0906 515 4456 Box No: 430645

VICTORIA, elegant smart black lady, 42yrs, loves life, gosh, sexy in a sophisticated way. Looking to meet a chap of my age. Text: 0906 515 4456 Box: 430680

RESCUE real Matrona, 50, kind, caring lady for going out and around. seeks along the road. Looking for a romantic fun loving male. Tel No: 0906 515 4456 Box No: 430626

MONICA, kind, genuine lady, 30yrs, seeking to meet a gentleman, easygoing gent of any age. South East London only. Text Only. Box: 430686

JENNIFER, 34, slim, pretty black female, seeks tall white male who is going to take care of me and be loved in return. Tel No: 0906 515 4456 Box No: 430673

FRED, 76, GOSH, WLM kind, caring lady for going out and around. seeks along the road. Looking for a romantic fun loving male. Tel No: 0906 515 4456 Box No: 430626

YOUNG, 30, 50s male, average build, fair hair, NHS, clean shaven with GOSH, likes most things, WLM lady, any age, for fun time. Tel No: 0906 515 4456 Box No: 430687

WEALTHY businessman, 40, married, seeks female for LTR. Age and looks unimportant. Text only replies. Box no: 430673

MALE, 40, NHS, easygoing, GOSH, various interests, WLM, a nice black lady 30-40yrs. Text only replies. Box no: 430653

SEAN, outgoing, considerate, short, black, single, looking for a nice lady 10+ for friendship/possible relationship. Tel No: 0906 515 4456 Box No: 430623

MALE, 50, 50s, married, WLM, woman, 50+, for no strings discreet fun. Ideally you can accommodate. I am very lonely and looking to meet someone. Text only replies. Box No: 430688

STEVE, 40 yrs, single, 5ft 10, WLM, a typical bloke with a laugh & a smile. Text only replies. Box No: 430648

RETIRE gent, 65, good shape, looking for sim lady to spoil. Text only replies. Box No: 430689

HONEST, caring, lonely gentleman seeks kind lady, around 30, 35, to share life and laughs. Tel No: 0906 515 4456 Box No: 430601

MARK, 55, white male, 5ft 7, blue eyes, attractive, looking to meet a lady, 40-55, naturally red important. Tel No: 0906 515 4456 Box No: 430649

LONELY gent of good character, recently widowed, regular church goer, likes walking, no smoking, eating out etc. WLM lady with similar interests for friendship and companionship. Tel No: 0906 515 4456 Box No: 430671

DAVE, 60, white male, 5ft 10, decent looks, kind and caring, WLM, a nice looking, slim female, 45-55, for friendship leading to a loving relationship. Discreet and understanding area. Tel No: 0906 515 4456 Box No: 430625

gay seeking

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SMOOTH in male looking for gay to make who can accommodate and are looking for fun. Text only replies. Box No: 431619

SCAM, hard man, outgoing, considerate, likes day trip, pool, swimming, chilling out, seeks kind male partner. Tel No: 0906 515 4456 Box No: 430621

JUSTINE, 43, gay, woman, WLM, serious-looking, 38-45, 10yrs fitness, meals out, meals in, just fun really. If you would like to contact me just go for it as I am proper fun. Tel No: 0906 515 4456 Box No: 430685

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Members of the Kazen Kai Martial Arts Centre in Malta

Malta trip for karate kids

A SQUAD of youngsters from Harlow's Kazen Kai Martial Arts Centre has recently taken part in an international karate competition in Malta.

Based in the new dojo at Nicholls Field, these youngsters have only been doing karate for just under three years.

The squad brought home four bronze medals and one silver from the two day competition.

The Harlow squad is coached by Ryan Lambert.

Hawks fail to spoil Ricay's title party

HARLOW Town were unable to spoil Billericay Town's party as they lost 2-0, but made their hosts fight hard for the Bostik League Premier Division title in front of a crowd of 1,689.

Billericay took the lead three minutes before half-time with a fine strike from Joe Kizzi.

For once, 52-goal striker Jake Robinson was kept quite and home keeper Alan Julian had his hands full in the second period making a number of fine saves, before substitute Adam Cunnington wrapped up the win and the title with a second goal in the 87th minute.

On Saturday Alex Read scored a first half goal to secure Harlow Town's fifth win in eight games as they beat Tooting and Mitcham United 1-0.

This Saturday Hawks host Wingate & Finchley in their final match of the campaign.

The game will see ex-Premiership player Ibrahima Sonko hang up his boots.

Since signing he has given Harlow invaluable experience and led by example, the culmination of which saw him secure promotion into the Isthmian Premier League.

During last season he contributed to securing Hawks' highest finish in the league.

Runners take on London

HARLOW Running Club were represented at the 38th Virgin Money London Marathon by 16 runners in the 40,143 strong field.

On one of the hottest day in the history of the event it was perhaps no surprise that there were no personal best times set.

First home was Alex Smith in 1:30:6th place in 3hr 02min 41sec.

He was followed by: Rich Hynes 2075th in 3:11:46; Sharon Wright 4325th in 3:29:52; John Bull 6498th in 3:43:52; Colin Moody 7656th in 3:50:29; Sam Carter 7746th in 3:50:58; Steve Warren 14,676th in 4:24:56 (marathon debut); Ayshea Pite 15,417th in 4:28:30 (debut); Natalie Pennells 17,001 in 4:38:12 (debut); Lisa Gibson 29,691st in 5:31:41 (debut); Tracie Cook 31,945th in 5:44:28 (debut); Diane Copey 38,169th in 6:42:58 (debut); Andy Kitson 39,189th in 7:06:47; Terasa Holden 39,238th in 7:08:21 (debut). Also completing the course were: Alan Chatterton 26,369th in 5:15: 47 and Steve Cowlin 36,856th in 6:23:20.

At the recent Manchester Marathon there were four PBs and one club record from Harlow's eight participants.

Smith finished in 185th place out of 9340 finishers in a fantastic PB time of 2:52:54.

Wright was 846th in a PB time of 3:11:13 which is a new female Vet 35 record and also the fastest time by any female runner in the history of the club.

Medals galore for Harlow gymnasts

Competitors make the grade at county competition

THERE were plenty of medals and rosettes for Harlow Gymnastics Club at the Essex National Development Plan (NDP) county grade competition in Colchester.

All 34 club gymnasts passed their respective grades in the county event, competing against over 250 gymnasts from all the top-flight clubs in Essex.

The first medal was awarded to Charlotte Brough, aged 16, a student at St Marks, who was commended and won the bronze medal in the top level Grade 1 age 15+ competition after placing second on vault and bars and third on beam, floor and range and conditioning (R&C).

Team-mate Aisha Jones (15) was awarded the overall fourth place rosette after finishing second on vault, fourth on bars, beam, floor and R&C.

There was further medal joy in the Grade 5 age ten/ 11 event with Eliza Swanepoel (ten) earning a distinction and the bronze medal after placing fourth on R&C and fifth on beam.

In the same event Kara Mcma-

hon (nine) placed fifth on both floor and R&C, finishing 11th overall.

Brough and Swanepoel have now both qualified to represent Essex at the upcoming NDP Regional Grades final.

Rosettes in the Grade 2 age 14+ event went to twins Taylah and Halle Andrews Clark (17) who were commended in joint sixth position overall.

Beam

Taylah finished third on bars, fourth on floor and fifth vault, and Halle was fourth on bars, fifth on both beam and floor as well as sixth on R&C.

Amy Gosden (13) finished eighth overall after placing third on R&C.

In the Grade 3 age 11/12 event, Kacey Butler (11) received a distinction and finished seventh overall after placing third on beam and sixth on both vault and R&C. Team-mate Megan Spencer (11) was commended after placing fifth on beam and finished tenth overall.



Members of Harlow Gymnastics Club

Selene Virga (nine) placed second on beam and third on floor to finish eighth overall with a distinction in the Grade 4 age 10 event.

Sadie Cooper (nine) was fourth on bars, fifth on R&C, sixth on both beam and floor to finish ninth overall with a distinction.

Summer Dolan (ten) was commended in 21st overall position

after placing fifth on vault.

Overall scores in same event [D] = distinction, [C] = commended, [P] = pass: Miley Bex (nine) [C] 18th; Honey Gillick (nine) [C] 19th; Ruby Barker (nine) [C] 20th; Eloise Moulds (nine) [C] 23rd; Connie Allen (nine) [C] 23rd; Amelia Palmer (nine) [C] 24th; Ellie Hodges [C] 25th; Mia Fuller (nine) [C] 26th and Alex Gronert

(ten) [P] 27th.

In the Grade 4 age 11/12 event Aimee Cullen (ten) [P] placed 17th overall.

Grace Quick (eight) earned a distinction after placing first on vault and 13th overall in the Grade 6 age eight event.

Milana Lawrence (eight) was commended after finishing second on vault and 16th overall.

Placing overall in the same event: Nina Robinson (seven) [C] 15th; Lola Manuel (seven) [C] 17th; Renee Stewart (seven) [C] 18th; Sylvie Rowe [P] 19th. In the Grade 6 age 9/10 event Charlotte Leask (eight) [C] and Ophelia Gibbs (eight) [C] placed 10th and 12th overall respectively.

Competing in the Grade 5 age 9 event Lois Covill (eight) [C], Grace Hoskin Wise (eight) [C], Amy Abery (eight) [P] and Calleigh Brownjohn (eight) [P] placed 13th, 14th, 15th and 16th overall respectively.

Charlotte Brough and Eliza Swanepoel have both qualified to represent Essex at the upcoming NDP Regional Grades final.